

**BOLDLY
SECURING
YOUR
FUTURE**

AAPM&R
members save
hundreds on Annual
Assembly registration rates.

**REGISTER BEFORE
SEPTEMBER 13
FOR EARLY-BIRD
DISCOUNTS!**

2023 ANNUAL ASSEMBLY PRELIMINARY PROGRAM

We can't wait to welcome you back to the "Big Easy" for PM&R's annual meeting—the 2023 Annual Assembly. #AAPMR23 is psychiatry's premier educational and networking event, and we have some exciting things planned this year. There's so much to experience and we hope that you will join us this year in New Orleans where we'll be *Boldly Securing Your Future*.

AAPMR.ORG/2023

#aapmr23

**NEW ORLEANS, LA & VIRTUAL
NOVEMBER 15-19, 2023**





Learn and Practice with Faculty Who are Driven to Discover

For 70 years, the University of Minnesota Medical School's Department of Rehabilitation Medicine has set a gold standard for PM&R care, education, and research. What makes us different?

- Our divisions include Adult Neuropsychology, Physical Therapy, PM&R, and Rehabilitation Science
- We lead cutting edge clinics in wound care, movement disorders, spine care, pediatric rehabilitation, cancer rehabilitation, and COVID-19 rehabilitation.
- Our unique interdisciplinary concussion clinic provides the latest in highly individualized care for those with mild to moderate traumatic brain injury.
- Our learners work in a highly collaborative environment at five unique sites across the Twin Cities, ensuring access to unique patient populations and a mastery of the clinical components of PM&R.
- We are ranked ninth in the nation for PM&R research with portfolios in spinal cord injury, performance validity measures in neuropsychology, cognitive and emotional factors associated with varied neurological and physiological conditions, human physiology, and rehabilitation across all systems.
- We recently were awarded funding to be the prime site for a spinal cord injury Center for Excellence. The Minnesota Spinal Cord Injury Model System (MN SCIMS) is a multidisciplinary continuum of care partnership among Courage Kenny Rehabilitation Institute, Mayo Clinic, Regions Hospital, and the University of Minnesota.

Our goal is to improve our patients' quality of life -- through excellent care, innovative research, and in-depth education. Come join us. It will be one of the best decisions you ever make.

Four Divisions



Ranked in nation for PM&R research through Blue Ridge Institute

- Adult Neuropsychology
- PM&R (Physical Medicine & Rehabilitation)
- Physical Therapy
- Rehabilitation Science

Why Minnesota?



Consistently ranked in the top 3 places to live according to US News and World Report



Fortune 500 Companies



Excellent healthcare environment

#AAPMR23 IS BACK IN THE "BIG EASY" AND BETTER THAN EVER!

We can't wait to welcome you to the "Big Easy" for physiatry's annual meeting—the 2023 AAPM&R Annual Assembly.

What makes the Annual Assembly so valuable is our member's diverse backgrounds and skill sets. The Program Planning Committee took great joy in highlighting the incredible work being done by our community by taking the presentations and research that you submitted and building a well-rounded program for all physiatrists. This year, we have more than 70+ clinical and practice symposia, including 36 that will be live-streamed across a variety of themes, so you can customize your educational experience! With more than 50 presentations in the Live Theater and 700+ ePosters displayed on video stations, AAPM&R's Research Hub is the place to discover cutting-edge research presented by your peers.

Focusing on the theme of *Boldly Securing Your Future*, we have an incredible lineup of plenary speakers joining us in New Orleans, including:

- ✓ Thursday, November 16: Daniel Kraft, MD
The Future of Health and Medicine: Where Can Technology Take Us?
- ✓ Friday, November 17: Jennifer Golbeck
Artificial Intelligence and the Future of Healthcare
- ✓ Saturday, November 18: Tali Sharot, PhD
The Science of Behavior Change
- ✓ Sunday, November 19: PhyzTalks Finalists

We've also planned a PM&R Party that can't be missed! Get ready to take the field of the New Orleans Superdome for three hours of fun, food and football under the Friday Night Lights. And of course, we'll celebrate Physiatry Day with an array of interactive experiences and fun ways to connect with your peers.

A virtual attendance option will also be available, so everyone can attend and have access to the most up-to-date content in our field. You'll enjoy more live-streamed sessions, including our plenary speakers, and have many opportunities to interact with the Assembly community. All attendees will be able to access all session recordings through AA Rewind for up to one year, with the ability to earn more than 100 AMA PRA Category 1 Credits™.

And, in our continued efforts to offer flexible options and meet our members' needs at the Annual Assemblies, we are excited to announce that the 2023 Annual Assembly will offer onsite child care services!

We can't wait to make memories with you, so join us in New Orleans, LA November 15-19, 2023. Only at #AAPMR23 can you take away new information in the field, connect with friends and colleagues, celebrate Physiatry Day, discover new research and reinvigorate your passion for our specialty.

I hope to see you in New Orleans! Register now at aapmr.org/2023.

Sarah Hwang, MD, FAAPMR
AAPM&R Program Planning Committee Chair

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z.umn.edu/RehabMed23



The University's mission, carried out on multiple campuses and throughout the state, is threefold: research and discovery, teaching and learning, and outreach and public service. The University of Minnesota is an equal opportunity educator and employer.




Department of
Rehabilitation Medicine
UNIVERSITY OF MINNESOTA
Driven to Discover®




JUMP-START YOUR ASSEMBLY EXPERIENCE

STEP One: Ultrasound Clinical Applications of the Extremities Course

 Tuesday, November 14 and Wednesday, November 15
8 am-5 pm (CT)

Take the first step in your ultrasound education with AAPM&R's STEP One: Ultrasound Clinical Applications of the Extremities pre-course. Interested in learning how you can apply clinical ultrasound in your practice? This two-day course will help you learn how to utilize ultrasound with patients who have musculoskeletal and neurologic diagnoses. *This course is a required component of AAPM&R's STEP Ultrasound Certificate Program. It's highly encouraged to enroll in the AAPM&R STEP Ultrasound Certificate Program and/or have completed STEP pre-requisite components to attend this course.* Visit aapmr.org/step or email education@aapmr.org for more information.

STEP Concussion and Mild TBI Certificate Program: Live Course


















 Tuesday, November 14 and Wednesday, November 15
8 am-5 pm (CT)

AAPM&R has recently launched its third STEP program, the STEP Concussion and Mild TBI Certificate Program! The second step of the program is the live course, which will take place prior to the Annual Assembly. This two-day course is an intensive, hands-on program that will elevate the attendee's knowledge and skills in the evaluation and management of concussion and mild traumatic brain injury. A combination of didactic lectures and hands-on training will be taught by world-class faculty. *This course is a required component of AAPM&R's STEP Concussion and Mild TBI Certificate Program. You must be enrolled in the AAPM&R STEP Concussion Certificate Program and have completed STEP pre-requisite components to attend this course.* Visit aapmr.org/step or email education@aapmr.org for more information.

IN-PERSON IN NEW ORLEANS

We can't wait to welcome you to the "Big Easy" for an event as exciting as the city itself. AAPM&R's 2023 Annual Assembly will feature innovative learning opportunities, valuable networking, a variety of educational sessions and hands-on Skills Labs, and cutting-edge research—all dedicated to *Boldly Securing Your Future*. Join us for psychiatry's premier educational and networking event, where thousands of PM&R physicians will come together for a week of learning, camaraderie and fun.

Your In-person Experience Includes:

-  Access to all Plenary and Symposia sessions and events
-  Welcome Reception, alumni receptions and more networking than ever before!
-  PM&R Party: On the Field of the Superdome 
-  AAPM&R's Job and Fellowship Fair, the largest PM&R-specific job fair in the country (Wednesday, November 15 from 6:30-9 pm CT)
-  Two pre-conference courses: STEP One: Ultrasound Clinical Applications of the Extremities Course and STEP Concussion and Mild TBI Certificate Program: Live Course 
-  Ten hands-on Skills Labs led by experts 
-  All symposia will be recorded and available to registered attendees following the Assembly for one year, with the opportunity to earn more than 100 AMA PRA Category 1 Credits™.
-  Interactive PM&R Pavilion for networking, Member Meet-ups and informal learning, with new dedicated morning and lunchtime hours
-  Hundreds of exhibits featuring PM&R products, services and solutions
-  Sponsored Education Sessions
-  Research Hub: ePoster Hall, research with best-of spotlight sessions and lunchtime poster presentations
-  Learning Center with hands-on demonstrations across various clinical areas
-  Career Corner with in-person CV reviews and small-group discussion sessions
-  Member Meet-ups: Member Communities' area to connect with each other, share experiences and advance the future of the specialty together

ONSITE CHILD CARE

AAPM&R is pleased to offer onsite child care during the 2023 Annual Assembly! Child care is available to children ages 6-weeks to 17-years-old. Children will participate in age-appropriate activities including arts and crafts, active games and more in a safe and nurturing environment.

Child care services will be available Thursday-Saturday from 7:30 am-5:30 pm (CT) and Sunday from 7:30-11 am (CT). Additional fees apply. Annual Assembly attendees in need of child care services are encouraged to **register before September 8, 2023, to guarantee a spot.**




For more information, visit aapmr.org/aachildcare.



A VIRTUAL ATTENDANCE OPTION

For those who can't travel this year, we also have a virtual attendance option. Virtual attendees will enjoy 24/7 access to all the great education that the Assembly is known for—online from their home or office. All sessions will be available on-demand for one year to all registered attendees.

Your Virtual Experience Includes:

-  Four plenary sessions and 36 symposia sessions live-streamed, with real-time interaction
-  All in-person and virtual sessions (70+) will be recorded and available to registered attendees following the Assembly for one year, with the opportunity to earn more than 100 AMA PRA Category 1 Credits™.
-  Research Hub with a poster wall including pre-recorded presentations



 = in-person sessions  = sessions also live-streamed  = paid ticket required

aapm&r Registry

Better Practice. Better Outcomes.

