

the physiatrist

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THE POWER OF PM&R

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#aapmr24 IS COMING SOON!

We'll be celebrating *The Power of PM&R* in-person in San Diego and online—and we can't wait for you to join us!

AAPM&R's 2024 Annual Assembly is going to be the best yet, and there's still time to secure your spot at psychiatry's most exciting event of the year! Don't get left behind; join your PM&R community for a week of learning, camaraderie and fun as we meet November 6-10, in-person and online. **Register now at www.aapmr.org/2024.**

#AAPMR24 features innovative learning opportunities, valuable networking and a variety of educational sessions and Skills Labs—plus the best-of-the-best psychiatric research. Tour the lively PM&R Pavilion and see the latest PM&R-focused technologies, take part in free education in the Learning Center, learn about our professional development resources at the Career Corner, and listen to social media sensation, Dr. Glaucomflecken who will open the conference as Thursday's plenary speaker.

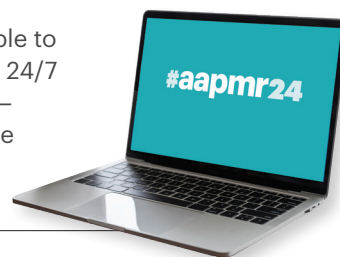


NEW FOR 2024

- ✔ Attend the EDX Reboot Camp on the afternoon of Wednesday, November 6 for a refresher on electrodiagnostic skills for common diagnoses seen in the outpatient PM&R setting. (Additional fees apply).
- ✔ Check out our Advanced Clinical Focus Days, happening every day of the Assembly with advanced, targeted content relevant to you and your practice. Six tracks to choose from.
- ✔ Tour the re-imagined PM&R Pavilion and visit the Central Café for all-day coffee service, professional headshot booth, dog park and adaptive sports obstacle course—just to name a few new offerings.

CAN'T MAKE IT TO SAN DIEGO? ATTEND VIRTUALLY!

Register and "attend" virtually. We want every physiatrist to be able to take part in PM&R's event of the year. Virtual attendees will enjoy 24/7 access to all the great education that the Assembly is known for—online from their home or office. Plus, all sessions will be available on-demand for one year to all registered attendees.



MEMBERS CAN STILL SAVE ON REGISTRATION

All members can enjoy discounts on Annual Assembly registration rates. Hurry, register now at aapmr.org/2024 to save up to \$300.

TURN TO PAGES 6-9 FOR INFORMATION ON PHYSIATRY'S BIGGEST EVENT OF THE YEAR.





D.J. Kennedy
MD, FAAPMR

Let Us Toast to “The Power of PM&R” and the Unwavering Dedication of Physiatrists Everywhere!

D.J. Kennedy, MD, FAAPMR, AAPM&R President
Professor and Chair of the Department of Physical Medicine and Rehabilitation Vanderbilt Center for Musculoskeletal Research

It feels like just yesterday when filled with anticipation and excitement I was penning my first presidential column. The journey since then has been a profound personal and professional experience. It has been a year of growth, learning and forging deeper connections within our vibrant community of PM&R physicians. The camaraderie developed during my tenure as president, along with the bonds formed throughout the years of volunteering, are some of my most valued relationships. These peer connections have not only enriched my personal life, but have also significantly influenced my professional growth and leadership skills.

Now as I sit down today to write my last presidential column, I can't help but reflect on the journey we've been on together in the past year, as well as the future ahead. Together, we have navigated the challenges and capitalized on the opportunities that have come our way.

Guided by our strategic plan goals, we have made significant strides in strengthening the organizational capacity of AAPM&R, while consistently focused on the strategic plan goals of the Academy:

1. Ensuring AAPM&R has the organizational capacity, resources, and prominence to achieve its vision to advance PM&R physicians and the specialty of PM&R.
2. Cultivating a diverse and vibrant community of PM&R physicians who are unified in their connection to the specialty and consider membership in AAPM&R to be essential to advancing their individual careers and the specialty.
3. Increasing awareness and ensuring that key stakeholders value the essential and transformative role of PM&R physicians in improving healthcare outcomes.
4. Vigorously advocating for the well-being of PM&R physicians as they advance optimal care for patients.
5. Supporting and guiding PM&R physicians in their practices for optimal success as healthcare transforms.

