

This publication was printed before the 2021 Annual Assembly changed to an all-virtual event. Register before September 30 for early-bird discounts.

#aapmr21

IN-PERSON & VIRTUAL NOVEMBER 11-14

2021 ANNUAL ASSEMBLY PROGRAM

The AAPM&R Annual Assembly is psychiatry's premier educational and networking event. This year, the Academy is planning two exceptional experiences so that ALL psychiatrists can be a part of the Annual Assembly, whether attending IN-PERSON or VIRTUALLY. Join us November 11-14 in Nashville, TN and online, where we'll be *Reimagining Our Future Through Technology and Science*.

aapmr.org/2021

AAPM&R members save hundreds on Annual Assembly registration rates.

Register before September 15 for early-bird discounts!



REIMAGINING OUR FUTURE THROUGH TECHNOLOGY AND SCIENCE

Join us as we celebrate what brings physiatry TOGETHER

SAVE THE DATE: #PhysiatryDay is happening on **Friday, November 12**

Physical Medicine and Rehabilitation is more than any one illness, injury, patient or physician. It is a diverse specialty, practiced in a variety of settings. AAPM&R wants to celebrate and unite the specialty in its work, because together, our impact is magnified.



BANDING TOGETHER



ADVANCING TOGETHER

ADVOCATING TOGETHER



LEARNING TOGETHER



STANDING TOGETHER



CONNECTING TOGETHER



GROWING TOGETHER



WORKING TOGETHER



CELEBRATING TOGETHER

Plan to celebrate #PhysiatryDay and all that brings us together in-person and virtually on Friday, November 12.



#AAPMR21—TWO Conferences in ONE In-person in Nashville and Virtually, from Anywhere!

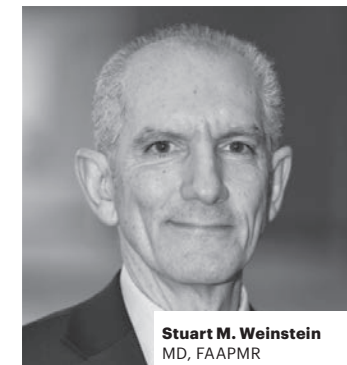
We hope that you will join us for physiatry's premier annual meeting—the 2021 Annual Assembly (AA). We recognize the clinical, practice and institutional challenges that you may still be facing in light of the continuing pandemic, and we want to support you by convening our PM&R community for a truly unique conference experience.

Our theme for 2021 is *Reimagining Our Future Through Technology and Science*. It is truly fitting, as we are reimagining virtually every aspect of our personal and professional lives because of the pandemic. Assembly content will address these changes and provide actionable solutions to equip physiatrists for success. We also expect that you will take away a better understanding of how science and technology can combine to advance our specialty now and into the future.

This year, the Academy is planning two exceptional experiences so that ALL physiatrists can be part of the Assembly. We are reimagining the Assembly with both in-person and virtual options so you can customize your event experience. No matter how you attend, rest assured you will receive all the great education, valuable networking, cutting-edge research and enjoyment that you have come to expect from AAPM&R's Annual Assembly.

The AA program includes in-person, live-stream and on-demand presentations, exhibits, research posters, Job and Fellowship Fair, in-person Skills Labs and pre-conference courses, networking events and other exciting ways to participate. The 2021 Assembly offers 70+ clinical and practice symposia (20 of which will be live-streamed), divided into various clinical and practice themes so you can customize your educational experience with topics that are most important to you. Plus, access to all recorded and on-demand sessions is included with your registration, whether you choose to join us in-person or virtually. You will have the opportunity to earn more than 100 CME credits!

I encourage you to read on to appreciate everything that awaits you. If you have not attended an Annual Assembly in a while, this is a unique opportunity for you to re-connect with your PM&R community and enjoy a truly memorable conference experience. If you are a returning attendee, we are looking forward to seeing you again this year, in Nashville or online!



Stuart M. Weinstein
MD, FAAPMR

Join me as we will be Reimagining Our Future Through Technology and Science.

Register now at aapmr.org/2021.

Stuart M. Weinstein, MD, FAAPMR
AAPM&R President

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ROAD TO NASHVILLE

Navigating towards a new future.



ST-111-1068-01

Register now because the fun starts earlier than ever before! We are offering a variety of virtual programs and activities for all registrants in the weeks leading up to the in-person event in Nashville. Mark your calendars for these exciting, real-time, interactive events!

Medical Student Program

 Thursday, August 12 from 5 pm-8 pm (CT)

Our virtual experience kicks off with the Medical Student Program, where students can explore the growing field of physiatry. Participants will hear from attendings about the diverse practice environments within the specialty, see PM&R procedures and demonstrations and connect with their peers. The program is FREE to all medical students who are AAPM&R members. Watch for more details coming soon!


Residency Fair

 Tuesday, August 17 from 5 pm-8 pm (CT)



 Thursday, August 19 from 5 pm-8 pm (CT)

Medical students, mark your calendars! AAPM&R is hosting one virtual residency fair on two dates this year. You'll be able to register to attend one or both fairs – whichever is most convenient for you – browse participating programs and book meetings with representatives ahead of time. Keep an eye out for details, coming soon!

Quiz Bowl Qualifying Rounds


 **ROUND 1:** Tuesday, September 21 at 7 pm (CT)


 **ROUND 2:** Tuesday, October 12 at 7 pm (CT)


 **FINAL ROUND: LIVE-STREAMED FROM NASHVILLE** 
November 12 at 5 pm (CT)

Residents, get ready for our Quiz Bowl Qualifying Rounds. Test your PM&R knowledge and compete with other residency programs online. The final two teams standing will then compete in-person in Nashville on Friday, November 12 at 5 pm (CT) for bragging rights. Plans are still in the works; we'll reach out to you soon with all the details.

Community Sessions

 October 11-15; Monday-Thursday 9 am-9 pm (CT); Friday 9 am-5 pm (CT)


 October 18-22; Monday-Thursday 9 am-9 pm (CT); Friday 9 am-5 pm (CT)

 October 25-29; Monday-Thursday 9 am-9 pm (CT); Friday 9 am-5 pm (CT)

We're hosting more than 30 virtual Community Sessions throughout October so you can connect and collaborate with your peers. Participate in sessions created by community leaders to address your community's unique needs and challenges. See pages 12-13 for a complete list of Community Sessions.

Pre-Conference Courses

IN-PERSON in NASHVILLE

 Tuesday, November 9 and Wednesday, November 10 8 am-5 pm (CT)

Education takes center stage at #AAPMR21 and it all starts with our pre-conference sessions in-person in Nashville—Next Step Interventional Ultrasound: Hands-on PM&R Applications and Interventional Spasticity Management Applications. You must be enrolled in the AAPM&R STEP Certificate Programs and/or have completed STEP pre-requisite components to attend these courses. Go to aapmr.org/step for more information.

 = Live-Streamed Event  = In-Person Event

#aapmr21—TWO CONFERENCES IN ONE

In-person in Nashville and Virtually, from Anywhere!

This year, the Academy is planning two exceptional experiences so that ALL physiatrists can be part of the Assembly. We are reimagining the Assembly with both in-person and virtual options, so you can customize your event experience. No matter how you attend, rest assured you will receive all the great education, valuable networking, cutting-edge research and fun that you have come to expect from AAPM&R's Annual Assembly.

In-Person in Nashville

Nothing can replace the in-person event experience—the excitement of getting ready for a show, traveling to a destination city, meeting peers face-to-face, attending educational sessions tailored to your needs—not to mention all the great networking. Now, as COVID-19 restrictions ease, we are once again able to host an in-person Annual Assembly. We can't wait for you to join us in Nashville, November 11-14 where we'll be *Reimagining Our Future Through Technology and Science*. The safety of our attendees, staff and local Nashville community remain our top priority. We are actively monitoring and following guidance from local health officials and national mandates to implement appropriate safety measures in Nashville. Further details and information are available at aapmr.org/assembly-faq.

Virtually, from Anywhere


The nature of events has changed. In 2020, organizations across the globe transformed their in-person events into engaging virtual experiences. The Academy was no exception; however, despite some challenges, we flourished in the virtual event space. Our 2020 virtual Assembly broke attendance records and we're poised to do it again for 2021!

We've designed the virtual experience to be engaging and interactive so that all attendees—in-person or virtual—get a full Annual Assembly experience. Our virtual program offers the flexibility to participate from anywhere, anytime. Enjoy 24/7 access to the best educational content, valuable networking and cutting-edge research that you've come to expect from our annual meeting with less time away from work or family. All you need is a computer.

