

# AAPM&R SAE-R Exam

## Mission

The Self-Assessment Committee (SAC) is part of the medical education program of the American Academy of Physical Medicine and Rehabilitation. The mission of the SAC is to assist practitioners and residents in maintaining the highest standards of physiatric practice through self-assessment examination.

## Goals/Purpose

The SAC produces annually a Self-Assessment Examination for Residents (SAE-R) covering residency competencies as well as overlying clinical issues, that will

### **Assist residents by providing:**

- An objective self-assessment examination for clarification of learners' needs.
- A comparison of present level of performance of each resident with that of other residents throughout the country at a similar level of training.
- A stimulus for study.
- Practice in taking objective, written examinations and handling patient management problems.
- Year-to-year documentation of progress in accumulating knowledge in PM&R.

### **Assist program directors of participating residency training programs by providing:**

- An indication of the training needs of residents in their programs.
- A comparison of the present level of performance of their residents with that of other residents throughout the country at a similar level of training.

*Note: The SAE-R is not intended to be used as a primary tool for resident evaluation or basis for promotion.*

## Exam Content

The SAE-R is designed to assist residents in identifying their strengths and weaknesses in twelve content areas of physical medicine and rehabilitation (PM&R) shown below.

**Amputation, Prosthetics, and Gait**  
**Brain Disorders**  
**Electrodiagnosis**  
**Medical Management**

**Musculoskeletal Disorders**  
**Nerve and Muscle Disorders**  
**Pain Rehabilitation**  
**Pediatrics**

**Rehabilitation & Functional Management  
Spasticity**

**Spinal Cord Injury  
Stroke**

The 2021 SAE-R has 150 multiple choice questions and will be administered online with a three-hour time limit.

## Disabilities

Examinees requesting exam accommodation must have specific notation of the impairment as well as provide the specificity of the accommodation. The request must be submitted in advance. These requests will be reviewed and tracked by the AAPM&R education staff. At staff request, members of the Self-Assessment Examination Subcommittee may review the request.

## Question Disputes

Disputed question(s) must be submitted in writing within one month after the administration of the examination. Examinees must submit the disputed question(s), where there are disputes, and the reason for the dispute. Members of the Self-Assessment of Examination Subcommittee will review the dispute.

Please submit all question disputes regarding the SAE-R to [saer\\_admin@aapmr.org](mailto:saer_admin@aapmr.org).

## Future SAE-R Dates

2022: January 25-29, and January 31

2023: January 24-28, and January 30

If your program would like to participate, please contact [saer\\_admin@aapmr.org](mailto:saer_admin@aapmr.org) for more information.

## Self-Assessment Committee Writers for the 2021 SAE-R

Ameet Nagpal, MD MEd, *Chair*

*Brain Disorders*

Marcia Bockbrader, MD, PhD

*Electrodiagnosis*

Various

*Pain Rehabilitation*

Ankit Patel, MD and Virtaj Singh, MD

*Rehabilitation & Functional Mngt*

Various

*Medical Management*

Prathap Jacob Joseph, MD

*Musculoskeletal Disorders*

Various

*Nerve and Muscle Disorders*

Sarah Eickmeyer, MD

*Pediatrics*

Jill Meilahn, DO

*Amputation, Prosthetics & Gait*

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*Spinal Cord Injury*

*Stroke*

*Spasticity*

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