Together, we have worked to raise awareness of the essential role of PM&R physicians in improving healthcare outcomes. An example of the prominence and value of PM&R was notably demonstrated during the Olympics, where PM&R doctors were not only ubiquitous but also held major positions of influence. They served crucial roles, including being the chief medical officer of the U.S. Olympic and Paralympic Committee, and team physicians for the gold medal-winning U.S. women's gymnastics and women's soccer teams, among many others.

Our collective commitment to advancing our individual careers and the field of PM&R has been evident in our discussions on leadership, volunteerism, and the evolving

landscape of education. By underscoring and promoting the power of PM&R, we will continue to help navigate and influence the transformations within healthcare.

Looking ahead, I am thrilled about the upcoming 2024 Annual Assembly themed “The Power of PM&R.” This event represents an opportunity to come together as a community, to learn, share and celebrate our achievements. This year, the Assembly will be boasting more than 90 in-person and virtual sessions, augmented by our new Advanced Clinical Focus Days. These focus days are designed to deliver advanced and targeted content in the clinical areas that are most pertinent to you. Alongside these enriching sessions, we will be hosting the PM&R Party on the iconic USS Midway. We are also proud to present a roster of esteemed plenary speakers, including Dr. Glaucomflecken, Josh Sundquist and Dr. Beth Frates. Their contributions are certain to make this year's Assembly both enlightening and stimulating. I eagerly anticipate rekindling connections with longstanding colleagues, forging new friendships and immersing myself in the latest breakthroughs in our field. I sincerely hope to see you in-person, but if you are unable to attend, you can still participate virtually. Our virtual attendees will have round-the-clock access to all the invaluable educational content the Assembly provides. Furthermore, all sessions will be accessible on-demand for a full year to all registered attendees, with the opportunity to earn up to 118 AMA PRA Category 1 Credits™.

At the Annual Assembly, I will also take great pride in passing the leadership baton to Scott Laker, MD, FAAPMR as our incoming Academy president. Dr. Laker, a dedicated member of AAPM&R for nearly 20 years and a personal friend, has

served on numerous committees, including the Board of Governors since 2016. Our collaborations over the years have been both rewarding and enlightening, deepening my respect for his dedication and passion for PM&R. As a visionary leader, he is steadfastly committed to advancing the field of PM&R, constantly seeking innovative solutions and opportunities for growth. I am entirely confident that under Dr. Laker's leadership, the Academy will continue to flourish and even reach new heights.

Lastly, I am profoundly grateful to the Academy for entrusting me with the privilege of serving as president, an honor that will remain a highlight of my lifetime. Nevertheless, the real heroes deserving of our gratitude are the more than 600 selfless volunteers and our exceptional professional staff. Your unwavering devotion, tireless efforts in producing educational content, advocating for our specialty, leading Academy-wide initiatives, amplifying physiatry's voice, and contributing in countless other ways have been instrumental in advancing our specialty.

It is through our collective efforts that we will continue to shape the future for the betterment of all. Undoubtedly, the future is luminous for both PM&R and the Academy; and I am confident that we will continue to carry this beacon of hope and progress forward. As we continue our journey toward progress and excellence, let us toast to “The Power of PM&R” and the unwavering dedication of physiatrists everywhere. Our collective strength and shared vision will continue to lead us toward a brighter future.



Academy in Action

AAPM&R is Defending the Role of Physiatrists Against Encroachment from Non-PM&R Physicians and Non-Physicians

- Richard G. Chang, MD, MPH, FAAPMR, chair of the State Advocacy Committee, submitted comments to the Washington Department of Health (WA DOH) advocating against a proposal to expand the scope of practice for naturopaths. The expansion would allow naturopaths to complete minor office procedures, opening the door for them to perform surgery. Dr. Chang warned of the negative impact such an expansion could have on patients in Washington.



Academy in Action

AAPM&R is Fighting to Reduce Physiatrist Burden by Removing Prior Authorization Barriers

- Your Academy submitted comments to the Centers for Medicare & Medicaid Services (CMS) regarding the 2025 Outpatient Prospective Payment System proposed rule. The Academy's comments focused on the need for prior authorization (PA) reform and thanking CMS for its work to streamline this burdensome process for certain hospital outpatient department services.
- Your Academy endorsed S. 4349, the *Electronic Prior Authorization for Prescription Drugs Act*. This bipartisan legislation, introduced by Senators Roger Marshall, MD (R-KS), Ben Ray Lujan (D-NM), Roger Wicker (R-MS), and Joe Manchin (I-WV), would establish electronic PA procedures for prescription drugs in the private market.