**REGISTER BEFORE
SEPTEMBER 15**
to receive early-bird
registration discounts
and lock in your
reservation before
in-person spaces
fill up.

All educational sessions, registration, scientific posters and the PM&R Pavilion will be held at the:

Music City Center
201 Rep. John Lewis Way South
Nashville, TN 37203

Continue reading to check out
our offerings and start planning
your Assembly experience. 

#aapmr21—TWO CONFERENCES IN ONE

In-person in Nashville and Virtually, from Anywhere!


See below for a comparison of the in-person and virtual Annual Assembly event experiences.

ROAD TO NASHVILLE (AUGUST - OCTOBER) 		
August 12-19	Medical Student Program and Residency Fair (Live Virtual)	
September 21 and October 12	Quiz Bowl Qualifying Rounds (Live Virtual)	
October 11-29	Community Sessions (Live Virtual)	
LIVE FROM NASHVILLE (NOVEMBER 11-14)		
	IN-PERSON EXPERIENCES 	VIRTUAL EXPERIENCES 
Education	10+ Pre-Recorded Symposia On-Demand	
	4 Plenary Sessions	4 Live-Streamed Plenary Sessions
	60 Clinical/Practice Symposia	20 Live-Streamed Symposia
	Quiz Bowl Finale	Quiz Bowl Finale Live-Streamed
	STEP Pre-Courses (\$)	
	Skills Labs (\$)	
Research	Research Hub for viewing posters and listening to pre-recorded presentations	
	"Best of" Live Research Spotlight Sessions	
	Poster Viewing Kiosks	
Social Events and Networking	Community Networking	
	Job and Fellowship Fair	Virtual Job and Fellowship Fair
	Career Corner with CV Review	Virtual Career Corner/CV Review
	Welcome Reception	Virtual Networking Events
	President's Reception (\$)	
PM&R Pavilion Resources and Innovations	Exhibit Hall (includes lunches and the Welcome Reception)	Virtual Exhibit Hall
	Member Resource Center	Virtual Member Resource Center
	Learning Center with Hands-On Demonstrations	Virtual Sponsored Sessions
	"Lunch and Learns" and Innovation Theater	
AA REWIND: ALL RECORDED SESSIONS WILL BE AVAILABLE FOR ALL ATTENDEES (100+ CME) (BEGINNING NOVEMBER 15)		


On-demand: Pre-recorded, no live interaction; **Live virtual:** Zoom sessions that are in real-time but virtual for everyone; **Live-streamed:** In-person sessions that are broadcast to a virtual audience

Plenary Sessions

Four in-person plenary sessions will be live-streamed from Nashville, where thought-leaders will share their insights on how they've overcome adversity to leave a lasting impact on their respective fields. Don't forget about your peer presenters on Sunday! Hear our PhysTalks finalists who will share their compelling and inspirational psychiatry-focused stories with the PM&R community.

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Thursday, November 11, 11 am-12:30 pm (CT)
Opening Plenary and Presidential Address
Stuart M. Weinstein, MD, FAAPMR and Erik Antonsen, MD, PhD, FAAEM, FACEP
Dr. Antonsen will discuss how the effects on human health and function from deep space travel can inform and enhance psychiatric care on Earth.
- 


Friday, November 12, 3:45 pm-4:45 pm (CT)
Plenary Session, Ayanna Howard, PhD
Dr. Howard will discuss her career in robotic science, and how robotic technology can be incorporated into rehabilitation to enhance functional outcomes.
- 


Saturday, November 13, 12:30 pm-1:30 pm (CT)
53rd Walter J. Zeiter Lecture and Awards Video Presentation
Julie K. Silver, MD, FAAPMR
Dr. Silver will be addressing patient care and workforce disparities.
- 

Sunday, November 14, 8 am-10 am (CT)
Brunch and Closing Plenary Session: PhysTalks Finalists

IN-PERSON IN "MUSIC CITY"



TOP-NOTCH EDUCATION

Clinical and Practice Symposia

Enjoy 60 clinical and practice symposia in addition to four plenary sessions, broken into various clinical and practice themes so you can customize your educational experience with what's most important to you. Can't attend all the sessions? No worries—they'll be recorded for future viewing and available to all registered attendees with the opportunity to earn more than 100 CME credits. *20 symposia will also be live-streamed virtually.

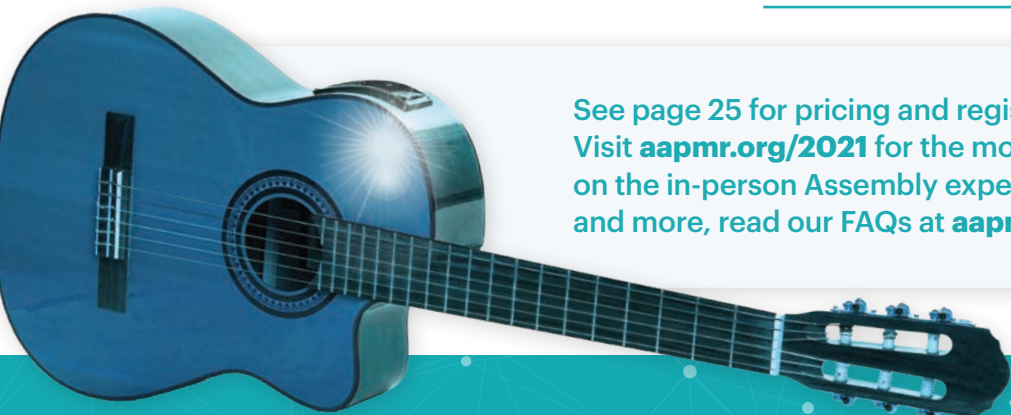
HANDS-ON AND DEMONSTRATION EXPERIENCES

Skills Labs

Skills Labs are available once again in-person for 2021! These three-hour immersive educational experiences offer a blend of didactic and hands-on learning. Choose from 10 interactive sessions this year. Visit aapmr.org/2021 for dates and topics. Register early as space is limited. Additional registration and fees apply for these in-person labs.

Learning Center

Step inside the Learning Center—located in the PM&R Pavilion—to experience additional education from AAPM&R and sponsoring companies. Through our hands-on demonstration stations and "Center Stage," thought-leaders will provide interactive education and technology demonstrations. Visit aapmr.org/2021 for the most up-to-date listing of these activities and plan to make them part of your in-person Assembly experience. Advanced registration and additional fees are not required.



See page 25 for pricing and registration information. Visit aapmr.org/2021 for the most up-to-date information on the in-person Assembly experience. For safety updates and more, read our FAQs at aapmr.org/assembly-faq.

RESEARCH AND TECHNOLOGY

Research Hub

The Annual Assembly is the place to hear first-hand the important trends and research from recognized industry professionals, peers and experts—in-person in Nashville. Tour our Research Hub, located in the PM&R Pavilion, and discover the highest quality PM&R research. You will be able to tailor your research experience by viewing live "best of" poster presentations, reviewing all posters through video kiosks at your leisure and hearing pre-recorded audio presentations online. *Posters and pre-recorded presentations also available virtually.

PM&R Pavilion

AAPM&R's Annual Assembly brings in the exhibitors that you want to meet, and they are happy to see you again in-person in the PM&R Pavilion. Explore exhibiting organizations and learn about the cutting-edge products, services and solutions they offer to enhance patient care and your practice. See pharmaceutical, device and technology companies, publishers, institutions and more—all on our massive show floor! Visit aapmr.org/2021 to view the floor plan and a complete list of exhibitors. *Virtual exhibit hall also available.

Continue Learning All Winter Long—Your Assembly "Encore"

All registrants will have access to all recorded and on-demand Assembly sessions included with their registration, with the chance to earn more than 100 AMA PRA Category 1 Credits™!

FOR YOUR CAREER

Career Corner

Visit the Career Corner in the Learning Center to learn more about the Academy's career development resources. Attendees who are in Nashville will be able to meet representatives and staff who will help answer your career-related questions and provide advice about navigating all aspects of the specialty. We'll also be offering CV review appointments. All sessions are meant to be casual, interactive and informative. Advanced registration and additional fees are not required. Watch for more details as we get closer to the event. *Also available virtually.

AAPM&R's In-Person Job and Fellowship Fair

Wednesday, November 10 from 6:30 pm-9 pm (CT) Looking for your dream job? Interested in available opportunities? Join us for AAPM&R's Job and Fellowship Fair—the largest PM&R-specific career fair. Meet with representatives from institutions and practices across the country. Build new professional networks, get and give advice and find your future position or fellowship opportunity. *Virtual Job and Fellowship Fair held separately.

