

aapm&r Registry

Better Practice. Better Outcomes.

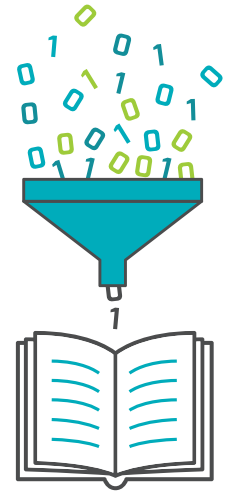
Low Back Pain Patient Survey

Your doctor is using an online survey to collect important information about your care. This survey is a part of the American Academy of Physical Medicine and Rehabilitation's Registry. Your answers will inform your treatment as well as the treatment for other patients like you. These questions will be used to follow your progress during the course of your care.

You will receive follow-up surveys sent to your email. It is very important for you to take a few minutes to fill-out these surveys as well.

The goal of the survey is to help improve the care you receive for your low back pain. The survey uses the PROMIS-29 questionnaire developed by the National Institute of Health (NIH) to evaluate your pain, sleep, physical and mental well-being. Your answers are stored in a confidential and HIPPA-compliant manner.

Thank you for taking the time to answer these important questions. Talk to your doctor to learn more about this survey! Turn over to see examples of patient surveys.



The American Academy of Physical Medicine and Rehabilitation (AAPM&R) is the national medical specialty organization representing more than 9,000 physicians who are specialists in physical medicine and rehabilitation (PM&R). In order to fulfill the vision of the Academy and our membership, AAPM&R built a clinical data registry.

- Physiatrists are the essential medical experts in value-based evaluation, diagnosis, and management of neuromusculoskeletal and disabling conditions.
- Physiatrists are indispensable leaders in directing rehabilitation and recovery, and in preventing injury and disease.
- Physiatrists are vital in optimizing outcomes and function early and throughout the continuum of patient care.

AAPM&R's Registry is a single repository of data which will aid the specialty by guiding efforts to reduce burnout, defend scope of practice, demonstrate value and provide data to improve patient care.

Over the course of your care, you should expect to receive a series of emails from the address lowbackpainsurvey@aapmr.org to complete surveys. **These emails are not junk mail and you should add this email address to your safe sender list.** These emails will be sent to you during following timeframes:

- Immediately following your first visit, if you did not take the survey during your visit
- 6 weeks after your first visit
- 3 months after your first visit
- 6 months after your first visit
- 12 months after your first visit

The following subject lines will be used to help you identify the survey emails easier:

- Invitation to Baseline Low Back Pain Survey
- Reminder to Participate in Low Back Pain Survey
- Follow-Up Questions about your Low Back Pain

By filling out these surveys your doctor will be able to measure your pain, quality-of-life and additional pieces of information to assist you with your low back pain throughout your treatment and beyond. While we hope you participate in the surveys, we understand how busy life can get and each email includes an opt-out link, should you want to stop receiving the surveys.

Sample Email:

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From lowbackpainsurvey@aapmr.org

Subject [Invitation to Baseline Low Back Pain Survey](#)

Dear Patient,

Your doctor is using this online survey to collect important information about your low back pain. This information will greatly help inform your care as well as the care for other patients like you. These questions will be used to follow your progress during the course of your treatment.

During your appointment, your doctor will review your answers and discuss your diagnosis and care plan.

You will receive follow-up surveys via email at 6 weeks, 3 months, 6 months and 12 months after your initial appointment, and it is very important for you to take a few minutes to fill-out these surveys as well.

Thank you for taking the time to complete all the questions. Your answers will help make your care as well as the care of many other patients with back pain better.

Sincerely,

Your physician's office and AAPM&R

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