Ai Mukai
MD, FAAPMR

You Can't Stop The Power of PM&R

Ai Mukai, MD, FAAPMR
Co-Editor, *The Physiatrist* and physician at Texas Orthopedics Sports and Rehabilitation Associates

October/November is my favorite time of the year. The school year has started and most families with school-age children are finally getting settled into their routines. The holidays are anticipated very soon and family and friends are on the top of our minds. On my social media and photo storage accounts, I have memories that pop up of what I was doing around that time years ago. Looking back at October 2020, I was writing the editorial with a sense of loss and sadness as the much anticipated AAPM&R Annual Assembly in San Diego was cancelled and converted to a virtual conference. We were getting

COVID-19 fatigue, with months of masking, isolation, and heightened emotions were taking a toll on our family, friends, colleagues and ourselves. I was lamenting the loss of opportunity to catch up with friends and colleagues, having random hallway conversations and connections, and attending the annual reunion of our training programs. I also remember the loss we suffered in the healthcare community as supply chain issues, misinformation and the unknown (we didn't have a vaccine, we didn't have treatment options, and we had very little information about how the virus spread) hit us all hard as we lost esteemed colleagues, friends and family. We attempted to capture the essence of in-person clinic

visits in tele-medicine visits, as our children navigated virtual school. Fast forward to 2024, we now have another Annual Assembly again in San Diego. Many of us traveled this past summer, both locally and internationally. We watched with awe as our colleagues traveled with team USA to the Paris Olympics and Paralympics and showed the world what physiatrists can do to support athletes both able-bodied and not.

I was so proud to see many of my friends and colleagues post from Paris as their teams won medals and represented the USA.

Ellen Casey, MD, FAAPMR, Charles Kenyon, DO, MS, FAAPMR, Brian Krabak, MD, MBA, FAAPMR, William Micheo, MD, FAAPMR, Monica Rho, MD, FAAPMR, Allison Shroeder, MD, FAAPMR, David Soto-Quijano, MD, FAAPMR, Stephanie Tow, MD, FAAPMR and Jason Zaremski, MD, FAAPMR to name a few showed us all and the world the vital role physiatry plays in the support of our world-class athletes.

We also saw physiatrists leading the way in tackling the complex diagnosis of Long-COVID in its many iterations. We formed a collaborative, developed guidelines and initiatives, and advocated to the federal government for our patients.

Our unique training in neurological, musculoskeletal and multi-organ conditions impacting function placed us in an ideal position to show the healthcare community and patients how to approach this complex multi-factorial diagnosis.

The Annual Assembly as usual, allows us to pause and celebrate our members who have been steadfast in their commitment to advance and promote our field. Congratulations are in order for:

- Walter Frontera, MD, PhD, FAAPMR (*Frank H. Krusen, MD, Lifetime Achievement Award*)
- Stuart Willick, MD, FAAPMR (*2024 PASSOR Legacy Award and Lectureship, Legacy Award and Lectureship*)
- Theresa Gillis, MD, FAAPMR and Craig McDonald, MD, FAAPMR (*Distinguished Member Award*)
- Benjamin Abramoff, MD, MS, FAAPMR, Annette Grotheer, MD, and Mooyeon Oh-Park, MD, FAAPMR (*PM&R Distinguished Public Service, Health Equity and Advocacy Award*)
- Berdale Colorado, DO, FAAPMR, Vovanti Jones, MD, FAAPMR and Adam Tenforde, MD, FAAPMR (*Early PM&R Career Award*)
- Matthew Grierson, MD, FAAPMR, Carlo Milani, MD, MBA, FAAPMR and Theresa Oney, MD, FAAPMR (*PM&R Awareness and Value Award*).

Thank you for your contribution to our field. Read more about them on pages 12-17.

It is truly a privilege to be able to have an in-person conference and I have so much gratitude that we are able to enjoy this event together. There is a sense of community within PM&R that is unlike no other and I look forward to seeing so many of you in San Diego!