NETWORKING AND FUN

President's Reception—PM&R Block Party

Friday, November 12 from 6:30 pm-8 pm (CT) Street-side, between the Music City Center and Omni Nashville! This year, we're shutting down the streets to top off your week in Music City! Reconnect and celebrate with your friends and colleagues at an exclusive block party, right in the heart of downtown Nashville. Take in live, musical entertainment that has made Nashville famous, and enjoy drinks and appetizers before heading out on the town.

This outdoor reception, planned just for Annual Assembly attendees, will allow everyone to gather safely and comfortably; however, the venue is dependent on weather and tickets will not be refundable after the event.

Tickets are \$40 for attendees and non-attendee guests. Children under age three are free.

Community Networking

After participating in our live virtual Community Sessions throughout October, connect with your Member Communities in Nashville, where we'll host in-person networking sessions the morning of Thursday, November 11. A complete list of Community Sessions is available on pages 12-13.

Quiz Bowl Final Round

Friday, November 12 from 5 pm-5:45 pm (CT) After narrowing the field to two teams from the Virtual Quiz Bowl Qualifying Rounds, watch them face off in-person in Nashville. Bragging rights are at stake, so you don't want to miss all the friendly competition. Plans are still in the works; we'll reach out to you soon with more details. *Also live-streamed virtually!

AND MORE!

The Oasis

Thursday, November 11-Saturday, November 13 The perfect spot to relax, catch up on email, meet other attendees or join your peers in games.

First-Time Attendee Meet-Up

Thursday, November 11 from 7:15 am-8 am (CT)

Welcome Reception

Thursday, November 11 from 5 pm-7 pm (CT)

State Society Meetings

Thursday, November 11, 7 pm (CT)

Physiatry Day

Friday, November 12

AAPM&R's GME Academic Leaders Lunch

Friday, November 12 from 11 am-12:30 pm (CT)

AAPM&R's Annual Business Meeting

Saturday, November 13 from 11:30 am-12:25 pm (CT)

Alumni Receptions

Saturday, November 13, 5:30 pm (CT)

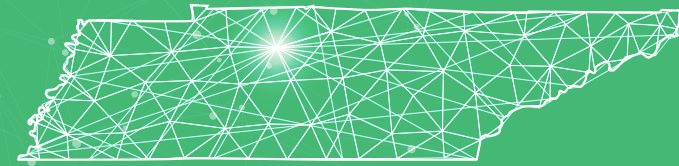
Hotel Discounts

AAPM&R offers discounted rates for Annual Assembly attendees exclusively at several area hotels—see below. Visit aapmr.org/2021 for secure links and complete contact information to book your stay directly with your desired hotel by October 11, 2021.

Table with 2 columns listing hotels and their locations: Omni Nashville Hotel (Headquarters), Cambria Nashville Downtown, Hampton Inn & Suites Nashville - Downtown, Hilton Garden Inn Nashville Downtown/Convention Center, Hyatt Place Nashville Downtown, Residence Inn by Marriott Nashville Downtown, SpringHill Suites by Marriott Nashville Downtown/Convention Center, Westin Nashville.

#aapmr21—VIRTUALLY, FROM ANYWHERE

Physiatry's Virtual Event of the Year!



TOP-NOTCH EDUCATION

Plenary Sessions

Join all of your colleagues in attendance during four plenary sessions, in which all attendees—in-person or virtual—will come together to hear PM&R thought leaders share their insights. Read more on page 7 or visit aapmr.org/plenary.

**Also included for in-person registrants.*

Clinical and Practice Symposia

As part of your virtual event experience, enjoy 20 live-streamed and 10+ pre-recorded clinical and practice symposia, broken into various themes so you can customize your educational experience with what's most important to you. All sessions will be recorded for future viewing and available to all registered attendees with the opportunity to earn more than 100 CME credits.

**Also included for in-person registrants.*

RESEARCH AND TECHNOLOGY

Research Hub

The virtual experience will allow you to view and hear first-hand the important trends and research from recognized professionals, peers and experts. Posters will be available online to view at any time along with pre-recorded audio. When touring the virtual Research Hub, you will be able to see and hear what research is taking place within the field of PM&R.

**Also included for in-person registrants.*

PM&R Pavilion and Sponsored Content

Get the virtual scoop on all the latest and greatest PM&R technologies in the interactive PM&R Pavilion. Companies will be sharing content through various channels in the online platform. You'll be able to view videos, attend sessions and download information. Check aapmr.org/2021 for details!

**Also included for in-person registrants.*

Next Steps for #AAPMR21 Virtual Registrants

Registered virtual attendees will receive participation instructions closer to the Assembly. In the meantime, your Academy will be sending updates, highlights and tips to maximize your virtual experience!

Be sure to mark your calendar for our Pre-Assembly Events, including Community Sessions and the Quiz Bowl!

#aapmr21—VIRTUALLY, FROM ANYWHERE

Physiatry's Virtual Event of the Year!

FOR YOUR CAREER

AAPM&R's Virtual Job and Fellowship Fair

📅 Wednesday, November 10 from 2 pm-4 pm (CT)

Join us for AAPM&R's Job and Fellowship Fair—the largest PM&R-specific career fair—now available virtually. Interact with representatives from institutions and practices across the country—all from your home or office—with our new, interactive virtual platform and get a jump start on your next career move.

**Also included for in-person registrants.*

Career Corner

AAPM&R will host a virtual Career Corner throughout the meeting. Attendees will be able to schedule online appointments for CV reviews, receive career guidance from fellow members and learn about the Academy's career development resources via our online platform.

**Also included for in-person registrants.*

NETWORKING AND FUN

Virtual Networking Events

We're bringing the fun online. Connect with your PM&R community during a variety of virtual networking events. Watch for more details coming soon.

Member Resource Center

Connect with Academy staff in the Member Resource Center and discover how you can help play a role in advancing the specialty. Learn about all AAPM&R initiatives (current and what's coming soon), as well as resources and solutions for physiatrists looking to succeed in today's post-pandemic environment.

**Also included for in-person registrants.*

See page 25 for pricing and registration information. Visit aapmr.org/2021 for the most up-to-date information on the virtual Assembly experience. Have questions? Read our FAQs at aapmr.org/assembly-faq.



Continue Learning All Winter Long—Your Assembly "Encore"

All registrants—including virtual attendees—will have access to all recorded and on-demand Assembly sessions included with their registration, with the chance to earn more than 100 AMA PRA Category 1 Credits™!



Available in the weeks leading up to the Annual Assembly

 October 11-15—Monday-Thursday from 9 am-9pm (CT); Friday 9 am-5 pm (CT)

 October 18-22—Monday-Thursday from 9 am-9pm (CT); Friday 9 am-5 pm (CT)

 October 25-29—Monday-Thursday from 9 am-9pm (CT); Friday 9 am-5 pm (CT)

The fun starts earlier than ever before with 30+ live Community Sessions offered virtually to all registrants in the weeks leading up to the in-person Assembly. Participate in sessions created by community leaders to address your community's unique needs and challenges. Log in throughout October to connect and collaborate with your peers who share similar interests. These sessions will also be available on-demand for registrants.

Adaptive Athletes and Sports, Amputee/Limb Loss Restoration Rehabilitation **Advocacy for Equitable Access to Physical Activity and Sport**

 Wednesday, October 27, 6 pm-7:30 pm (CT)

African American Physiatrists **Medicolegal Physiatry Opportunities and African American Physiatrists**

 Wednesday, October 20, 6 pm-7:30 pm (CT)

African American Physiatrists and LatinX in Physiatry **Critical Conversations: Recognizing and Mitigating Workplace Bullying**

 Thursday, October 28, 5 pm-6 pm (CT)

Alternative Pain Medicine **Multidimensional Pain Management: Exploring Nutrition and the Mind-Body Connection**

 Part 1: Thursday, October 14, 12 pm-1:30 pm (CT)

 Part 2: Tuesday, October 26, 6 pm-7:30 pm (CT)


Brain Injury Medicine Current Fellows and Future Candidates

Neurorehabilitation Career Paths: A Panel Discussion of the Multiple Options Your Fellowship Training Can Take You

 Wednesday, October 13, 3 pm-4:30 pm (CT)

Business of Healthcare Physiatrists


Part 1: How I Got Here: Mapping the Journey to Leadership

 Tuesday, October 12, 1 pm-2:30 pm (CT)

Part 2: Lessons Learned on the Road to Executive Leadership

 Wednesday, October 20, 1 pm-2:30 pm (CT)

Cancer Rehabilitation Medicine **Cancer Rehabilitation: Advocacy, Telemedicine, and Experiences During COVID-19**


 Tuesday, October 19, 4:30 pm-6 pm (CT)