Champions for Real-World Data Collection

Healthcare is quickly changing, and collecting data is becoming increasingly important. We've seen that rehabilitation is consistently devalued, and with no integrated way to assess clinical care and patient outcomes, the care continuum is both inefficient and ineffective. Outcomes are unclear, clinicians are stressed and we cannot prove results to our patients and payers. The Academy believes that measuring data and benchmarking data can help PM&R move beyond these burdens and the AAPM&R Registry is the tool that will help us get there.

To help us reach these goals, the AAPM&R Registry has been working with a number of leading institutions who recognize the importance of this effort and are leading the way for PM&R data collection:



To learn more about AAPM&R's Registry, visit aapmr.org/registry. If you are interested in becoming a champion yourself, contact registry@aapmr.org.

 = paid ticket required.

TECHNOLOGY-FOCUSED PLENARY SESSIONS LIVE-STREAMED FROM NEW ORLEANS

AAPM&R brings in the speakers that you want to hear from and 2023 is no different. Focusing on the theme of *Boldly Securing Your Future*, we are pleased to welcome our incredible plenary speakers joining us in New Orleans!



THURSDAY, NOVEMBER 16: **OPENING PLENARY AND PRESIDENTIAL ADDRESS**
Steven R. Flanagan, MD, FAAPMR, AAPM&R President and Daniel Kraft, MD

The Future of Health and Medicine: Where Can Technology Take Us?

Daniel Kraft is a Stanford and Harvard-trained physician-scientist, inventor and entrepreneur. With more than 25 years of experience in clinical practice, biomedical research and healthcare innovation, Dr. Kraft has served as faculty chair for Medicine at Singularity

University since its inception in 2008, and is founder and chair of NextMed Health, a program that explores convergent, rapidly developing technologies and their potential in biomedicine and healthcare. He is the founder of Digital.Health, co-founder and partner at Continuum Health Ventures, and is serving as the Chair of the XPRIZE Pandemic & Health Alliance Task Force, where he recently co-led the rapid COVID diagnostics XPRIZE. This presentation will examine rapidly-emerging, game-changing, and convergent technology trends and how they are and will be leveraged to change the face of healthcare and the practice of medicine in the next decade.



FRIDAY, NOVEMBER 17: **PLENARY SESSION**
Jennifer Golbeck

Artificial Intelligence and the Future of Healthcare

Jennifer Golbeck is a professor in the College of Information Studies and director of the Social Intelligence Lab at the University of Maryland, College Park. Dr. Golbeck began studying social media from the moment it emerged on the web, and she is one of the world's foremost experts in the field. Her research has

influenced industry, government and the military. She is a pioneer in the field of social data analytics and discovering people's hidden attributes from their online behavior, and she is a leader in creating human-friendly security and privacy systems. This presentation will discuss how artificial intelligence is transforming industries. As AI plays a larger role in the healthcare environment, medical professionals are tasked with understanding the benefits and potential pitfalls, while also learning the strategies for using the technology ethically and helpfully to minimize harm.



SATURDAY, NOVEMBER 18: **FIFTY-FIFTH WALTER J. ZEITER LECTURE AND AWARDS VIDEO PRESENTATION**
Tali Sharot, PhD

The Science of Behavior Change

Tali Sharot is the director of the Affective Brain Lab. She is a professor of Cognitive Neuroscience in the department of Experimental Psychology and The Max Planck UCL Centre for Computational Psychiatry at University College London and on the faculty of the Department of Brain and Cognitive Sciences at MIT.

Professor Sharot is a Wellcome Trust Senior Research Fellow and has held fellowships from the British Academy and the Forum of European Philosophy. Her research integrates neuroscience behavioral economics and psychology to study how emotion and motivation influences people's beliefs, decisions and social interactions. This presentation will share which factors – according to science – have the largest impact on people's actions, and way. Using her own cutting-edge research, she explains how we can use innate human tendencies (such as the joy of progress, the power of immediate rewards and social incentives), to nudge people in the right direction, and which commonly used approaches often back-fire.

SUNDAY, NOVEMBER 19: **BREAKFAST AND CLOSING PLENARY SESSION FEATURING PHYZTALKS**

PhyzTalks

We're putting members front and center at the Annual Assembly. Join us for a hot buffet breakfast and hear our PhyzTalks finalists share their unique and inspirational stories.



 = in-person sessions  = sessions also live-streamed

TOP-NOTCH PM&R EDUCATION FOR OUR COMMUNITY

Education is a fundamental offering that impacts PM&R practitioners across all clinical focus and practice areas, career stages and levels of expertise. The Academy is committed to being the go-to resource for the best and most relevant continuing education for members. And nowhere is that more evident than at the Annual Assembly, where we are *Boldly Securing Your Future* by providing top-notch education to PM&R physicians across all career levels and sub-specialties.

Enjoy 70+ clinical and practice symposia (including 36 live-streamed), organized by clinical and practice themes so you can customize your educational experience with what's most important to you and your practice. Registered attendees will have access to all sessions for up to one year so they can keep learning long after the Assembly is over, with the opportunity to earn more than 100 AMA PRA Category 1 Credits™.

Pediatrics Day

 Wednesday, November 15



For the first time, Pediatric Rehabilitation Medicine Day ("Peds Day") will be held at the Convention Center as a pre-event to the Annual Assembly. Organized by Ochsner Hospital for Children in collaboration with the Pediatric Rehab Community, this event will offer a full day of interactive education and networking. Save the date and plan ahead to attend this popular event! Separate registration and fees will apply.


Hands-on Skills Labs Led by PM&R Experts

Register for a Skills Lab and enjoy a three-hour intensive educational experience that's second to none. Taught by PM&R experts, these labs offer a blend of didactic and hands-on learning, covering topics such as ultrasound, spasticity and orthobiologics. Be sure to register early since space is limited to ensure the best learning experience for attendees. Choose from 10 interactive sessions this year. *Additional registration and fees apply for these in-person labs.*

ADDITIONAL IN-PERSON EXPERIENCES

In addition to all the great education at #AAPMR23, take part in these events. Find more networking opportunities and receptions on page 13.


AAPM&R Job and Fellowship Fair

 Wednesday, November 15, 6:30-9 pm (CT)

Attend the AAPM&R Job and Fellowship Fair to take the next step in your PM&R career. More than 100 institutions and practices from around the country are represented each year at the largest PM&R-specific career event in the country! Plan ahead with the Job and Fellowship Fair floorplan and other resources at aapmr.org/jobfair.

Is your organization looking for ideal candidates for open positions and fellowship spots? Participate in the 2023 Job and Fellowship Fair. Limited premium booth spaces are available! Register your organization for the event online at aapmr.org/jobfairexhibitors or call (847) 737-6078 for more information.

AAPM&R Town Hall

 Friday, November 17, 4:30-5:30 pm (CT)

Your Board of Governors encourages you to attend your Town Hall. The Town Hall's informal setting offers an inviting way to make an in-person connection with the members of your Board of Governors who have set aside this time during the Assembly specifically to address your questions and hear your feedback.


AAPM&R Business Meeting

 Saturday, November 18, 12:15-1:15 pm (CT)

During this formal annual Business Meeting, the Membership Report, the Nominating Committee Report and Bylaws recommendations are formally presented for member vote. Attendees will hear a review of 2023 activities and get a preview of 2024 priorities and initiatives. (Only voting members of the Academy may vote, but all members are encouraged to attend.)

Member Resource Center

Connect with Academy staff and discover how you can play a role in helping to advance the specialty. Learn about AAPM&R initiatives as well as resources for psychiatrists looking to *Boldly Secure Their Future*.

 = paid ticket required.

PM&R PAVILION

The PM&R Pavilion is the central hub for attendees to network, find innovative solutions to their practice needs and challenges, and discover the latest education. Enjoy new PM&R Pavilion hours in 2023 to expand your learning experience. Take your pre-session morning coffee breaks and lunch breaks in the hall while experiencing the interactive Learning Center and engaging Career Corner, visiting exhibit booths, attending Sponsored Education Sessions, exploring the Research Hub and more!

 **Thursday, November 16**

11:30 am-2:30 pm (CT)*
5-7 pm (CT)—Welcome Reception
*Note: The PM&R Pavilion will close from 2:30-5 pm (CT)

 **Friday, November 17**

8 am-2 pm (CT)

 **Saturday, November 18**

8 am-1:30 pm (CT)



IPSEN Tissue and Ultrasound Learning Lab

 **Thursday, November 16 and Friday, November 17**

Intensive workshops providing anatomy education and hands-on injection practice using ultrasound for the treatment of upper and lower limb spasticity. Attendees will receive hands-on training from industry experts to help improve their skills in muscle selection, proper injection techniques, and targeting for chemodenervation procedures as well as practice with ultrasound. See the *Official Program* for a full listing of the IPSEN Learning Lab mini-sessions, demonstrations and hands-on learning stations.

Meet Our Exceptional Exhibitors

AAPM&R's Annual Assembly brings in the exhibitors that you want to see. Top vendors will showcase innovative products and services to address the needs of physiatrists and their practice teams who want to stay competitive in today's ever-changing healthcare environment.

Explore and learn about cutting-edge products, services and solutions to assist you and enhance your patient care. See pharmaceutical, device and technology companies, publishers, institutions and more—all on our massive show floor!

Visit aapmr.org/2023 to view the current interactive floor plan and list of exhibitors.



 = in-person sessions

LEARNING CENTER

Held in the PM&R Pavilion, the Learning Center is your destination for high-quality demonstrations. Leading experts will demonstrate new technologies available in different clinical areas. The Learning Center will be open throughout the Assembly and is included in your registration.

Visit aapmr.org/2023 for the most up-to-date schedule.

Sponsored Learning Center Hands-On Sessions Presented by:



Please check the mobile app or aapmr.org/2023 for the most up-to-date sponsored sessions and schedule.