PrecisionCare Spine & Pain Center

Exciting Opportunity for a Physical Medicine & Rehabilitation Interventional Pain Management Physician!

Join our growing team of practitioners who provide personalized care and nonsurgical options for all types of musculoskeletal conditions. The ideal candidate will be Board Eligible/Certified in Pain Medicine and Physical Medicine & Rehabilitation with experience in Spine and PM&R. Experience with Interventional pain procedures is preferred.

Enjoy work-life balance with this position located in Staten Island, NY in an outpatient setting Mon-Fri with no call and no weekends. This position offers paid malpractice insurance, vacation, holidays, sick days, CME, state license/DEA/Hospital Dues. NY state license required.

Interested candidates send resume to drisa@jnltalesolutions.com



Academy in Action

AAPM&R is Fighting Against PM&R Physician Fee Cuts and For Improved PM&R Physician Payment

- Your Academy submitted comments to the Centers for Medicare & Medicaid Services regarding the 2025 Medicare Physician Fee Schedule proposed rule. Comments included raising concerns about the proposed 2.8% cut to physician payment, comments in support of telehealth flexibilities, and recommendations regarding Medicare quality programs.
- Your Academy joined a coalition letter to Congressional leadership urging Congress to implement permanent reforms to the Medicare reimbursement system for physicians, and to act prior to the end of 2024 to ensure that Medicare payments to physicians in 2025 and beyond are adjusted to match inflation (MEI).
- The Reimbursement and Policy Review Committee met for their annual in-person meeting in late August to consider proposals related to the development of coding and billing education for early-career members as well as to discuss physician payment advocacy priorities.



Academy in Action

AAPM&R is Advancing Long COVID Advocacy to Position PM&R Physicians as Leaders in Multi-Disciplinary Care

- Your Academy endorsed S. 4964, the *Long COVID Research Moonshot Act*. This legislation, introduced by U.S. Senator Bernie Sanders (I-VT) and backed by Sens. Tammy Duckworth (D-IL), Tim Kaine (D-VA), Ed Markey (D-MA), Tina Smith (D-MN), and Peter Welch (D-VT), is a critical step forward in the federal government's response to Long-COVID and addresses the research and education needs of the Long-COVID community.

#AAPMR24 is All About **NETWORKING**



Take part in psychiatry's biggest networking event of the year. Join thousands of psychiatrists for a week of non-stop networking—from the session rooms to the hallways and everywhere in between—#AAPMR24 is the place to see and be seen!



ON THURSDAY, IT'S TIME TO NETWORK...

MEMBER MEET-UPS

📅 Thursday, November 7 through Saturday, November 9
📍 Exhibit Halls A & B, Lower Level

Starting Thursday and running all week, participating Member Communities will be hosting in-person Member Meet-ups during the Assembly. For those onsite in San Diego, join your community in the PM&R Pavilion for Member Meet-ups just for your community's unique interests. (A full listing of scheduled Member Meet-ups can be found on the mobile app.)

THE OASIS

📅 Thursday, November 7 through Saturday, November 9
📍 Ballroom 6 Lobby, Upper Level

Need to take a quick break from all the Annual Assembly buzz? Head over to the Oasis Lounge for a moment of relaxation, catch up on emails, mingle with fellow attendees or join in some friendly games with your peers.

FIRST-TIME ATTENDEE MEET-UP

📅 Thursday, November 7, 8-9:15 am (PT)
📍 Foyer, Mezzanine Level

Newcomers to the Assembly, mark your calendars for this must-attend session! Join fellow first-timers to discover all there is to know about the #AAPMR24 experience. With so much to navigate, we'll guide you through it all, answer your questions and connect you with other newcomers.

WELCOME RECEPTION IN THE PM&R PAVILION

📅 Thursday, November 7, 5-6:30 pm (PT)
📍 Exhibit Halls A & B, Lower Level

Mingle with your fellow attendees and exhibitors for drinks and appetizers while building your professional and social networks in a relaxed setting. This is a great way to check out the exhibit hall and get a "taste" of all our exciting products, services and solutions. (Guests and children must be registered for admittance to this event.)

Sponsored by: **Encompass Health**
Rehabilitation Hospitals

STATE SOCIETY MEETINGS AND ALUMNI RECEPTIONS—NOW ON THURSDAY!