Cancer Rehabilitation Medicine and Pediatric Rehabilitation

Part 1: Building Pediatric Cancer Rehabilitation Programs: Pearls and Pitfalls of Program Development

 Friday, October 29, 10:30 am-12 pm (CT)

Part 2: Multidisciplinary Case Studies in Pediatric Cancer Rehabilitation


 Friday, October 29, 12 pm-1:30 pm (CT)

Central Nervous System

Part 1: Adult Rehabilitation Care of Persons Aging with Acquired CNS Disorders and Neurodevelopmental Disabilities

 Tuesday, October 12, 6:30 pm-8 pm (CT)

Part 2: Transition of Care: Neurorehabilitation Journey through Different Settings of Healthcare

 Thursday, October 21, 6:30 pm-8 pm (CT)

Central Nervous System/Pediatric Rehabilitation **"Dear Physiatrist" Let's Talk about Transition of Care for People with Acquired and Developmental Disabilities**

 Tuesday, October 19, 6:30 pm-8 pm (CT)

Exercise as Medicine

Exercise As Medicine: From Lab to Practice-Translating Science into Programmatic Enhancements

 Thursday, October 28, 12 pm-3 pm (CT)

Geriatric Rehabilitation

Hot Topics in Geriatrics and Rehabilitation

 Tuesday, October 26, 12 pm-3 pm (CT)

Inpatient Consultants

PM&R Consultations: More Than Just Dispo....

 Thursday, October 14, 3 pm-6 pm (CT)

Inpatient Rehabilitation

Hotbeds of Infection: Preventing Outbreaks on the Rehab Unit

 Thursday, October 14, 12 pm-1:30 pm (CT)


LGBTQIA+ in Physiatry

Inaugural Community Networking Session

 Thursday, October 21, 3 pm-4 pm (CT)

Medical Educators

Diversity and Inclusion in PM&R Medical Education

 Thursday, October 14, 6 pm-7:30 pm (CT)

Muslim Physiatrists

Principles of Assessment: Providing Feedback

 Monday, October 11, 1 pm-2 pm (CT)


Neuromodulation and Pain Medicine and Spine Medicine

Pain and Spine

 Thursday, October 14, 6 pm-7:30 pm (CT)


Pediatric Rehabilitation

Cerebral Palsy Challenges: Dystonia, Sexuality and Intimacy, and Mimickers

 Tuesday, October 26, 7:30 pm-9 pm (CT)

Pediatric Sports Medicine

Concussion Management in Children With and Without Disabilities

 Wednesday, October 27, 6 pm-7:30 pm (CT)

Performing Arts Medicine


Performing Arts Medicine Community

 Part 1: Monday, October 25, 7:30 pm-9 pm (CT)

 Part 2: Wednesday, October 27, 7:30 pm-9 pm (CT)

Physiatry in Skilled Nursing Facilities

Physiatric Practice in the SNF: Success During and After the COVID-19 Pandemic

 Thursday, October 28, 6 pm-9 pm (CT)


Research in Physiatry

Opportunities to Engage In and Optimize the Quality of Physiatry Research

 Thursday, October 28, 6 pm-7:30 pm (CT)

Running Medicine

New Evidence on Clinical Exam, Functional Assessment and Injury Prevention in Runners

 Monday, October 25, 7 pm-8:30 pm (CT)

South Asian Physiatry

COVID-19 Across the Continents: A Panel Discussion

 Monday, October 11, 7:30 pm-9 pm (CT)

Sports Medicine

Prevention Strategies of Common Sports Injuries

 Thursday, October 21, 6 pm-7:30 pm (CT)

Women Physiatrists

How to Navigate Business in Medicine

 Monday, October 18, 3pm-4pm (CT)

Member Community Networking

Join your peers on Thursday, November 11 in Nashville for more networking. The list of communities that will be meeting will be available at aapmr.org/communitysessions in early July.



Registrants will have access to these On-Demand Sessions in early November and can watch them at their leisure during the Annual Assembly and as part of the 2021 AA Rewind.

2020 Scott F. Nadler PASSOR Musculoskeletal Research Grant Recipient: From Platelet Dust to Extracellular Vesicles: Mechanistic Study of Platelet-rich Plasma and Its Role in the Treatment of Osteoarthritis

Kuntal Chowdhary, MD, FAAPMR

A Tale of Two Pandemics: Managing the Pain Crisis During the COVID-19 Pandemic

Saloni Sharma, MD, FAAPMR

[PAIN AND SPINE MEDICINE]

Electrodiagnosis of Brachial Plexopathies

Sandra L. Hearn, MD, FAAPMR

[EMG/NEUROMUSCULAR]

Fitness for Every Body: Adapting Exercise for Physical and Cognitive Impairments

Amy M. West, MD, EdM, FAAPMR; Alec Zirkenbach, CCFT, AIT

[MUSCULOSKELETAL AND SPORTS MEDICINE]

Global Health in the Post-COVID World

Stephanie E. Rand, DO, FAAPMR

[POPULATION HEALTH]

Horses and Zebras in the Spasticity Zoo

Michael F. Saulino, MD, PhD, FAAPMR

[SPASTICITY]

Mastering Outpatient Coding for 2022

Matthew J. Grierson, MD, FAAPMR

[PRACTICE]

Medical Cannabis Update 2021: What Do We Tell Our Patients & Our Colleagues?

Mitchell Prywes, MD, FAAPMR

[PAIN AND SPINE MEDICINE]

There will also be a live Q&A on Friday, November 12 from 10 am-10:45 am (CT).

Proximal Hamstring Tendinopathy: Current Concepts and Emerging Technology

Kelly C. McInnis, DO, FAAPMR

[MUSCULOSKELETAL AND SPORTS MEDICINE]

Rolling with the Punches: An Interdisciplinary Model for Treating the Neurobehavioral Patient

Christopher M. Falco, MD

[CENTRAL NERVOUS SYSTEM]

The Future of Rehabilitation Medicine: Peak Performance, Technology, Populations and the Science of Treating the Whole Person

Jeffrey S. Meyers, MD, FAAPMR

[NEW TECHNOLOGIES]

The Future of Spasticity Management in Cancer

Charles H. Mitchell, DO, FAAPMR

[CANCER REHABILITATION]

TUESDAY, NOVEMBER 9

8 AM-5 PM (CT) **PRE-CONFERENCE COURSES: NEXT STEP INTERVENTIONAL ULTRASOUND AND INTERVENTIONAL SPASTICITY MANAGEMENT APPLICATIONS (DAY 1)** 

WEDNESDAY, NOVEMBER 10

8 AM-5 PM (CT) **PRE-CONFERENCE COURSES: NEXT STEP INTERVENTIONAL ULTRASOUND AND INTERVENTIONAL SPASTICITY MANAGEMENT APPLICATIONS (DAY 2)** 

5:45 PM-6:15 PM (CT) **SPONSORED SESSION FOR RESIDENTS BY MEDTRONIC**

6:30 PM-9 PM (CT) **IN-PERSON JOB AND FELLOWSHIP FAIR IN NASHVILLE**

THURSDAY, NOVEMBER 11

8 AM-10:30 AM (CT) **MEMBER COMMUNITY NETWORKING**

11 AM-12:30 PM (CT) **OPENING PLENARY & PRESIDENTIAL ADDRESS** (LIVE-STREAMED)

12 PM-7 PM (CT) **PM&R PAVILION OPEN**

12:30 PM-2 PM (CT) **LUNCH & VISIT PAVILION**

12:45 PM-1:45 PM (CT) **SPONSORED EDUCATIONAL THEATERS**

2 PM-5 PM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS) **SKILLS LABS**  LEARNING CENTER RESEARCH HUB

5 PM-7 PM (CT) **WELCOME RECEPTION**

7 PM (CT) **STATE SOCIETY MEETINGS**

FRIDAY, NOVEMBER 12

8:30 AM-9:30 AM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS) **SKILLS LABS**  LEARNING CENTER RESEARCH HUB

9:30 AM-4 PM (CT) **PM&R PAVILION OPEN** **SKILLS LABS**  LEARNING CENTER RESEARCH HUB

10 AM-11 AM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS) **SKILLS LABS**  LEARNING CENTER RESEARCH HUB

11 AM-12:30 PM (CT) **LUNCH & VISIT PAVILION**

11:15 AM-12:15 PM (CT) **SPONSORED EDUCATIONAL THEATERS**

12:30 PM-1:30 PM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS)

1:45 PM-2:45 PM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS) **SKILLS LABS** 

