

# Understanding PM&R: A Medical Student's Guide to Physical Medicine and Rehabilitation

Thursday, August 12, 2021

Faculty Biographies

**#aapmr21**

IN-PERSON & VIRTUAL  
NOVEMBER 11-14



# Meet the Speakers



Brian C. Liem, MD,  
CAQSM, FAAPMR  
*University of Washington*

Brian Liem, MD, FAAPMR, CAQ SM, is a board-certified physician at the Sports Medicine Center at Husky Stadium and a UW Clinical Associate Professor in the Department of Rehabilitation Medicine. He is board-certified in both Physical Medicine & Rehabilitation and Sports Medicine.

He serves as the Associate Program Director of the PM&R Sports Medicine Fellowship. He is a team physician for Ballard High School and is actively volunteers at community sporting events. Dr. Liem believes in a collaborative approach to patient, providing education about conditions and evidence-based treatment options. He is a big proponent of utilizing medical technology such as Musculoskeletal Ultrasound to enhance care.

Dr. Liem's clinical interests include the non operative management of musculoskeletal and sports injuries, tendon and ligament injuries, and regenerative treatments such as PRP and Tenex.

#### Awards:

- Seattle Met Magazine, Top Doctor
- Seattle Magazine, Top Doctor
- Outstanding Teaching Award, UW School of Medicine
- His research interests include musculoskeletal ultrasound, regenerative medicine and tendinopathy. Dr. Liem earned his M.D. from New York University School of Medicine.



Adele Meron, MD, FAAPMR  
*University of Colorado*

Adele Meron, MD, is an Assistant Professor at the University of Colorado Department of Physical Medicine and Rehabilitation specializing in Spine, Sports Medicine, Foot and Ankle, Gait Analysis, and Medical Education. Dr. Meron is Associate Program Director for the CU PM&R Residency Program and the CU Primary Care Sports Medicine Fellowship.



Donna S. Huang, MD, FAAPMR  
*Baylor College of Medicine*

Donna Huang, MD, completed PM&R residency at Harvard Medical School/Spaulding Rehabilitation Hospital and spinal cord injury fellowship at Harvard Medical School/West Roxbury VA. She is currently an assistant professor in the H. Ben Taub Department of PM&R at Baylor College of Medicine and a spinal cord injury physician at the Michael E. DeBakey VA Medical Center. She also serves as the assistant program director of the PM&R residency program at Baylor. Her interests include resident education and the prevention and management of long-term complications of spinal cord injury.

#aapmr21

IN-PERSON & VIRTUAL  
NOVEMBER 11-14



# Resident and Fellowship Panel



Scott E. Klass, MD, MS, ATC  
*Fellow: New York Presbyterian  
Columbia/Cornell Sports Medicine Fellow*



Donald Kasitnon, MD  
*Fellow: Stanford University Sports  
Medicine Fellowship*



Andrew S. Alexander, MD (PGY-2)  
*Residency: Mayo Clinic College of Medicine  
& Science (Rochester) PM&R Program*



Alexandra M. Fry, MD (PGY-2)  
*Residency: Beaumont Health (Taylor)  
PM&R Program*



Robin Mata, DO (PGY-1)  
*Residency: University of Miami/Jackson  
Health System*



Christian W. Roehmer, MD (PGY-3)  
*Residency: Vanderbilt University Medical  
Center PM&R Program*

#aapmr21

IN-PERSON & VIRTUAL  
NOVEMBER 11-14



# Meet the Faculty Demonstrators



**Christopher W. McMullen,  
MD, FAAPMR**  
*University of Washington*

Christopher McMullen, MD, CAQSM, FAAPMR, is a clinical assistant professor and attending physician specializing in sports and spine medicine in the department of Rehabilitation Medicine at the University of Washington School of Medicine. Dr. McMullen cares for patients of all ages and abilities with the goal of getting people back to what they love. He treats a variety of musculoskeletal conditions with a focus on non-operative treatment strategies. His current research focuses on injury prevention in youth climbers. He is committed to medical student and resident education, and he will be joining department leadership as an associate program director on September 1st, 2021. He is a proud member of the AAPM&R and volunteers on the program planning committee.



**Aaron J. Yang, MD, FAAPMR**  
*Vanderbilt University*

Aaron Yang, MD, is an Associate Professor in the Physical Medicine and Rehabilitation (PM&R) department at Vanderbilt University Medical Center where his practice focuses on musculoskeletal and spine conditions. He is interested in diagnosis and treatment of these conditions using electrodiagnostics, fluoroscopic, and ultrasound guided procedures. Part of his research focuses on low back pain prevention with use of wearable technology in which he is collaborating with the department of engineering at Vanderbilt University. One of his main passions is medical education as he currently serves as the Associate Program Director for the PM&R residency program and Course Director for medical student rotations. Nationally, he is currently on the Education Committee for the Spine Intervention Society (SIS) and Association of Academic Physiatrists (AAP) and is on the Program Planning Committee and the chair of the Spine Medicine Member Community for the American Academy of Physical Medicine & Rehabilitation (AAPM&R).

**#aapmr21**

**IN-PERSON & VIRTUAL  
NOVEMBER 11-14**