Member Meet-ups

For Member Communities in need of a private meeting space, an online application can be completed at aapmr.org/membercommunities. If you have additional questions, please contact membercommunities@aapmr.org. Space will be available on a first-come, first served basis.

Meet the Experts

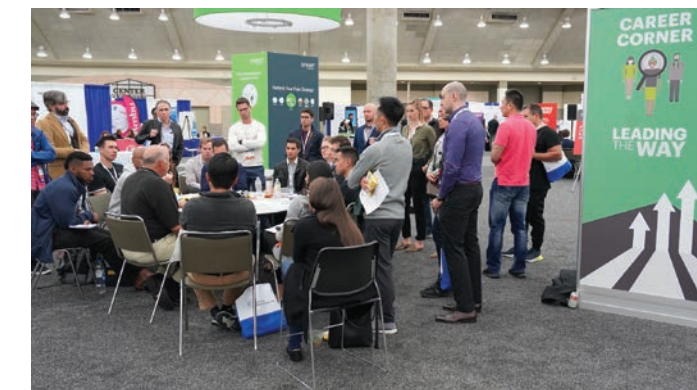
These new, informational sessions are a great way to start your day. Pioneers in PM&R will give in-depth presentations in their areas of expertise. Q&A offers a platform to dialogue with these recognized leaders.

Research Hub

Discover cutting-edge research in 50+ stage and 700+ electronic poster presentations by your peers. Attendees can peruse ePosters at their leisure via the self-directed digital kiosks and can attend live lunchtime presentations. Don't miss this opportunity to connect with researchers! Please check the mobile app or aapmr.org/2023 for the most up-to-date Live Theater schedule.








AAPM&R Career and Fellowship Corner Your One-Stop PM&R Career Shop!



Visit the Career Corner—located in the Learning Center—to learn more about the Academy's career development resources and tools. Meet with industry representatives who will answer your questions and provide advice about navigating all aspects of physiatry.

Stop by during regular exhibit hours and find information about:

-  AAPM&R's Job and Fellowship Board—Your go-to source for PM&R career opportunities at your fingertips 24/7
-  Career enhancement resources to position you and your practice for success—at every career level
-  Discussions with PM&R thought-leaders on a variety of career-related topics relevant to physiatrists
-  CV reviews from Academy volunteers and industry experts so you can put your best foot forward
-  Available volunteer opportunities to enhance your CV and leadership skills

Advanced registration for roundtable discussions and additional fees are not required. Advanced registration is required for CV review sessions. A full schedule of events, including how to register for CV reviews, will be available closer to the Assembly.

Sponsored Education Theaters

Grab a bite to eat while furthering your education by attending these sessions. Today's thought-leaders will be on-hand to present on topics including patient education, specific products and therapeutic areas. Sponsored Education Theaters are independent and do not offer CME credit. Check aapmr.org/2023 for more information and the latest listing of presentations.

 **Wednesday, November 15**

5:45-6:30 pm (CT)
Sponsored Resident Education Theater



 **Thursday, November 16**

1-2 pm (CT)
Sponsored Educational Theaters

 **Friday, November 17**

12:15-1:15 pm (CT)
Sponsored Educational Theaters

 **Saturday, November 18**

12:15-1:15 pm (CT)
Sponsored Educational Theaters

AAPM&R does not endorse advertising companies or their products or services.

THIS IS NEW ORLEANS!

Known as the “Big Easy,” New Orleans is world-renowned for its distinctive music, Creole cuisine and unique celebrations and festivals. The heart of the city is the French Quarter, a historic neighborhood known for its French and Spanish Creole architecture and vibrant nightlife along Bourbon Street.

- ✔ The **Audubon Aquarium** is consistently ranked as one of the best in the country. Its immersive, awe-inspiring exhibits transport visitors to the underwater worlds of the Caribbean, the Gulf of Mexico and the Amazon Rainforest. Home to more than 250 species and 3600 animals, the Audubon Aquarium delivers a one-of-a-kind-experience and it is just steps away from our HQ hotel.
- ✔ The **National World War II Museum** takes visitors on a powerful and inspiring journey through the eyes of the men and women who fought for freedom and democracy in the war that changed the world. Immersive galleries, interactive experiences, oral histories and more bring the American experience during WWII to life.
- ✔ Breakfast or late afternoon snack? **Café Du Monde** is arguably the biggest staple in the city. Your visit to the French Quarter isn't complete without a taste of their famous beignets.

All educational sessions, registration, scientific posters and the PM&R Pavilion will be held at the:

Ernest N. Morial Convention Center:
900 Convention Center Blvd, New Orleans, LA

For safety updates and more, read our FAQs at aapmr.org/assembly-faqs.

See pages 28 and 29 for pricing and registration information.



HOTEL AND TRAVEL

Accommodations

AAPM&R is partnering with HelmsBriscoe as the Official Housing Bureau of the Annual Assembly. Reserving your accommodations through our official housing partner is a secure and convenient process. Once you book your hotel and your reservation has been confirmed, you will receive a confirmation email from aapmrhousing@helmsbriscoe.com. You will not receive a confirmation directly from your hotel. The AAPM&R Housing Team at HelmsBriscoe will send an updated confirmation that includes complete reservation information, as well as your hotel confirmation number closer to the Annual Assembly.

If you have any questions regarding your hotel reservation, please contact the AAPM&R Housing Customer Service Team via email at aapmrhousing@helmsbriscoe.com.

The Ernest N. Morial Convention Center is just a short walk from our Annual Assembly hotels:

Hilton New Orleans Riverside – Headquarters Hotel
2 Poydras Street
New Orleans, LA 70130
Single/Double Occupancy - \$284/night

Embassy Suites New Orleans
315 Julia Street
New Orleans, LA 70130
Single/Double Occupancy - \$202/night

Hampton Inn & Suites New Orleans Convention Center
1201 Convention Center Blvd
New Orleans, LA 70130
Single/Double Occupancy - \$222/night

Hyatt Place New Orleans Convention Center
881 Convention Center Blvd
New Orleans, LA 70130
Single/Double Occupancy - \$192/night

Omni Riverfront
701 Convention Center Blvd
New Orleans, LA 70130
Single/Double Occupancy - \$192/night

Reservations are made on a first-come, first served basis. The cutoff date for discounted rooms is **October 18, 2023** and is subject to room and rate availability.

For travel, airport or ground transportation information, visit aapmr.org/hotelandtravel.




**BOLDLY
SECURING
YOUR
FUTURE**



PM&R PARTY: ON THE FIELD OF THE SUPERDOME   = paid ticket required.

Team Physiatry, get ready to take the field! Join us on Friday night for a party that's not to be missed. We'll take to the turf inside the New Orleans Superdome for a night of food, music, fun and football.

 Friday, November 17, 7-10 pm (CT)

Challenge yourself on a "no skills required" hands-on interactive experience and pass, kick, catch, run and cheer like a pro with your fellow physiatrists. What better way to connect and network after a long day of learning than with a mixture of food, drinks, music and football?

Whether you are team AFC, team NFC or team no football, on this night we're all on Team Physiatry! Be sure to wear your favorite team apparel and flat comfortable shoes. Participation on the interactive experience is optional; ADA options will be available.

Don't miss the party—get your ticket in advance to secure your spot. Tickets include dinner, drinks and transportation, and are only \$55 for attendees and non-attendee guests. Tickets are non-refundable after October 18, 2023.

THROW THE PERFECT PASS!



RACE AGAINST YOUR COLLEAGUE!



CHEER ON YOUR TEAM!

TAKE TO THE FIELD!



KICK A FIELD GOAL!



Photos courtesy of caesarssuperdome.com

*Subject to change




IN-PERSON NETWORKING AND FUN 

#AAPMR23 is all about making meaningful connections. Unite with your PM&R community onsite during a variety of entertaining experiences, including:


Community Networking

 Thursday, November 16 through Saturday, November 18
Participating Member Communities will be hosting in-person networking events during the Assembly. For those onsite in New Orleans, join your community on Thursday morning and kick off the conference with educational sessions just for your community's unique interests. You're welcome to attend as many sessions as you want—all are included in your registration.

First-Time Attendee Meet-Up

 Thursday, November 16, 10:45-11:15 am (CT)
First-time Assembly attendees are encouraged to add this session to their calendar. Join other "newbies" and learn all about the #AAPMR23 experience. With so much to do and see, we'll help you sort through everything, answer your questions and connect you with other first-timers.


Welcome Reception in the PM&R Pavilion

 Thursday, November 16, 5-7 pm (CT)
Mingle with your fellow attendees and exhibitors for drinks and appetizers while building your professional and social networks in a relaxed setting. This is great way to check out the exhibit hall and get a "taste" of all our exciting products, services and solutions. *(Guests and children must be registered for admittance to this event.)*




 = in-person sessions


The Oasis

 Thursday, November 16 through Saturday, November 18
Need to take a quick break from all the Annual Assembly action? We have the perfect place. Make your way to the Oasis Lounge to relax, catch up on emails, meet other attendees or join your peers for games.

State Society Meetings



 Thursday, November 16
Meet your local PM&R peers during one of our State Society meetings. *(A full listing of scheduled meetings will be posted closer to the event.)*

PHiT Fest


 Friday, November 17, 4:30-5:30 pm (CT)
We've reimaged the #AAPMR23 resident experience! Take part in a variety of fun activities, including a Trivia Game night, Happy Hour and Resident Town Hall. Watch for more information to come this summer.