3 PM-4 PM (CT) **CORPORATE SESSIONS & BEST OF RESEARCH** **SKILLS LABS**  LEARNING CENTER RESEARCH HUB

3:45 PM-4:45 PM (CT) **PLENARY SESSION** (LIVE-STREAMED) **SKILLS LABS**  LEARNING CENTER

5 PM-5:45 PM (CT) **QUIZ BOWL FINAL ROUND**

5:45 PM-6:45 PM (CT) **RESIDENT RECEPTION**

6:30 PM-8 PM (CT) **PRESIDENT'S RECEPTION** 

SATURDAY, NOVEMBER 13

8:30 AM-9:30 AM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS) **SKILLS LABS**  LEARNING CENTER RESEARCH HUB

9:30 AM-12:30 PM (CT) **PM&R PAVILION OPEN** **SKILLS LABS**  LEARNING CENTER RESEARCH HUB

10 AM-11 AM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS) **SKILLS LABS**  LEARNING CENTER RESEARCH HUB


11 AM-12:30 PM (CT) **LUNCH & VISIT PAVILION**

11:15 AM-12:15 PM (CT) **SPONSORED EDUCATIONAL THEATERS**

11:30 AM-12:25 PM (CT) **AAPM&R ANNUAL BUSINESS MEETING**

12:30 PM-1:30 PM (CT) **53RD WALTER J. ZEITER LECTURE AND AWARDS PRESENTATION** (LIVE-STREAMED)

2 PM-3 PM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS)








3:30 PM-4:30 PM (CT) **CONCURRENT LIVE SYMPOSIA** (INCLUDING LIVE-STREAMED SESSIONS) **SKILLS LABS**  LEARNING CENTER RESEARCH HUB



5:30 PM (CT) **ALUMNI RECEPTIONS**

SUNDAY, NOVEMBER 14

8 AM-10 AM (CT) **BRUNCH AND CLOSING PLENARY SESSION FEATURING PHYZTALKS** (LIVE-STREAMED)











*All times are Central Standard Time (UST-6). Content subject to change.  = Paid Ticket Required.



TIME				
7:15 am-8 am (CT)	FIRST-TIME ATTENDEE MEET-UP		FIRST-TIME ATTENDEE MEET-UP	
7 am-7 pm (CT)	REGISTRATION, MEMBER RESOURCE CENTER OPEN		REGISTRATION, MEMBER RESOURCE CENTER OPEN	
8 am-10:30 am (CT)	MEMBER COMMUNITY NETWORKING		MEMBER COMMUNITY NETWORKING	
11 am-12:30 pm (CT)	OPENING PLENARY KEYNOTE AND PRESIDENTIAL ADDRESS:  STUART M. WEINSTEIN, MD, FAAPMR AND ERIK ANTONSEN, MD, PHD, FAAEM, FACEP		OPENING PLENARY KEYNOTE AND PRESIDENTIAL ADDRESS:  STUART M. WEINSTEIN, MD, FAAPMR AND ERIK ANTONSEN, MD, PHD, FAAEM, FACEP	
12:30 pm-7 pm (CT)	PM&R PAVILION OPEN		PM&R PAVILION OPEN	
12:30 pm-2 pm (CT)	GRAB N' GO LUNCH IN THE PM&R PAVILION		GRAB N' GO LUNCH IN THE PM&R PAVILION	
12:45 pm-1:45 pm (CT)	LUNCH AND EDUCATIONAL THEATER		LUNCH AND EDUCATIONAL THEATER	
	CLINICAL AND PRACTICE SYMPOSIA	CLINICAL AND PRACTICE SYMPOSIA	SKILLS LABS 	LEARNING CENTER / RESEARCH HUB
2 pm-3 pm (CT)	Electrodiagnosis: Challenging Dilemmas in Interpretation [EMG/NEUROMUSCULAR]  <i>Faren H. Williams, MD, MS, FAAPMR</i> Hot Topics in Spinal Cord Injury: Point/Counterpoint [CNS]  <i>Rita G. Hamilton, DO, FAAPMR; Jeffery S. Johns, MD, FAAPMR</i> AAPM&R Advocacy: New Administration, New Opportunities to Advance PM&R [BOLD] <i>Nneka Ifejika, MD, MPH, FAAPMR</i>	BoNT-A Injections for Pediatric Spasticity: Optimizing Information Sharing and Consent for Our Families and Practices [PEDIATRICS] <i>Edward A. Wright, MD, FAAPMR</i> COVID-19 in Athletes: Later Effects and Lessons Learned [MSK/SPORTS] <i>Jennifer A. Soo Hoo, MD, FAAPMR</i> Navigating and Troubleshooting Fluoroscopic Procedures: Tips and Tricks from Optimizing Anatomy to Needle Driving [CLINICAL TECHNIQUES] <i>Jonathan S. Kirschner, MD, FAAPMR</i>	1801. Sonographic Evaluation of the Thigh [MSK/SPORTS & ULTRASOUND] <i>Ryan C. Kruse, MD, FAAPMR</i> 1802. Resident Bootcamp 1: Ultrasound – Reviewing Essential Nerve Examination Techniques and Common Joint Injection Views [IN-TRAINING/EARLY CAREER] <i>Michael J. Del Busto, Jr., MD; Stephanie E. DeLuca, MD, MS</i>	LEARNING CENTER <ul style="list-style-type: none"> • Ultrasonography for Common Entrapment Neuropathies of the Upper Extremity [MSK/SPORTS] <i>Mohammed Emam, MD, MBChB, FAAPMR</i> • Ulnar Neuropathies: Technical Issues, and Interpretation of Data, Including Prognosis, for Referring Providers [EMG/NEUROMUSCULAR] <i>Faren H. Williams, MD, MS, FAAPMR</i> • AAPM&R's Registry Demonstrations: Clinical Dashboards and PRO Module [BOLD] RESEARCH SPOTLIGHT
3 pm-3:30 pm (CT)	BREAK		BREAK	
3:30 pm-4:30 pm (CT)	Changing with the Times - Strategies for Virtual Spasticity Assessments [SPASTICITY]  <i>Mary E. Russell, DO, MS, FAAPMR</i> Musculoskeletal Radiology Fundamentals: Hip [MSK/SPORTS]  <i>Jennifer A. Soo Hoo, MD, FAAPMR</i> Disparities in Healthcare of Cancer Rehabilitation Patients [CANCER] [PRACTICE] <i>Ekta Gupta, MD, FAAPMR</i> Repetitive Head Impacts and CTE: Updates on Diagnostic Criteria and Pathology [CNS] <i>Daniel H. Daneshvar, MD, PhD, FAAPMR</i>	The Data Is In: How AAPM&R's Registry Early Adopter Sites Are Engaging Patients to Collect Valuable Data in Low Back Pain and Ischemic Stroke [BOLD] <i>Michael Hatzakis, Jr., MD, FAAPMR</i> Thinking Rehab Out of the Box: Expanding Rehabilitation Beyond the Rehab Unit [BOLD] <i>Pablo A. Celnik, MD, FAAPMR; April D. Pruski, MD, FAAPMR</i>		
5 pm-7 pm (CT)	WELCOME RECEPTION IN THE PM&R PAVILION		WELCOME RECEPTION IN THE PM&R PAVILION	
7 pm (CT)	STATE SOCIETY MEETINGS		STATE SOCIETY MEETINGS	

