

aapm&r

Resident Retreat

**May 18-19, 2024
Oakbrook, IL**





Overview

The inaugural Resident Retreat was an overwhelming success! A diverse group of PGY-2 residents and esteemed faculty were brought together for this exclusive, 2-day event that offered participants the opportunity to explore the breadth of PM&R. With a focus on learning and community-building, this course addressed a variety of topics including sports medicine, electrodiagnostics, interventional pain and spine, inpatient consults, prosthetics and orthotics, pediatric rehabilitation, cancer rehabilitation, and procedures in ultrasound and spasticity to an overwhelming response from all in attendance.

- PGY-2 Residents from across the country were invited to apply for the 2-day program.
- 127 applications were received, 60 accepted
- 52 PGY-2 residents participated
- 18 faculty and 3 course directors led discussions and hands-on training

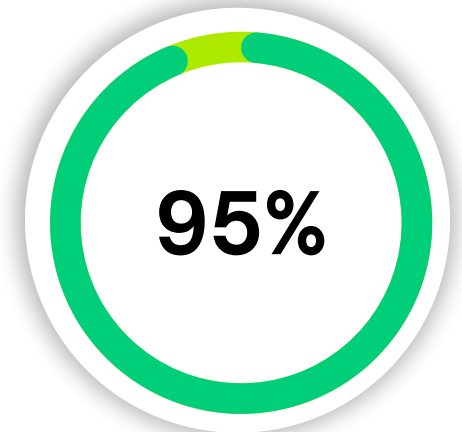


“Overall the entire experience was amazing. I'd highly recommend it to any resident. I thought the size of the group of residents was a great number, and it was nice to relate to other pgy-2 residents.”

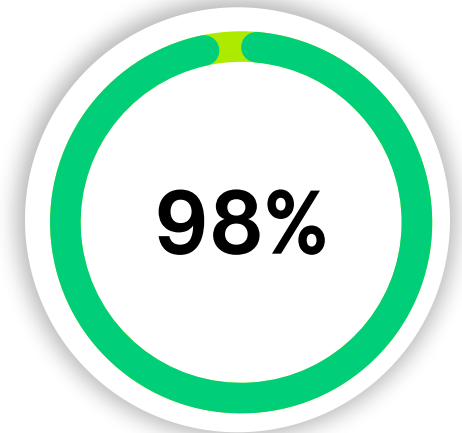
- Program Participant

Evaluation Results

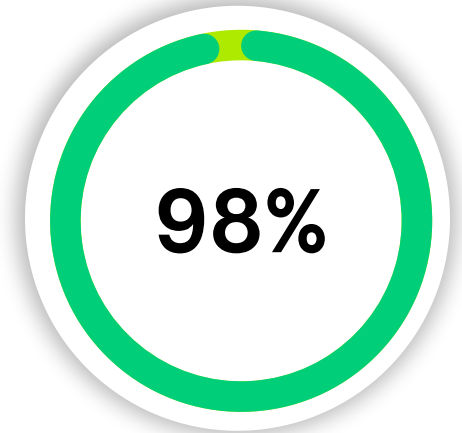
43 of the 52 attendees completed the course evaluation.
Here are some highlights:



Attending this retreat
provided 95% of respondents with a better understanding of the breadth of PM&R



Meaningful connections
were made with mentors and colleagues by 98% of respondents.

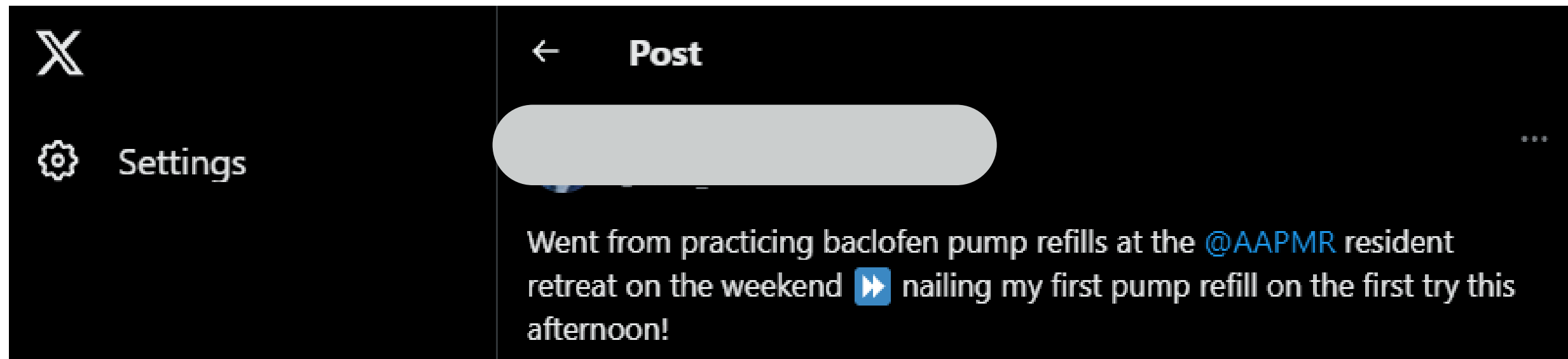


Would recommend
this activity to incoming PGY-2s.

“This was such an awesome weekend! I genuinely enjoyed and learned a ton from all of the stations.”

“I thought the program was an invaluable experience. The faculty were all super engaged and thoroughly enjoyed teaching us.”

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Join us in 2025!

It isn't too early to start planning or budgeting for next year's course. Don't miss your chance to come together with the future of PM&R!



Sponsor the 2025 course and enjoy the following benefits:

- Speaking opportunity
- Networking with PM&R residents and esteemed faculty
- Brand awareness
- Ample recognition
- And more!

For more information, contact:

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[Set up a time to talk to us!](#)