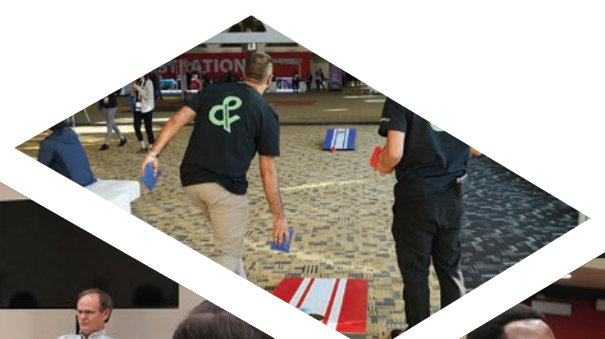


Pregame Party for Early-Career Networking

 Friday, November 17, 5:30-6:30 pm (CT)
 For our attendees 1-10 years post-training, stop by our pregame event before the PM&R Party to network with leaders in the field. Join us for drinks, appetizers and fun!

Alumni Receptions

 Saturday, November 18
Looking to reconnect with your former colleagues? Several schools and institutions will be hosting informal receptions during #AAPMR23. Don't miss yours. *(A full listing of scheduled meetings will be posted closer to the event.)*



Premier Rehabilitation in the New York Tri-State Region

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SKILLS LABS

Our Skills Labs are three-hour educational experiences, offering a blend of didactic and hands-on immersive learning. Skills Labs have a limited number of participants to ensure an intimate learning environment. Additional registration is required for these sessions; sign up early to reserve your seat!

THURSDAY, NOVEMBER 16

2:15-5:15 pm (CT)

(1801) The Art of Treating Spasticity: Ultrasound Workshop 

(1802) Clinical Applications of Orthobiologics: A Hands-On Workshop 

FRIDAY, NOVEMBER 17

9 am-12 pm (CT)

(1803) Practical Applications in Adaptive Sports Medicine 

(1804) Resident Bootcamp: Interventional Pain 

1:30-4:30 pm (CT)

(1805) Cervical and Thoracic Interventional Ultrasound Applications 

(1806) Resident Bootcamp: Spasticity 

SATURDAY, NOVEMBER 18

9 am-12 pm (CT)

(1807) Ultrasound Guided Denervation of Hip, Knee and Shoulder Pain 


(1808) Ultrasound-Guided Extremity Nerve Blocks with Alcohol and Botulinum Toxin Injections in Head and Neck Muscles for Spasticity Management 

1:30-4:30 pm (CT)

(1809) A Pain in the Rear: Ultrasound Evaluation of Chronic Gluteal Pain 

(1810) Ultrasound Evaluation of Peripheral Nerves 

 = All

 = Early-Career



 = in-person sessions  = paid ticket required.

IN-PERSON EDUCATION *(AND FUN!)* FOR EVERY CAREER LEVEL AT #AAPMR23

No matter where you are in your career path, the 2023 Annual Assembly has PM&R-focused education and networking tailored just for you. Make meaningful connections, enhance your skill set and have a little fun at psychiatry's largest gathering of the year.

MEDICAL STUDENTS ★

- ✓ Join the Medical Student program on Saturday morning
- ✓ Network at the Medical Student Reception with drinks and appetizers
- ✓ Join any of our 70+ sessions to learn the ins-and-outs of PM&R
- ✓ Discover the latest technological innovations, hands-on demonstrations and research in our PM&R Pavilion

RESIDENT MEMBERS ★

- ✓ Connect with your peers at PHiT Fest for three events just for you: trivia, happy hour and the in-training town hall
- ✓ Advance your career at the Job and Fellowship Fair and Career Corner
- ✓ Attend the Welcome Reception to explore the PM&R Pavilion and enjoy free music, food and drinks
- ✓ Register for two hands-on bootcamps designed specifically for residents

EARLY-CAREER MEMBERS ★

- ✓ Stop by our pre-game event before the PM&R Party to network with leaders in the field (for our attendees 1-10 years post-training)
- ✓ Visit the Career Corner to learn about the Academy's career development resources and tools, and attend the Job and Fellowship Fair
- ✓ Network with your Member Communities, State Societies and Alumni groups throughout the meeting
- ✓ Jump-start your Assembly experience with STEP pre-conference courses, including the new STEP Concussion and Mild TBI live course

FELLOW MEMBERS IN PRACTICE ★

- ✓ Join your fellow attendees for a night of dinner, fun and football at the PM&R Party: On the Field of the Superdome
- ✓ Reconnect with your former colleagues during our alumni receptions. Several schools and institutions will be hosting informal receptions during #AAPMR23
- ✓ Visit the PM&R Pavilion for complimentary hands-on learning, demonstrations and research, and stay for the free Welcome Reception for music, drinks and appetizers
- ✓ Network with your Member Communities throughout the Assembly, in-person educational sessions are happening on Thursday morning



VIRTUALLY FROM ANYWHERE

#AAPMR23 is more inclusive than ever with a virtual attendance option so that all psychiatrists have the opportunity to participate. Virtual attendees will enjoy 36 live-streamed sessions in real-time — followed by 24/7 access to all the great education that the Assembly is known for — online from their home or office. All you need is a computer or tablet. Following the live event, all sessions will be available on-demand for one year to all registered attendees, with the opportunity to earn 100+ CME credits.

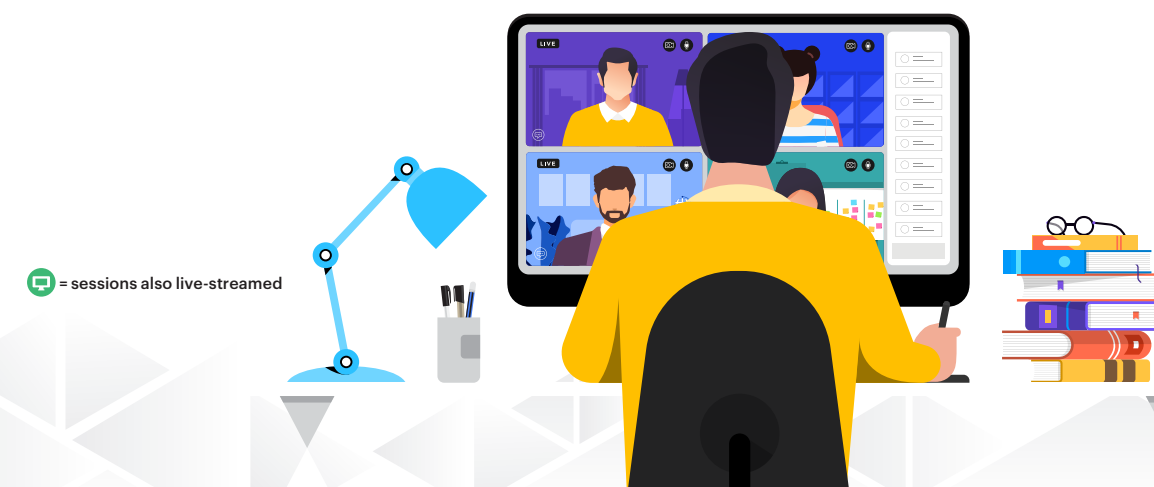
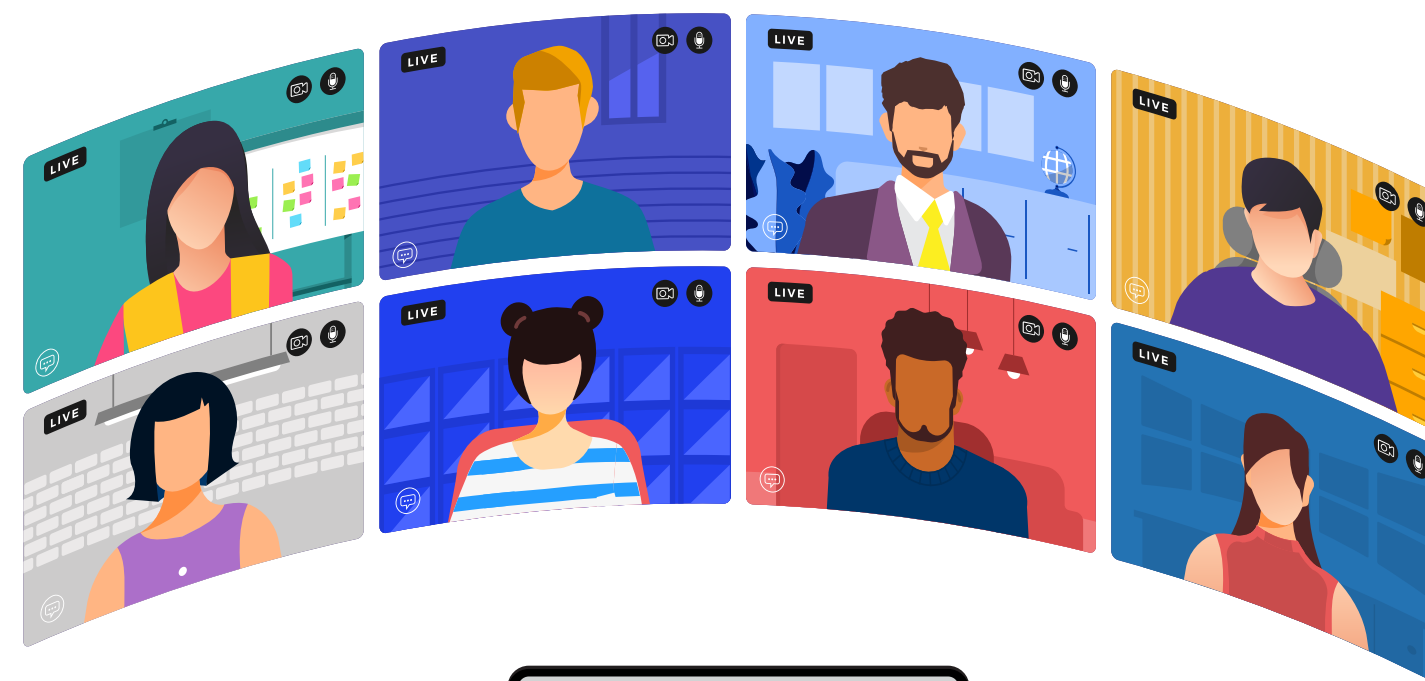



Live-Streamed Plenary Sessions

Join your colleagues in attendance in NOLA during four technology-focused plenary sessions and come together to hear thought-leaders share their valuable insights. Read more on page 6.

