

Viviane Ugalde, MD, FAAPMR
Member-at-Large of the Nominating Committee

Tell members a little bit about yourself.

Your Practice

I am an owner/employee of a multi-specialty practice in Bend, OR where I do electrodiagnostics, some spine/pain management, but the large portion is brain injury and neuro-rehab. I also work as an independent contractor for the inpatient rehab unit for our local hospital.

Your Life Outside of Work

I am on the Board of Directors for The Center Foundation and an Advisory Board member for University of Oregon. I am a certified Spin Cycle instructor and was an instructor at the Bend Parks and Recreation Center until COVID shut everything down. I enjoy outdoor activities like bicycling, cross country skiing, kayaking, dancing and open water swimming. I enjoy traveling with my family and trying to learn new languages. I also enjoy baking, writing and painting.

What accomplishments/honors are you particularly proud of that you would like to share with members?

I was awarded the Young Investigator Award by the PMR Foundation 1996 which the associated research subsequently was published in the Journal of Applied Physiology.

What have you advanced in your local community outside of or in conjunction with your medical practice?

I have worked with the community to provide a concussion management program with primary care, the ER, schools and athletic organizations for all of central Oregon. As a result, our program is part of a Centers for Disease Control (CDC) study on return-to-learn for school-age children. I have also been the PI on sports injury prevention research with community resources.

What special skills or unique attributes do you bring to the Board of Governors?

I have worked in academics, solo practice (one FTE with my husband), in a large multidisciplinary group and continue to participate in medical student education and research despite working in a private practice group.

What do you most look forward to in your service on the Board?

Meeting physiatrists from all over the country and helping AAPM&R with a broader perspective on eligible candidates for the various committees we are responsible for reviewing and nominating.

What have we not asked you that you think members should know about you? Why am I doing this at this stage of my career?

I have job shared a position with my husband (also a physiatrist) for the past 22 years and am blessed with the opportunities to blend family and career. I am also the mother of two amazing young women and have an extended family with someone in just about every state.