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TIME	CLINICAL AND PRACTICE SYMPOSIA	CLINICAL AND PRACTICE SYMPOSIA	SKILLS LABS	LEARNING CENTER / RESEARCH HUB
7:30 am-5:30 pm (CT)	REGISTRATION, MEMBER RESOURCE CENTER OPEN		REGISTRATION, MEMBER RESOURCE CENTER OPEN	
8:30 am-9:30 am (CT)	<p>Efficacy of Early Rehabilitation of Post COVID-19 Survivors - Single Center Experience [POPULATION HEALTH] [BOLD] </p> <p><i>Ning Cao, MD, FAAPMR; Thomas K. Watanabe, MD, FAAPMR</i></p> <p>Past, Present and Future of Pediatric Rehabilitation: Research Updates and State of the Field [PEDIATRICS] </p> <p><i>Kevin P. Murphy, MD, FAAPMR</i></p> <p>A Game of CLUE: Can You Deduce the Different Causes for the Same Presenting Back and Lower Extremity Symptoms? [PAIN AND SPINE] <i>Patricia Z. Zheng, MD, FAAPMR</i></p>	<p>Academy Efforts in Value-Based Physiatry [PRACTICE] [BOLD] <i>Christopher J. Standaert, MD, FAAPMR</i></p> <p>Let's Get Ready to Rumble: Understanding Tendon Structure and Function to Improve Patient Outcomes [MSK/SPORTS] <i>Brian J. Krabak, MD, MBA, FACSM, FAAPMR</i></p> <p>Practice Models for Young Physiatrists - Welcome to the Real World [IN-TRAINING/EARLY CAREER] [BOLD] <i>Craig C. DiTommaso, MD, FAAPMR</i></p>	<p>1803. Advanced Musculoskeletal Ultrasound of the Ankle/Foot [MSK/SPORTS & ULTRASOUND] <i>Jeimylo C. De Castro, MD, FAAPMR</i></p> <p>1804. Abdominopelvic Pain: Clinical Evaluation with Complementary Ultrasonography and Intervention [MSK/SPORTS & ULTRASOUND] [PAIN AND SPINE] <i>Reina Nakamura, DO, FAAPMR</i></p>	<p>LEARNING CENTER</p> <ul style="list-style-type: none"> Use of Osteopathic Manual Medicine in Low Back Pain [MSK/SPORTS] <i>Kristin E. Caldera, DO, FAAPMR</i> Ultrasound Guidance for Salivary Gland Botulinum Toxin Injections [CNS] <i>Kristin E. Caldera, DO, FAAPMR</i> AAPM&R's Registry Demonstrations: Clinical Dashboards and PRO Module [BOLD] <p>RESEARCH SPOTLIGHT</p>
9:30 am-4:30 pm (CT)	PM&R PAVILION OPEN		PM&R PAVILION OPEN	
9:30 am-10 am (CT)	BREAK		BREAK	
10 am-10:45 am (CT)	Medical Cannabis Update 2021: What Do We Tell Our Patients & Our Colleagues? Live Q&A			
10 am-11 am (CT)	<p>A Game of CLUE: Can You Deduce the Different Causes for the Same Presenting Neck and Upper Extremity Symptoms? [PAIN AND SPINE] <i>Patricia Z. Zheng, MD, FAAPMR</i></p> <p>Integrating Robotic Therapies into Inpatient Rehabilitation - Physiatry Leads the Way [NEW TECHNOLOGIES] </p> <p><i>Christina Kwasnica, MD, FAAPMR</i></p> <p>Clinical Management of Intentional Sports Injuries (Athlete Abuse) in Ambulatory Settings [MSK/SPORTS] <i>Yetsa A. Tuakli-Wosornu, MD, MPH</i></p>	<p>Educating Physical Medicine and Rehabilitation Residents in Subacute Rehab Facilities: Opportunities and Barriers [LEADERSHIP] [BOLD] <i>R. Samuel Mayer, MD, MEHP, FAAPMR</i></p> <p>PHiT Fire 2021: Reimagining Our Future [IN-TRAINING/EARLY CAREER] <i>Donald Kasinton, MD; Charles Kenyon, DO, MS, CSCS</i></p> <p>Revamping Musculoskeletal Care for Adults with Spastic Cerebral Palsy [SPASTICITY] <i>Heakyung Kim, MD, FAAPMR</i></p>		
11 am-11:30 am (CT)	BREAK		BREAK	
11 am-12:30 pm (CT)	LUNCH AND SPONSORED EDUCATION		AAPM&R'S GME ACADEMIC LEADERS LUNCH (INVITATION ONLY)	
12:30 pm-1:30 pm (CT)	<p>Clinical Pearls: Practical Ways to Add Integrative & Lifestyle Medicine to Your Practice [PAIN AND SPINE] </p> <p><i>Saloni Sharma, MD, FAAPMR</i></p> <p>Envisioning a New Healthcare Delivery Model for Stroke: Improving Transition of Care and Overall Outcomes [BOLD] <i>Sara J. Cuccurullo, MD, FAAPMR; Talya K. Fleming, MD, FAAPMR</i></p> <p>Long COVID Syndrome and Importance of Physiatry-led Recovery Programs [GENERAL MED] [BOLD] <i>John M. Baratta, MD, MBA, FAAPMR</i></p>	<p>2022 MIPS: Preparing Your Practice for Reporting and Strategies to Improve Performance [PRACTICE] <i>Mark E. Huang, MD, FAAPMR</i></p> <p>Prescribing Exercise in the 2020s: Novel Strategies for the Musculoskeletal Physiatrist [MSK/SPORTS] <i>Prakash Jayabalan, MD, PhD, FAAPMR</i></p> <p>Your First Job: Searching, Signing, and Starting [IN-TRAINING/EARLY CAREER] <i>Sima Desai, MD, FAAPMR; Timothy K. Tiu, MD, FAAPMR</i></p>	<p>1805. Ultrasound-Guided Extremity Nerve Blocks with Alcohol and Botulinum Toxin Injections in Head, Neck and Paraspinal Muscles for Spasticity Management [SPASTICITY] <i>Yuxi Chen, MD, FAAPMR</i></p> <p>1806. Best Evidence-Based Clinical Practices in Shoulder Pain – Combination of Physical Exam and Point of Care Ultrasound for Diagnosis and Treatment [MSK/SPORTS & ULTRASOUND] <i>Nimish Mittal, MD, MBBS, FAAPMR</i></p>	<ul style="list-style-type: none"> Beyond Musculoskeletal Ultrasound: Ultrasound Use Cases for Inpatient and Clinic Settings [CLINICAL TECHNIQUES] <i>Cliff A. Gronseth, MD, FAAPMR; Kyle D. Josephson, MD</i> Sideline Medicine: Assessment and Management of Acute On-field Injuries [MSK/SPORTS] <i>Timothy K. Tiu, MD, FAAPMR</i> ABPMR Live Demo: ABPMR Certification Dashboard
1:30 pm-1:45 pm (CT)	BREAK		BREAK	
1:45 pm-2:45 pm (CT)	<p>Burnout, Moral Injury and Physician Suicide Prevention: Strategies for Wellness as a Group [PRACTICE] </p> <p><i>Elaine L. Pico, MD, FAAP, FAAPMR</i></p> <p>Youth Running Consensus Statement: Next Steps for Research and Advocacy [MSK/SPORTS] </p> <p><i>Brian J. Krabak, MD, MBA, FACSM, FAAPMR</i></p> <p>An Interprofessional Lifestyle Medicine Approach for Musculoskeletal Disorders: Why, How, and What Next? [MSK/SPORTS] [BOLD] <i>Abby L. Cheng, MD, FAAPMR</i></p>	<p>Disorders of Consciousness After Traumatic Brain Injury - Practice Guidelines and Practical Considerations [CNS] <i>Craig C. DiTommaso, MD, FAAPMR</i></p> <p>Hydrocephalus Management: A New Domain of Physiatric Expertise [CNS] <i>Michael F. Saulino, MD, PhD, FAAPMR</i></p> <p>Value of Additional Imaging Evaluation for Your Spine Patient: Going Beyond Diagnosis? [PAIN AND SPINE] <i>Thiru M. Annaswamy, MD, MA, FAAPMR</i></p>		
2 pm-3 pm (CT)	ABPMR: QI and You: Optimizing Your ABPMR CC Requirement to Add Value			
2:30 pm-3:30 pm (CT)	Top Papers in Pediatric Rehabilitation: A Summary of the Most Impactful Articles [PEDIATRICS] <i>Matthew M. McLaughlin, MD, MS, FAAPMR</i>			
2:45 pm-3:45 pm (CT)	BREAK		BREAK	
3:45 pm-4:45 pm (CT)	PLENARY KEYNOTE—AYANNA HOWARD, PHD		PLENARY KEYNOTE—AYANNA HOWARD, PHD	
5 pm-5:45 pm (CT)	QUIZ BOWL FINAL ROUND		QUIZ BOWL FINAL ROUND	
5:45 pm-6:45 pm (CT)	RESIDENT RECEPTION		RESIDENT RECEPTION	
6:30 pm-8 pm (CT)	PRESIDENT'S RECEPTION		PRESIDENT'S RECEPTION	