Clinical and Practice Symposia

Enjoy 36 live-streamed sessions in real-time — followed by 24/7 access to 70+ clinical and practice symposia across various themes so you can customize your educational experience with what's most important to you. All sessions will be recorded and made available to registered attendees, with the opportunity to earn more than 100 CME credits.



 = sessions also live-streamed



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Our regional footprint offers 4 adult rehab hospitals and 1 dedicated pediatric unit, 10 physician physical medical and rehabilitation clinics, and 21 outpatient therapy sites. Here's what to know:

Scan to take a virtual tour of
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Comprehensive, integrated rehabilitation services offered at Atrium Health Carolinas Rehabilitation, ranked as a Top-Rated Rehab Hospital by U.S. News & World Report



12 CARF-accredited programs, including Stroke, Cancer, Brain Injury and Spinal Cord Injury



Nation's first rehabilitation hospital to be an AHRQ designated Patient Safety Organization for EQUADRSM



Robust academic medical center with a PM&R Residency, Brain Injury and Cancer Rehabilitation Fellowships, and one of the region's largest PM&R research programs



Next generation academic health system is being created by Atrium Health and its combination with Wake Forest Baptist and the Wake Forest School of Medicine, slated to open 2025.

TUESDAY, NOVEMBER 14			
8 am-5 pm (CT)	PRE - CONFERENCE COURSE STEP One: Ultrasound Clinical Applications of the Extremities Course (Day 1)		
8 am-5 pm (CT)	PRE - CONFERENCE COURSE STEP Concussion and Mild TBI Certificate Program - Live Course (Day 1)		
WEDNESDAY, NOVEMBER 15			
8 am-5 pm (CT)	PRE - CONFERENCE COURSE STEP One: Ultrasound Clinical Applications of the Extremities Course (Day 2)		
8 am-5 pm (CT)	PRE - CONFERENCE COURSE STEP Concussion and Mild TBI Certificate Program - Live Course (Day 2)		
6:30-9 pm (CT)	JOB AND FELLOWSHIP FAIR		
THURSDAY, NOVEMBER 16			
8-10:45 am (CT)	MEMBER COMMUNITY EDUCATIONAL SESSIONS		
11:15 am-12:45 pm (CT)	OPENING PLENARY SESSION AND PRESIDENTIAL ADDRESS		
12:45-2:15 pm (CT)	LUNCH, LEARN AND NETWORK IN THE PM&R PAVILION		
2:15-3:30 pm (CT)	CONCURRENT SESSIONS	SKILLS LABS 2:15-5:15 pm (CT)	Beginning at 11:30 am (CT) • PM&R Pavilion • Learning Center • Research Hub
3:30-3:45 pm (CT)	BREAK		
3:45-5 pm (CT)	CONCURRENT SESSIONS		
5-7 pm (CT)	WELCOME RECEPTION IN THE PM&R PAVILION		
FRIDAY, NOVEMBER 17			
8-9:15 am (CT)	COFFEE, LEARN AND NETWORK IN THE PM&R PAVILION		
9:15-10:30 am (CT)	CONCURRENT SESSIONS	SKILLS LABS 9 am-12 pm (CT)	Beginning at 8 am (CT) • PM&R Pavilion • Learning Center • Research Hub
10:30-10:45 am (CT)	BREAK		
10:45 am-12 pm (CT)	PLENARY SESSION		
12-1:45 pm (CT)	LUNCH, LEARN AND NETWORK IN THE PM&R PAVILION		
1:45-3 pm (CT)	CONCURRENT SESSIONS	SKILLS LABS 1:30-4:30 pm (CT)	• PM&R Pavilion • Learning Center • Research Hub
3-3:15 pm (CT)	BREAK		
3:15-4:30 pm (CT)	CONCURRENT SESSIONS		
4:30-5:30 pm (CT)	PHIT FEST/AAPM&R TOWN HALL		
7-10 pm (CT)	PM&R PARTY: ON THE FIELD OF THE SUPERDOME		
SATURDAY, NOVEMBER 18			
8-9:15 am (CT)	COFFEE, LEARN AND NETWORK IN THE PM&R PAVILION		
9:15-10:30 am (CT)	CONCURRENT SESSIONS	SKILLS LABS 9 am-12 pm (CT)	Beginning at 8 am (CT) • PM&R Pavilion • Learning Center • Research Hub
10:30-10:45 am (CT)	BREAK		
10:45 am-12 pm (CT)	CONCURRENT SESSIONS		
12-1:30 pm (CT)	LUNCH, LEARN AND NETWORK IN THE PM&R PAVILION		
12:15-1:15 pm (CT)	AAPM&R BUSINESS MEETING		
1:30-2:45 pm (CT)	FIFTY-FIFTH WALTER J. ZEITER LECTURE AND AWARDS VIDEO PRESENTATION		
2:45-3 pm (CT)	BREAK		
3-4:15 pm (CT)	CONCURRENT SESSIONS	SKILLS LABS 1:30-4:30 pm (CT)	
4:30 pm (CT)	ALUMNI RECEPTIONS/MEDICAL STUDENT RECEPTION		
SUNDAY, NOVEMBER 19			
7:30-8:30 am (CT)	BREAKFAST AND COMMUNITY MEET-UPS		
8:30-10 am (CT)	BRUNCH AND CLOSING PLENARY SESSION FEATURING PHYZTALKS		



#aapmr23—TUESDAY, NOVEMBER 14—FULL SCHEDULE

TIME	PRE-CONFERENCE COURSES 
8 am-5 pm (CT)	STEP One: Ultrasound Clinical Applications of the Extremities Course (Day 1)
8 am-5 pm (CT)	STEP Concussion and Mild TBI Certificate Program - Live Course (Day 1)

#aapmr23—WEDNESDAY, NOVEMBER 15—FULL SCHEDULE

TIME	PRE-CONFERENCE COURSES 
8 am-5 pm (CT)	STEP One: Ultrasound Clinical Applications of the Extremities Course (Day 2)
8 am-5 pm (CT)	STEP Concussion and Mild TBI Certificate Program - Live Course (Day 2)
2:30-8:30 pm (CT)	REGISTRATION, MEMBER RESOURCE CENTER OPEN
6:30-9 pm (CT)	JOB AND FELLOWSHIP FAIR

#aapmr23—THURSDAY, NOVEMBER 16—FULL SCHEDULE

TIME	CONCURRENT SYMPOSIA	SKILLS LABS 
7 am-7 pm (CT)	REGISTRATION, MEMBER RESOURCE CENTER OPEN	
8-10:45 am (CT)	MEMBER COMMUNITY EDUCATIONAL SESSIONS	
10:45-11:15 am (CT)	FIRST-TIME ATTENDEE MEET-UP	
11:15 am-12:45 pm (CT)	OPENING PRESIDENTIAL ADDRESS AND PLENARY SESSION  Steven Flanagan, MD, FAAPMR and Daniel Kraft, MD	
11:30 am-2:30 pm; 5-7 pm (CT)	PM&R PAVILION OPEN	
12:45-2:15 pm (CT)	LUNCH IN THE PM&R PAVILION FEATURING: Career Corner, Sponsored Education Sessions, Learning Center, Member Meet-Ups and Research Sessions CAREER CORNER: CV Reviews HANDS-ON DEMONSTRATION: Diagnostic and Interventional Ultrasonography for Common Entrapment Neuropathies of the Upper Extremity; Incorporating Osteopathic Manual Therapy into Your Practice for the Management of Low Back Pain; AAPM&R Registry Dashboard RESEARCH SESSION: 1901. MSK Research Spotlight	

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 = paid ticket required.  = live-streamed sessions.

CONTINUED ON THE NEXT PAGE 

#aapmr23—THURSDAY, NOVEMBER 16—FULL SCHEDULE

TIME	CONCURRENT SYMPOSIA	SKILLS LABS 
2:15-3:30 pm (CT)	1101. Fundamentals in Radiology – Hip [MSK/SPORTS]  1201. Brain Injury and Neurodegenerative Disease: Studying Athletes and Military Veterans [CNS]  1401. Lower Limb Orthotics for Neurorehabilitation: Why and How [CLINICAL TECHNIQUES]  1501. Viewpoints on Joints and Pseudo-Joints with a Focus on Radiofrequency Ablations [PAIN AND SPINE]  1301. Transitioning to Value-Based Stroke Care [BOLD] 1302. Improving Efficiency in Patient Throughput in Acute Care – Demonstrating the Value of Physiatry [BOLD] 1303. Reach for Your Dreams: Pursuing Leadership Positions in PM&R [PRACTICE MANAGEMENT] 1402. Updates in Post Mastectomy Pain [CANCER] 1701. If the Shoe Fits: Current Fellows Reflect on Finding the Right Fit [IN-TRAINING/EARLY-CAREER]	2:15-5:15 pm (CT) 1801. The Art of Treating Spasticity: Ultrasound Workshop  1802. Clinical Applications of Orthobiologics: A Hands-On Workshop 
3:30-3:45 pm (CT)	BREAK	
3:45-5 pm (CT)	1102. The Art and Politics of Sports Medicine: Leadership and Lessons You Don't Learn in Training [MSK/SPORTS]  1202. Spasticity Practice Guidelines for Physiatrists: The Latest in Assessing, Diagnosing and Treating Spasticity in Adults and Children [SPASTICITY]  1203. Beyond Radiculopathy: Electrodiagnosis of Spinal Conditions and Mimics [EMG/NEUROMUSCULAR]  1403. Fellowships in PM&R – Death of the Generalist? [LEADERSHIP]  1304. Back to Basics: Value-Based Payment 101 [PRACTICE MANAGEMENT] 1404. Being a Pediatric Rehab Consultant: The Good, the Bad and the Other! Panel Discussion Revolved Around Pediatric Rehab Medicine Consult Services [PEDIATRICS] 1405. Advances in Lymphedema Management and Unique Presentation in Cancer [CANCER] 1406. The Advanced Rehabilitation Model (AMRM) – A Systems Based Approach to Increasing Value [GENERAL] 1502. Pain Management in Diverse Populations: Cultural and Practical Considerations [PAIN AND SPINE]	
5-7 pm (CT)	WELCOME RECEPTION IN THE PM&R PAVILION Career Corner, Sponsored Education Sessions, Learning Center, Member Meet-Ups and Research Sessions CAREER CORNER: CV Reviews HANDS-ON DEMONSTRATION: Musculoskeletal Ultrasound: Lower Limb Evaluation; Manual Medicine Workshop: Structural Examination and Muscle Energy Treatments for Pelvis, SI Joint and Lumbar Somatic Dysfunction RESEARCH SESSION: 1902. Pandemic Research Spotlight, 1903. General Rehabilitation Spotlight	

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= paid ticket required.
 = sessions also live-streamed.

TIME	CONCURRENT SYMPOSIA	SKILLS LABS
7 am-5:30 pm (CT)	REGISTRATION, MEMBER RESOURCE CENTER OPEN	
8 am-2 pm (CT)	PM&R PAVILION OPEN	
8-9:15 am (CT)	COFFEE IN THE PM&R PAVILION FEATURING: Career Corner, Sponsored Education Sessions, Learning Center, Member Meet-Ups and Research Sessions CAREER CORNER: CV Reviews HAND-ON DEMONSTRATIONS: Evaluation of Low Back Pain and Correlation with Injection Procedures; Best Evidence-Based Clinical Practices in Shoulder Pain – Combination of Physical Exam and Point of Care Ultrasound for Diagnosis and Treatment; AAPM&R Registry Dashboard MEET THE EXPERT SESSION: Lifestyle Medicine RESEARCH SESSION: 1904. Pain and Spine Research Spotlight	
9:15-10:30 am (CT)	1204. Point/Counterpoint: Debating Controversial Neurorehabilitation Topics [CNS] 1407. Cancer Pain & Rehabilitation: Do We Need a New Sub-Specialty? [CANCER] 1408. Updates in the Management of Post-COVID Conditions: Essential Knowledge for Physiatrists Part 1 [GENERAL] 1409. Advanced Hypertonia Management in Children: Who, What, When and Why Not [PEDIATRICS] 1103. Post-Traumatic Arthritis: Mechanisms, Risk Factors and New Treatments [MSK] 1205. Dispatches from the Concussion Field: ACRM's Updated Definition of Mild TBI and CARF International's New Concussion Program Accreditation Standards [CNS] 1305. Finding Joy in Physiatry at Different Career Stages [LEADERSHIP] 1306. The Secrets to Making Data Your Friend: How AAPM&R Registry Participants are Using Their Data to Improve Care for Stroke and Low Back Pain Patients [BOLD] 1307. Widening the Door to Improve Health and Healthcare [BOLD] 1702. Things We Need to Know Transitioning into Practice Compared to Residency [IN-TRAINING/EARLY-CAREER]	9 am-12 pm (CT) 1803. Practical Applications in Adaptive Sports Medicine 1804. Resident Bootcamp: Interventional Pain
10:30-10:45 am (CT)	BREAK	
10:45 am-12 pm (CT)	PLENARY SESSION Jennifer Golbeck, PhD	
12-1:45 pm (CT)	LUNCH IN THE PM&R PAVILION FEATURING: Career Corner, Sponsored Education Sessions, Learning Center, Member Meet-Ups and Research Sessions CAREER CORNER: CV Reviews HAND-ON DEMONSTRATIONS: Hands-On Ultrasound Guidance for Upper and Lower Limb Chemodenervation Procedures; Medical Emergencies in Sports Coverage – From Injury to Natural Disasters; Primal Critical Care; Evaluation of Cervical Spine Pain and Correlation with Injection Procedures RESEARCH SESSIONS: 1905. Late-Breaking Research Spotlight, 1906. Neurorehabilitation Research Spotlight	

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TIME	CONCURRENT SYMPOSIA	SKILLS LABS
1:45-3 pm (CT)	1104. The Regulatory Landscape of Orthobiologics – If I'm Confused, You Must Be Too [MSK] 1206. SCI Updated Clinical Practice Guidelines: Autonomic Dysfunctions, Bone Health and Mental Health Disorders [CNS] 1410. Updates in the Management of Post-COVID Conditions: Essential Knowledge for Physiatrists Part 2 [GENERAL] 1503. Updates on Billing, Coding and Reimbursement in Pain & Spine Medicine [PAIN AND SPINE] 1207. Stroke Journal Club (...On Steroids!) [CNS] 1308. Advocacy 101: Getting Involved at the Local, State and National Levels as PM&R Physicians [LEADERSHIP] 1309. Understanding and Demonstrating Your Worth: What is the Value of Physiatry in Healthcare? [BOLD] 1411. Assessing Health and Function by Combating Age-Related Carcopenia, Chronic Disease and Weight Stigma: It's More than BMI! [POPULATION HEALTH] 1703. Navigating Inappropriate/Unethical/Biased Situations [IN-TRAINING/EARLY-CAREER] 1907. Top Papers in Pediatric Rehabilitation Medicine [PEDIATRICS]	1:30-4:30 pm (CT) 1805. Cervical and Thoracic Interventional Ultrasound Applications 1806. Resident Bootcamp: Spasticity
3-3:15 pm (CT)	BREAK	
3:15-4:30 pm (CT)	1208. Stroke Recovery and Rehabilitation: Debating the Controversies [CNS] 1209. Using Electrodiagnostics in the Pursuit of Better Patient Care – An EMG Case-Based Discussion [EMG/NEUROMUSCULAR] 1412. Personal Finances and Compensation [GENERAL] 1504. Concerns with Steroid Use in Patients with Musculoskeletal and Spine Problems: What Do We Do About the Current Overuse of All Forms of Steroids? [PAIN AND SPINE] 1105. Understanding and Managing Pediatric Fractures [MSK] 1106. Hip and Joint Tendon Injury Update: From Front to Back [MSK] 1413. Case Studies in the Longitudinal Management of Patients with Amputation [NEW TECHNOLOGIES] 1704. E-Sports Medicine [IN-TRAINING/EARLY-CAREER] 1908. Past, Present and Future of Pediatric Rehabilitation Medicine: Research Updates and State of the Field [PEDIATRICS]	
4:30-5:30 pm (CT)	PHIT FEST: TOWN HALL, TRIVIA, HAPPY HOUR/AAPM&R TOWN HALL	
5:30-6:30 pm (CT)	PREGAME PARTY FOR EARLY-CAREER NETWORKING	
7-10 pm (CT)	PM&R PARTY: ON THE FIELD OF THE SUPERDOME	

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TEAM PHYSIATRY, GET READY TO CELEBRATE #PHYSIATRYDAY!

Friday, November 17

In-person in New Orleans and virtually. We are excited to celebrate all the aspects of physiatry and the great work that you do. Stay tuned for more details coming soon.



visualized by infactorystudio.com

#aapmr23—SATURDAY, NOVEMBER 18—FULL SCHEDULE

= paid ticket required.
 = sessions also live-streamed.

TIME	CONCURRENT SYMPOSIA	SKILLS LABS
7 am-4:30 pm (CT)	REGISTRATION, MEMBER RESOURCE CENTER OPEN	
8 am-1:30 pm (CT)	PM&R PAVILION OPEN	
8-9:15 am (CT)	COFFEE IN THE PM&R PAVILION FEATURING: Career Corner, Sponsored Education Sessions, Learning Center, Member Meet-Ups and Research Sessions CAREER CORNER: CV Reviews HAND-ON DEMONSTRATIONS: Winging It – Clinical Evaluation of Scapular Dyskinesia; Improving Your Lumbar Puncture Skills MEET THE EXPERT SESSION: Imaging RESEARCH SESSION: 1909. Pediatric Rehabilitation Research Spotlight	
9:15-10:30 am (CT)	1107. AMSSM Exchange Lecture [MSK] 1210. Spasticity Management Beyond Botulinum Toxins [SPASTICITY] 1312. Workability: Helping Patients Manage Their Disability and Preventing Job Loss [PRACTICE MANAGEMENT] 1505. Spine Rounds – Challenging Case Reviews with an Expert Panel [PAIN AND SPINE] 1211. Reducing Barriers to Detecting Consciousness: Comparing Approaches Across Disorders of Consciousness Programs [CNS] 1310. Inpatient Evaluation and Management Documentation and Coding for 2023 and Beyond [PRACTICE MANAGEMENT] 1311. Learn About Exam Development with ABPMR [BOLD] 1415. Making Sense of Muscle Wasting [CANCER] 1416. Non-Clinical Careers for Physiatrists [BOLD] 1705. Filling Opportunity Gaps in Training: Getting Experience in What You Didn't [IN-TRAINING/EARLY-CAREER]	9 am-12 pm (CT) 1807. Ultrasound Guided Denervation of Hip, Knee and Shoulder Pain 1808. Ultrasound-Guided Extremity Nerve Blocks with Alcohol and Botulinum Toxin Injections in Head and Neck Muscles for Spasticity Management
10:30-10:45 am (CT)	BREAK	
10:45 am-12 pm (CT)	1108. Point/Counterpoint: Meniscus Tears [MSK] 1212. Spasticity's Evil Cousin: Challenges to Evaluation and Management of Secondary Dystonia Due to Cerebral Palsy, Stroke or Brain Injury [SPASTICITY] 1313. Ask the Experts: A Medical Cannabis Practice Roundtable [PRACTICE MANAGEMENT] 1506. Pelvic Pain Conditions: Diagnosis and Management [PAIN AND SPINE] 1413. Taking the Next Step: Advances in Amputation Care, Rehabilitation, and the Latest Prosthetic Technology [LEADERSHIP] 1912. 2022 Nadler/PASSOR Award Lectures 1213. PM&R Investigations EMG and Ultrasound for Evaluation of Peripheral Nerves – An Update [EMG/NEUROMUSCULAR] 1314. AAPM&R Advocacy Priorities: Advancing PM&R on Capitol Hill and Beyond [LEADERSHIP] 1315. A Crash Course on Improving Inpatient Rehabilitation Metrics & Medical Director Leadership: Practical Tips to Improve Yourself and Your Rehab Facility [LEADERSHIP] 1316. ABPMR: Ongoing Research in Continuing Certification – What We Have Learned from Article-Based Assessments [BOLD]	