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TIME	CLINICAL AND PRACTICE SYMPOSIA	CLINICAL AND PRACTICE SYMPOSIA	SKILLS LABS	LEARNING CENTER / RESEARCH HUB
7:30 am-4:30 pm (CT)	REGISTRATION, MEMBER RESOURCE CENTER OPEN		REGISTRATION, MEMBER RESOURCE CENTER OPEN	
8:30 am-9:30 am (CT)	Financial Education for Students, Residents, Fellows and Early-Career Physicians [IN-TRAINING/EARLY CAREER]  <i>Nikhil Verma, MD</i> Integrating Advanced Technologies into Your Practice [PAIN AND SPINE]  <i>Mehul J. Desai, MD, MPH, FAAPMR</i> ABPMR: Accountability, Honor, and Integrity: Professionalism in Medicine and PM&R Approach to Posterior Shoulder and Upper Back Pain: Case-Based Discussions [MSK/SPORTS] <i>Brian C. Liem, MD, FAAPMR</i>	COVID-19 and Neuromuscular Medicine - Challenges and Opportunities [EMG/NEUROMUSCULAR] <i>Colin K. Franz, MD, PhD, FAAPMR</i> The Intersection of Telemedicine, Remote Monitoring, and Patient Reported Outcome Measures [BOLD] <i>Todd R. Rowland, MD, FAAPMR</i>	1807. Acute Ultrasound Skills for the Athletic Training Room [MSK/SPORTS & ULTRASOUND] [PRACTICE MGMT EVOLUTION] <i>Michael Fredericson, MD, FAAPMR; Kevin M. Mullins, MD, FAAPMR</i> 1808. Ultrasound Guidance for Chemodenervation for Forearm/Hand Muscles and Lower Limb Muscles and Nerves [SPASTICITY] <i>Katharine E. Alter, MD, FAAPMR</i>	LEARNING CENTER <ul style="list-style-type: none"> 3-Dimensional Printing of Durable Medical Equipment [NEW TECHNOLOGIES] <i>Stephanie E. Rand, DO, FAAPMR</i> Point-of-Care Foot and Ankle Ultrasonography in Outpatient PM&R Clinic [MSK/SPORTS] <i>Se Won Lee, MD, FAAPMR</i> RESEARCH SPOTLIGHT
9:30 am-12:30 pm (CT)	PM&R PAVILION OPEN		PM&R PAVILION OPEN	
9:30 am-10 am (CT)	BREAK		BREAK	
10 am-11 am (CT)	COPE COVID: Cognitive and Psychological Effects of COVID-19 Patients in Acute Rehabilitation [CNS]  <i>Susan Maltser, DO, FAAPMR</i> The Art and Science of Negotiation in Medicine 2021 [BOLD]  <i>Michael F. Lupinacci, MD, FAAPMR</i> Musculoskeletal Pain of Pregnancy: Epidemiology, Biomechanics, Diagnosis, and Treatment [MSK/SPORTS] <i>Ameet S. Nagpal, MD, MS, Med, FAAPMR</i> Teaching to Teach: Focus on Millennial Learners [IN-TRAINING/EARLY CAREER] [PRACTICE] <i>Matthew T. Haas, MD</i>	Technological Innovations in Chronic Pain Management - From Prescribed Digital Therapeutics to Virtual Reality...the Future Is Here! [PAIN AND SPINE] <i>David S. Binder, MD, MBA</i> The Intersection of Cancer Pain and Cancer Rehabilitation: A Physiatric Perspective [PAIN AND SPINE] [CANCER] [BOLD] <i>Mehul J. Desai, MD, MPH, FAAPMR</i>		
11 am-12:30 pm (CT)	LUNCH AND EDUCATIONAL THEATER		LUNCH AND EDUCATIONAL THEATER	
11:30 am-12:25 pm (CT)	AAPM&R ANNUAL BUSINESS MEETING (IN-PERSON ONLY)		AAPM&R ANNUAL BUSINESS MEETING (IN-PERSON ONLY)	
12:30 pm-1:30 pm (CT)	53RD WALTER J. ZEITER LECTURE AND AWARDS VIDEO PRESENTATION  JULIE K. SILVER, MD, FAAPMR		53RD WALTER J. ZEITER LECTURE AND AWARDS VIDEO PRESENTATION  JULIE K. SILVER, MD, FAAPMR	
1:30 pm-2 pm (CT)	BREAK		BREAK	
2 pm-3 pm (CT)	2021 PASSOR Legacy Award and Lectureship: "Answer Your Email" and Other Pearls for Success  <i>Jonathan Finnoff, DO, FAAPMR</i> New Technologies in Cancer Rehabilitation Medicine [NEW TECHNOLOGIES]  <i>Diana M. Molinares-Mejia, MD, FAAPMR</i> ABPMR: The Impact of QI in PM&R: All Roads Lead to Quality Going to PROM: Enhancing Value-Based Care with Patient-Reported Outcome Measures [BOLD] <i>Sean R. Smith, MD, FAAPMR</i>	Leadership Opportunities, Pathways and Tools: Early, Late, and Mid-Career [LEADERSHIP] <i>Gregory M. Worsowicz, MD, MBA, FAAPMR</i> Musculoskeletal and Neurological Pelvic Pain - A Physiatrist's Handbook [PAIN AND SPINE] <i>Malathy Srinivasan MD, MBBS, FAAPMR</i> Preparing the Team for Tokyo 2021: Physiatry at the Olympics and Paralympics [MSK/SPORTS] <i>Monica E. Rho, MD, FAAPMR</i>	1809. Musculoskeletal X-Ray and MRI Interpretation: Shoulder and Knee [MSK/SPORTS & ULTRASOUND] <i>Julio Vazquez-Galliano, MD, FAAPMR; Deborah M. Pacik, MD, MPH, Mac</i> 1810. Resident Bootcamp 2: Introduction to Upper Extremity Prosthetics / Lower Extremity Orthotics & Prosthetics [IN-TRAINING/EARLY CAREER] <i>Alexander Ramirez, MD; Eric M. Stockwell, MD</i>	
3 pm-3:30 pm (CT)	BREAK		BREAK	
3:30 pm-4:30 pm (CT)	Imaging of Neurologic Decline Following Traumatic Brain Injury [CNS]  <i>Daniel H. Daneshvar, MD, PhD, FAAPMR</i> Multidisciplinary Approach to Treating Scoliosis - Viewpoints from a Physical Therapist, Physiatrist, and Surgical Perspective [PAIN AND SPINE]  <i>Aaron J. Yang, MD, FAAPMR</i> Demystifying Sports Hernia/Core Muscle Injury: Multidisciplinary Approach [MSK/SPORTS] <i>Gene Tekmyster, DO, FAAPMR</i>	Neuromuscular Ultrasound: Clinical Applications and Fundamentals of Interpretation [EMG/NEUROMUSCULAR] [IN-TRAINING/EARLY-CAREER] <i>Sarah M. Smith, MD, MBBS</i> Peer-to-Peer Reviews: Getting to Patient Centered Outcomes [PRACTICE] <i>Michael F. Lupinacci, MD, FAAPMR</i>		
5:30 pm (CT)	ALUMNI RECEPTIONS		ALUMNI RECEPTIONS	

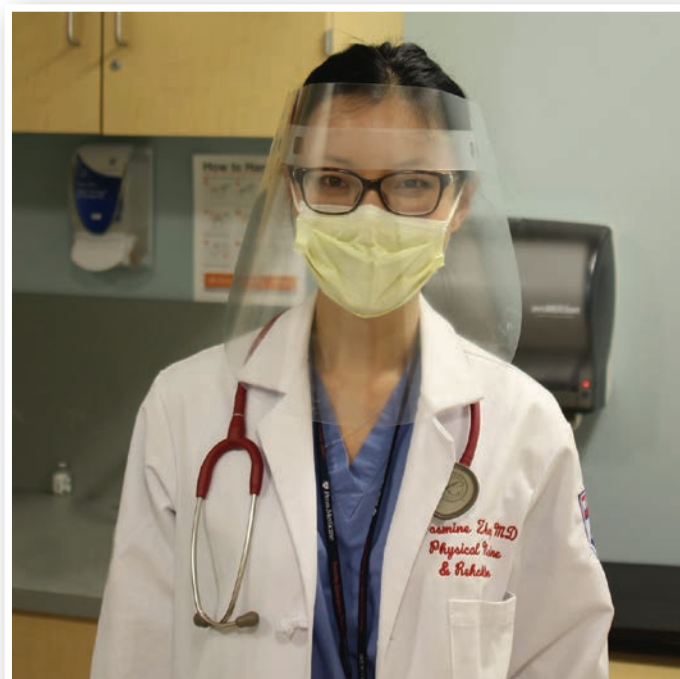
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RESILIENCE... INNOVATION... GRIT...



Thank you to our physicians, trainees, and staff for their tremendous work during the pandemic. Despite the challenges of highly demanding patient care and dynamic situations at home, Penn PM&R is persevering.

Our Good Shepherd hospital partners and their clinical rehabilitation staff are demonstrating formidable determination. Together, we continue to meet our patient care missions through these trying times.