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#aapmr23—SATURDAY, NOVEMBER 18—FULL SCHEDULE

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TIME	CONCURRENT SYMPOSIA	SKILLS LABS
12-1:30 pm (CT)	LUNCH IN THE PM&R PAVILION FEATURING: Career Corner, Sponsored Education Sessions, Learning Center, Member Meet-Ups and Research Sessions CAREER CORNER: CV Reviews HAND-ON DEMONSTRATIONS: Hands-On Ultrasound Guidance and Review of Functional Anatomy for Head and Neck Botulinum Toxin Injections; Sideline Medicine: Assessment and Management of Acute On-Field Injuries; AAPM&R Registry Dashboard RESEARCH SESSION: 1910. Practice Management Research Spotlight	
12:15-1:15 pm (CT)	AAPM&R BUSINESS MEETING	
1:30-2:45 pm (CT)	PLENARY SESSION 55th Walter J. Zeiter Lecture and Awards Video Presentation with Tali Sharot, PhD	
2:45-3 pm (CT)	BREAK	
3-4:15 pm (CT)	1109. Knives Out: The Finale [MSK] 1417. Professor Poopy Pants: Improving Your Management Strategies for Neurogenic Bowel Dysfunction [CLINICAL TECHNIQUES] 1418. Climate Change: Effects, Response and Future Implications for an Already Vulnerable Population [POPULATION HEALTH] 1419. What's in a Watt: Implications for Cancer Rehabilitation [CANCER] 1913. 2023 Nadler/PASSOR Award Lectures 1317. How to Save Your Time and Sanity: Top Techniques to Maximize Efficiency in Practice, Career and Life [LEADERSHIP] 1507. The Program for Spine Health: A Novel, Evidence-Based Interdisciplinary Clinic [BOLD] 1706. Navigating Diversity, Equity and Inclusion through Early- and Mid-Career Transitions in Musculoskeletal and Pain Medicine [IN-TRAINING/EARLY-CAREER] 1911. Getting Involved in Industry-Sponsored Research [GENERAL]	1:30-4:30 pm (CT) 1809. A Pain in the Rear: Ultrasound Evaluation of Chronic Gluteal Pain 1810. Ultrasound Evaluation of Peripheral Nerves
4:30 pm (CT)	ALUMNI RECEPTIONS/MEDICAL STUDENT RECEPTION	

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#aapmr23—SUNDAY, NOVEMBER 19—FULL SCHEDULE

TIME	CONCURRENT SYMPOSIA
7:30-10 am (CT)	REGISTRATION OPEN
7:30-8:30 am (CT)	BREAKFAST AND COMMUNITY MEET-UPS
8:30-10 am (CT)	CLOSING GENERAL SESSION FEATURING PHYZTALKS



Our goal is to help patients reach theirs.

To do that, we provide an exceptional rehabilitation experience by championing their progress, celebrating their success and working together to rebuild their lives with confidence.

Where a patient chooses to go for rehabilitation following a stroke, spinal cord injury, brain injury, amputation or other condition is the most important step toward their recovery.



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 Beachwood, OH 44122

4389 Medina Rd.
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FOUNDATION EVENTS AT THE 2023 ANNUAL ASSEMBLY

Summit Club Lounge

📅 Thursday, November 16 and Friday, November 17, 9 am-4 pm (CT)
 Saturday, November 18, 9 am-noon (CT)

Members of the Foundation's Summit Club (donors who pledge at least \$1,000 per year for five years) and the new Ascent Club (donors age 45 and under who give at least \$20 per month) are invited to stop by for a cup of coffee and a comfortable place to rest in between sessions.

Donor Appreciation Reception

📅 Thursday, November 16, 7:30 pm (CT)

Join your colleagues for cocktails and hors d'oeuvres to hear this year's grant recipients describe their research projects. The Gabriella Molnar Pediatric PM&R Lifetime Achievement Award will also be presented, and our top donors will be recognized.

Rehab 5k Run/Walk & Roll and Residency Program Challenge

📅 Friday, November 17, 6:30 am (CT)

Bring your running shoes! Runners, walkers and wheelchairs are all welcome to enjoy some exercise before the sessions start; you can also participate virtually any time between November 11-17 and send your results in. Teams will compete from residency programs across the country, with prizes for fastest team, largest team, most money raised and most team spirit. Contact Phyllis Anderson (panderson@foundationforpmr.org or 847-737-6062) to sign up your team! (Every participant must also register for the event – **make sure you take advantage of the early-bird discount.**)



Proof of the Pudding Debate

📅 Friday, November 17, 12:30-1:30pm (CT)

Once again, the Foundation will have two experts present different perspectives on a hot topic in physiatry. Dr. George Kevorkian will moderate.

Presentation of Research Grants and Awards

📅 Saturday, November 18, 1:30-2:45 pm (CT)

The Foundation for PM&R will join in the Academy's video awards presentation during the Saturday afternoon plenary session. We will award six research grants and name this year's Gabriella Molnar Pediatric PM&R Lifetime Achievement Award winner.

Presentation of the Scott Nadler 2022 PASSOR Musculoskeletal Research Grant Award Findings

📅 Saturday, November 18, 10:45 am-12 pm (CT)

Dr. Eric Wisotzky, chief of the Division of Rehabilitation Medicine and Director of Cancer Rehabilitation at MedStar National Rehab Hospital, "Improving Adherence to Aromatase Inhibitor Therapy in Early Stage Breast Cancer by Early Physiatry Referral to Decrease Musculoskeletal Symptoms."

Presentation of the Scott Nadler 2023 PASSOR Musculoskeletal Research Grant Award Findings

📅 Saturday, November 18, 3-4:15 pm (CT)

Dr. Daniel Cushman, University of Utah, "Validation of a Low-cost Platelet-Rich Plasma (PRP)."



 = in-person sessions

 = sessions also live-streamed

ALL ABOUT REGISTRATION

Three Ways to Register for the Annual Assembly

Online: aapmr.org/2023.

Mail: Download a copy of the registration form online and mail your completed form with payment by **November 10** to the P.O. Box listed on the registration form.

Fax: Registrations with credit card payments can be faxed until **November 10 at 4 pm (CT)** to (847) 563-4191. After this date/time, all registrations must be completed online or in-person at the Assembly.

For complete registration information, visit aapmr.org/2023. Co-workers, or those associated within the physiatry industry do not qualify for a non-attendee guest badge. These individuals must register in the appropriate professional or exhibitor category.

Your registration fee does not include Preconference Courses, ticketed three-hour Skills Labs or the PM&R Party: On the Field of the Superdome.

Cancellation and Change Policy

All cancellations for the Annual Assembly and pre-conference courses must be *submitted in writing* via email to registration@aapmr.org or via mail postmarked by **October 18, 2023**, to the address below. Cancellations submitted *before* October 18 will receive a refund of all fees paid, minus a \$150 processing fee, and processed 7-14 days after notification is received. Cancellations submitted *after* October 18, or over the phone, will not be accepted.

American Academy of Physical Medicine and Rehabilitation
Attention: Customer Service, AA2023
9700 W. Bryn Mawr Avenue, Suite 200
Rosemont, IL 60018

If you have questions, or need to make changes to your registration, contact Member Services at (847) 737-6000.

2023 ANNUAL ASSEMBLY REGISTRATION FEES

Pricing is the same for both in-person and virtual attendance options. Register before September 13 to save with discounts.

MEMBER FULL REGISTRATION	Early-Bird Registration Now Through September 13	Standard/Onsite Registration September 14-Onsite
Physiatrist (Fellow/Part-Time Fellow, Associate, International)	\$850	\$1,050
Early-Career (Practice or Fellowship Pathways)	\$525	\$625
Resident	\$425	\$525
Advanced Practice Provider	\$675	\$875
Medical Student (Full Conference)	\$150	\$275
Senior Member/Past President	FREE	FREE

NONMEMBER FULL REGISTRATION	Early-Bird Registration Now Through September 13	Standard/Onsite Registration September 14-Onsite
Physiatrist/Physician	\$1,150	\$1,350
Resident	\$525	\$625
Advanced Practice Provider	\$875	\$1,075
Medical Student (Full Conference)	\$225	\$375
Non-Physician Practice/Hospital Administrator	\$875	\$1,075
Industry Representative	\$1,150	\$1,350

GUEST AND CHILD (IN-PERSON ONLY)	
Guest Registration (age 21+)	\$95
Child Registration (ages 0-20)	FREE

PRE-CONFERENCE COURSES

REGISTRANT	Early-Bird Registration Now Through September 13	Standard/Onsite Registration September 14-Onsite
STEP ONE: ULTRASOUND CLINICAL APPLICATIONS OF THE EXTREMITIES COURSE		
Member	\$1,250	\$1,350
Nonmember	\$1,395	\$1,495
STEP CONCUSSION AND MILD TBI CERTIFICATE PROGRAM - LIVE COURSE*		
Member	\$2,500	\$2,500
Nonmember	\$3,500	\$3,500

* This course is a required component of AAPM&R's STEP Concussion and Mild TBI Certificate Program. You must be enrolled in the AAPM&R STEP Concussion Certificate Program and have completed STEP pre-requisite components to attend this course. Visit aapmr.org/step more information.

ADD-ON EVENTS (in-person only)

PM&R Party: On the Field of the Superdome

See page 12 for more information.

REGISTRANT	FEE
Attendee	\$55
Non-Attendee Guest	\$55
Children (5 and under)	FREE

Foundation for PM&R 5K Run/Walk & Roll— Friday, November 17

See page 27 for more information.

REGISTRANT	Early-Bird Registration Now Through September 13	Standard/Onsite Registration September 14-Onsite
Member/ Nonmember	\$25	\$35
Resident	\$15	\$25

Skills Labs

Skills Labs are three hours each. See page 15 for more information or visit aapmr.org/2023.

REGISTRANT	FEE
Member	\$200
Nonmember	\$280

Resident Bootcamps

REGISTRANT	FEE
Member	\$35 Non-Refundable Reservation Fee
Nonmember	\$150 Non-Refundable Reservation Fee

AAPM&R COVID-19 CODE OF CONDUCT FOR THE ANNUAL ASSEMBLY

The American Academy of Physical Medicine & Rehabilitation (AAPM&R) is committed to safeguarding the health and well-being of its community, and strongly encourages staying up-to-date with COVID-19 vaccinations and supports indoor masking.

As a community of medical professionals, the Academy expects attendees at all Academy-hosted in-person meetings, gatherings and events to be considerate and respectful of each other's health and well-being.

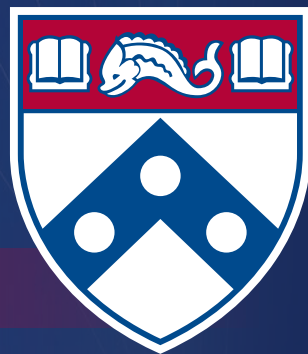
Specifically, attendees are asked to comply with the following:

1. If you have tested positive for COVID-19 in the past 10 days or have any symptoms that could be caused by COVID-19, please stay home.*
2. If you have been exposed to COVID-19 in the past 10 days, even if you are not experiencing any symptoms, please take a PCR and/or rapid test(s) to confirm a negative result before attending the event. While at the event, please wear a mask for the period of 10 days since exposure, and retest at day six (6) after exposure. If positive on re-test at day six, even if asymptomatic, please do not attend the event.

*If you have had symptoms for three or more days and have two negative COVID tests at least 48 hours apart after symptom onset, you may attend but should mask while symptomatic. Please re-test on day six of symptom onset. If positive at day six, even if asymptomatic, please do not attend the event.

AAPM&R reserves the right to implement additional masking or testing protocols at any time based on ongoing monitoring of the environment and federal and/or local recommendations. Any such modifications will be effective upon public posting and proactively communicated to attendees.

PUSHING THE BOUNDARIES OF REHABILITATION



Leading the country in academic training of physiatric clinicians and rehabilitation investigators

Rigorous clinical, academic and research training while engaging in rewarding activities to achieve excellent work-life balance.



"They Will Surf Again" Adaptive Surfing Event in Wildwood, NJ

Recent Penn PM&R resident and Penn Perelman School of Medicine first-authored publications:

Clayton L. Walker, J Christian Belisario, Benjamin Abramoff. The effect of probable COVID 19 infection on the National Football League Players' Performance and Endurance During the 2020 Season. DOI:10.7759/cureus.35821.

Claudia B. Hentchel, Benjamin A. Abramoff, Timothy R. Dillingham, Liliana E. Pezzin. Race, ethnicity and utilization of outpatient rehabilitation for treatment of post-COVID-19 condition. DOI.org/10.1002/pmrj.12869.

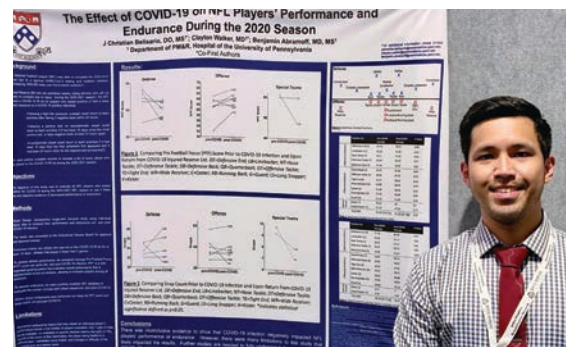
Dr. Hentchel was awarded the 2022 Clinical Epidemiology Research Paper Prize as a graduating medical student from the Perelman School of Medicine.

Penn PM&R trainees have published ten first-authored publications over the past year.

We are ready and waiting to train the next generation of physiatrists for the 21st Century with a commitment to diversity, equity and inclusion.



TIMOTHY R. DILLINGHAM, MD, MS
CHAIR, DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION
EMAIL: Timothy.Dillingham@penmedicine.upenn.edu



Dr. J Christian Belisario Presenting The Preliminary Results Of The Resident-Developed National Football League Database



The Future of Physiatry: Five Of Our Six 2023 Graduating Residents Who Are Participating In Subspecialty Fellowship Training Across the United States.



Kayaking in Pinelands, NJ

#aapmr23—CORPORATE SUPPORT RECOGNITION

THANK YOU, YEAR-ROUND PARTNERS!

AAPM&R is committed to fostering meaningful relationships with our industry partners. We aim to work with our partners in ways that support PM&R as a specialty and our members, while also working to help achieve the goals of the supporting organizations. We are grateful for the participants of our Year-Round Partner program, whose support helps the Academy advance the specialty. All supporter information is accurate as of June 2, 2023.

MISSION PARTNERS



ANNUAL PARTNER



Note: this new program includes recognition of our most generous supporters. Levels do not include educational grant support.



Join the IPC today at aapmr.org/ipc.

2023 INSTITUTION PARTNERS COUNCIL (IPC) PARTICIPANTS



2023 INDUSTRY RELATIONS COUNCIL (IRC) PARTICIPANTS



TIER 2



TIER 3



TIER 4



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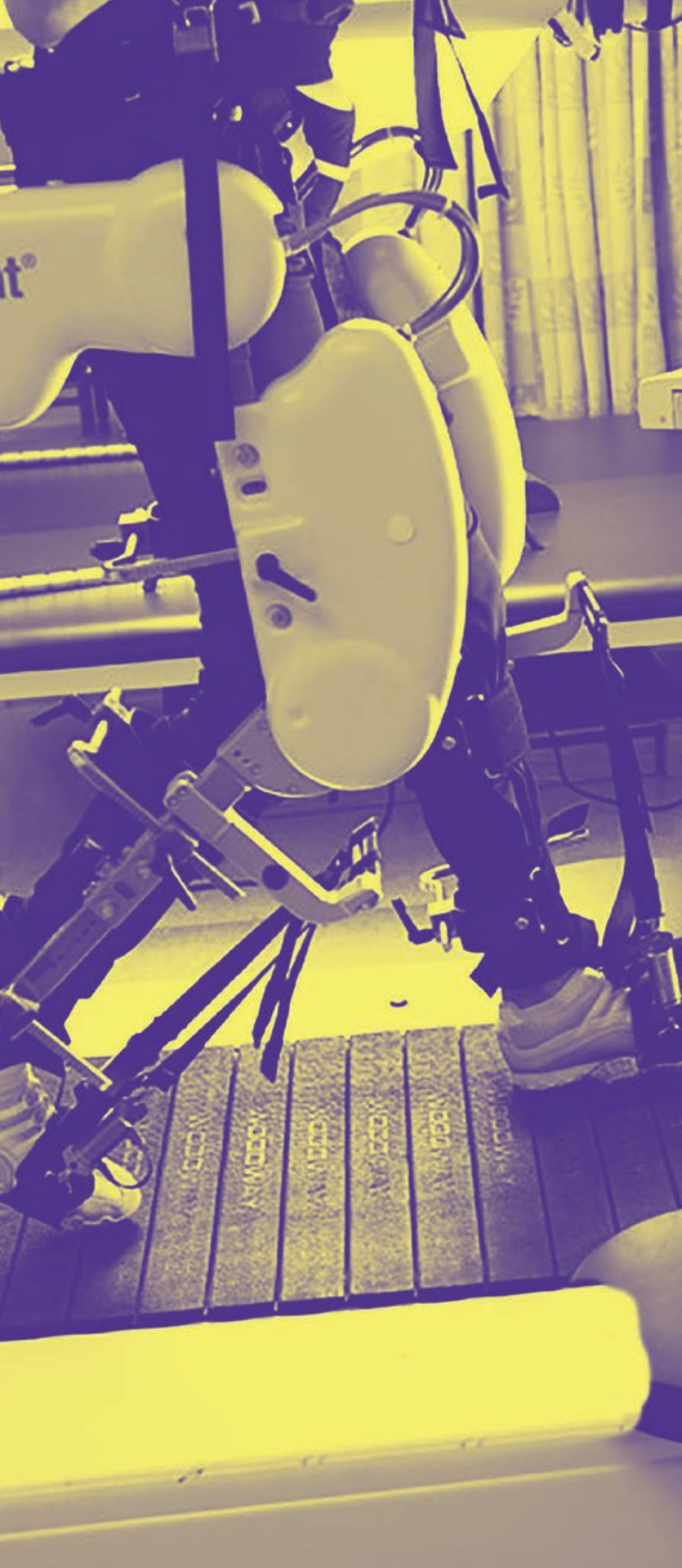
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TWO STEPS FORWARD, NO LOOKING BACK.

To achieve proven outcomes, patients with spinal cord injuries need access to leading-edge rehabilitative technologies. MossRehab is the first rehab hospital in the region to offer a Locomotor Training Program, which allows many patients to walk. The program helps patients recover function faster than traditional methods. It's just one of the many innovative treatments that have established us as a worldwide leader in spinal injury recovery.