 **Penn Medicine**
Physical Medicine & Rehabilitation

TIMOTHY R. DILLINGHAM, MD, MS
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#aapmr21—SUNDAY, NOVEMBER 14—FULL SCHEDULE

TIME	
8 am-10 am (CT)	BRUNCH AND CLOSING PLENARY SESSION FEATURING PHYZTALKS 

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#aapmr21—FOUNDATION EVENTS

FOUNDATION FOR PHYSICAL MEDICINE AND REHABILITATION (FPM&R) EVENTS— In-Person and Online



Donor Appreciation Reception (by invitation only)

 Thursday, November 11: 7:30 pm (CT)

 Cumberland 1, Level 3, Omni Hotel

Once a year, the Foundation for PM&R has the opportunity to thank our donors for their support in a social setting. This year, the reception will feature this year's Research Grant Award winners presenting brief summaries of their winning research proposals. Remote participation will also be available.


Rehab 5k Run/Walk & Roll and Residency Program Challenge


 Friday, November 12: 6:30 am

 Shelby Bottoms Greenway and Nature Center

Take advantage of the early-bird discount and join your colleagues for this early morning run to raise money for physiatric research! You can also enroll your residency program now in the competition for fastest runners, largest team and more. The option to participate virtually is also available. Contact Phyllis Anderson at panderson@foundationforpmr.org or call 847-737-6062.

Presentation of Foundation for PM&R Awards and Grants

 Saturday, November 13: 12:30 pm-1:30 pm (CT)

 Grand Ballroom, Convention Center

The Foundation for PM&R will be presenting \$100,000 in research grant awards, including Richard S. Materson ERF New Investigator Research Grants, Gabriella E. Molnar-Swofford, MD, Pediatric PM&R Grant and the Scott F. Nadler PASSOR Musculoskeletal Research Grant. We will also announce the 2021 Gabriella E. Molnar-Swofford Pediatric PM&R Lifetime Achievement Award winner.

Presentation of Results from 2020 Nadler Research Grant Winner

Available on-demand

Kuntal Chowdhary, MD of the University of Pittsburgh Medical Center will present the results of her 2020 Scott Nadler PASSOR Research Grant study, "From Platelet Dust to Extracellular Vesicles: Mechanistic Study of Platelet-rich Plasma and Its Role in the Treatment of Osteoarthritis."

Three Ways to Register for #AAPMR21

Your Academy understands that travel plans may be up in the air at this time; therefore, please know that you will not incur any fees or penalties for canceling or changing your Annual Assembly registration at any time, for any reason. However, we encourage you to register early and take advantage of the discounted early-bird rates, which end on September 15!

Online. www.aapmr.org/2021.

Mail. Download a copy of the registration form online and mail your completed form with payment by **October 29, 2021** to the P.O. Box listed on the registration form.

Fax. Download a copy of the registration form online and fax your completed copy to (847) 563-4191. Registrations with credit card payments can be faxed until **November 5 at 4 pm (CT)**. After this date/time, all registrations must be completed online or in-person at the Assembly.

Your registration fee **does not** include Pre-Conference Courses, ticketed three-hour Skills Labs or the President's Reception.

2021 Annual Assembly Registration Fees

REGISTRATION CLASS	EARLY-BIRD RATES (NOW THROUGH SEPTEMBER 15)		STANDARD/ONSITE RATES (SEPTEMBER 16 FORWARD)	
	In-Person + Virtual	Virtual Only	In-Person + Virtual	Virtual Only
MEMBER				
Physiatrist: Fellow, Part-Time Fellow, Associate, International	\$750	\$550	\$950	\$600
Early-Career: Practice and Fellowship Pathways	\$495	\$195	\$595	\$250
Resident	\$395	\$95	\$495	\$150
Advanced Practice Provider	\$595	\$550	\$795	\$600
Medical Student (Full Conference)	\$125	\$50	\$250	\$125
Senior Member/Past President	\$0	\$0	\$0	\$0
NONMEMBER				
Physiatrist/Physician	\$1,050	\$850	\$1,250	\$900
Resident	\$495	\$195	\$595	\$250
Advanced Practice Provider	\$795	\$750	\$995	\$900
Medical Student (Full Conference)	\$200	\$125	\$350	\$225
Practice Administrator/Non-Physician	\$750	\$550	\$950	\$600
Industry Representative	\$1,050	\$850	\$1,250	\$900

REGISTRATION ADD-ONS	MEMBER RATE		NONMEMBER RATE	
	Early-Bird	Standard/Onsite	Early-Bird	Standard/Onsite
2021 Annual Assembly Rewind	Included in In-Person + Virtual and Virtual Only registration fees			
Skills Labs (in-person only)	\$175	\$175	\$250	\$250
Resident Bootcamps	\$35	\$35	\$35	\$35
Foundation for PM&R Rehab 5K Run/Walk & Roll	\$15 (Resident) \$25 (Member)	\$25 (Resident) \$35 (Member)	\$15 (Resident) \$25 (Nonmember)	\$25 (Resident) \$35 (Nonmember)
President's Reception	\$40	\$40	\$40	\$40

CANCELLATION POLICY

Now through November 5, AAPM&R will give a full refund for the Annual Assembly, for any reason. A full refund will be issued to any registrant upon request, without any fees or penalties, no matter when they registered for the Annual Assembly. When possible, cancellations with advance notice are appreciated. Read the complete policy at aapmr.org/2021.



New Rehabilitation Hospital
Scheduled to Open 2022



Atrium Health
Carolinas Medical Center

Transformative Care at Its Best

Our regional footprint offers 192 inpatient rehabilitation beds, 10 rehabilitation and musculoskeletal clinics, and 21 outpatient therapy sites. Here's what to know:



Nation's first rehabilitation hospital to be an AHRQ designated Patient Safety Organization for EQUADRSM



12 CARF-accredited programs, including the world's first CARF-accredited cancer rehabilitation program



Comprehensive, integrated rehabilitation services offered at Atrium Health Carolinas Medical Center, ranked as a Best Regional Hospital by U.S. News & World Report



Robust academic medical center with a PM&R Residency, Brain Injury and Cancer Rehabilitation Fellowships, and one of the region's largest PM&R research programs



Next-generation academic health system is being created by Atrium Health, Wake Forest Baptist Health combination

- William Bockenek, MD, chief medical officer of Atrium Health Carolinas Rehabilitation, has been named the enterprise chair of the PM&R Academic Department
- Walter Davis, MD, section chief, orthopaedic surgery at Wake Forest School of Medicine, has been named the north, central and western, NC, section chief of the PM&R Academic Department



Hackensack
Meridian Health

JFK Johnson Rehabilitation Institute



THE LEADER IN PROVIDING QUALITY REHABILITATION CARE

NAMED BEST REHAB FACILITY

- More than 40 years of providing quality rehabilitation to obtain optimal function and independence
- Comprehensive inpatient and outpatient services for both adults and pediatrics

SPECIALIZED SERVICES

- Amputation
- Brain injuries
- Cardiopulmonary disorders
- Neuromuscular disorders
- Pain and sports medicine
- Spinal cord injuries
- Stroke
- Trauma and orthopedics

ACCREDITATION COUNCIL FOR GRADUATE CONTINUING MEDICAL EDUCATION (ACGME) PROGRAMS INCLUDE:

- Physical Medicine & Rehabilitation Residency Program
- Pain Medicine Fellowship
- Brain Injury Medicine Fellowship



JFK Johnson
Rehabilitation Institute



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2021 CORPORATE SUPPORT RECOGNITION

AAPM&R gratefully acknowledges the companies listed below for their support in 2021 (as of May 5, 2021). This compliant support allows AAPM&R to carry out its mission of advancing the specialty and helps reduce the financial dependence on members and attendees. AAPM&R is especially grateful for their continued commitment to AAPM&R and the specialty throughout the pandemic. A complete list of supporters for 2021 will appear in the *Official Program*, distributed onsite at the Annual Assembly.

PLATINUM LEVEL

GOLD LEVEL

SILVER LEVEL

2021 INSTITUTION PARTNERS COUNCIL (IPC) PARTICIPANTS

TIER 1

2021 INDUSTRY RELATIONS COUNCIL (IRC) PARTICIPANTS

TIER 1

TIER 2

TIER 3

TIER 4

Join these organizations in 2022! Learn more at aapmr.org/support.



WORLDWIDE LEADERS IN BRAIN INJURY REHABILITATION.

MossRehab doesn't just practice rehabilitation medicine, we push the boundaries of what's possible. As one of the few rehab hospitals with its own in-house research institute and designated as a Traumatic Brain Injury Model System of Care – recognizing MossRehab as a center of excellence in the research and clinical care of TBI – we create the roadmap that the rest of the field follows. That means our patients benefit from the latest advances and leading-edge ideas in brain injury rehabilitation. So if you or a loved one has sustained a brain injury, trust the rehab expertise that other hospitals look to for guidance.