📅 Thursday, November 7

Meet local PM&R peers from your state or reconnect with your former colleagues at our networking receptions. State societies and various schools and institutions will be hosting informal receptions during #AAPMR24. Don't miss out! (Check the mobile app for complete list of events.)



NETWORKING NIGHT!

ON FRIDAY, IT'S TIME TO PARTY...

PHIT FEST

📅 Friday, November 8, 4:30-5:30 pm (PT)
📍 Ballroom 6DE, Upper Level

Join us for an evening of networking and camaraderie at the #AAPMR24 resident experience! Take part in a variety of fun activities, including Pub Trivia, Happy Hour and Resident Town Hall.

Sponsored by: **Treloar & Heisel, Inc.** **US PHYSIATRY, LLC**
POST-ACUTE PHYSICIAN PRACTICES

PRE-SEA SOIREE FOR EARLY-CAREER NETWORKING

📅 Friday, November 8, 4:30-5:30 pm (PT)
📍 Mezzanine West Terrace, Mezzanine Level

For our attendees 1-10 years post-training, stop by our Pre-Sea Soiree before the PM&R Party...On the USS Midway to network with leaders in the field. Join us for drinks, appetizers and a fun time before your nautical adventure!

MEDICAL STUDENT RECEPTION

📅 Friday, November 8, 4:30-5:30 pm (PT)
📍 West Terrace, Upper Level

Calling all future psychiatrists! You're invited to network with fellow students and meet some special PM&R guests at the #AAPMR24 Medical Student Reception. Don't miss this chance to kick back and mingle with others who are as excited about the future of PM&R as you are.

PM&R PARTY...ON THE USS MIDWAY

📅 Friday, November 8, 7-10 pm (PT)

Team Psychiatry, you are hereby invited to report for duty! Get ready for a high-energy, fun-filled mission aboard the legendary USS Midway in the beautiful San Diego harbor. (Additional fees apply.)

Sponsored by: **Encompass Health**
Rehabilitation Hospitals **NYU Langone Health**

PARTY NIGHT!



ON SATURDAY EVENING, IT'S TIME TO EXPLORE SAN DIEGO...

Start planning your adventure now! Check out our microsite (<https://www.sandiego.org/meeting-planners/svisd/aapmr.aspx>) for more information on this exciting city, as well as discounts and offers, exclusively for AAPM&R Annual Assembly attendees.



ON SUNDAY, IT'S TIME TO "FEEL GOOD"...

HOT BREAKFAST AND CLOSING PLENARY SESSION FEATURING PHYZTALKS

📅 Sunday, November 10, 8-10 am (PT)
📍 Ballroom 6AB, Upper Level

Close out the conference by enjoying a hot buffet breakfast and listening to our PhyzTalks finalists share their compelling stories. See page 8 for more information about our PhyzTalk finalists.



Room assignments are subject to change. Check the mobile app for the most up-to-date schedule.

PhyzTalks — MEET OUR PHYZTALK FINALISTS

PhyzTalks are TED™-style talks, which feature stories that are compelling and impactful to physiatrists. The top submissions from our Call for PhyzTalks will present their stories live at the 2024 Annual Assembly in a fun, real-time competition where the winner will be chosen by the audience. For those in-person in San Diego, come watch your PM&R peers and enjoy breakfast on us on Sunday, November 10! Breakfast will begin at 8 am and PhyzTalk presentations at 8:30 am (PT).



PhyzTalks Emcee:
Scott R. Laker, MD, FAAPMR

2024 PHYZTALK FINALISTS



The Beauty of Global Health and International Medical Mission Trips: A Chapter in My Home Country, The Dominican Republic
Marcos Henriquez, MD



The Future Possibilities for PM&R: Preparing Trainees for Practice in 2050
R. Samuel Mayer, MD, FAAPMR



Disability and Homelessness: How Street Medicine Tackles Health Injustice
Max B. Hurwitz, DO, FAAPMR



When the Doctor Becomes Patient: My Journey as Physiatrist and Breast Cancer Survivor
Amy H. Ng, MD, MPH, FAAPMR



Healing Beyond Boundaries: The Power of AI and VR in Global Pain Management
Oranicha Jumreornvong, MD



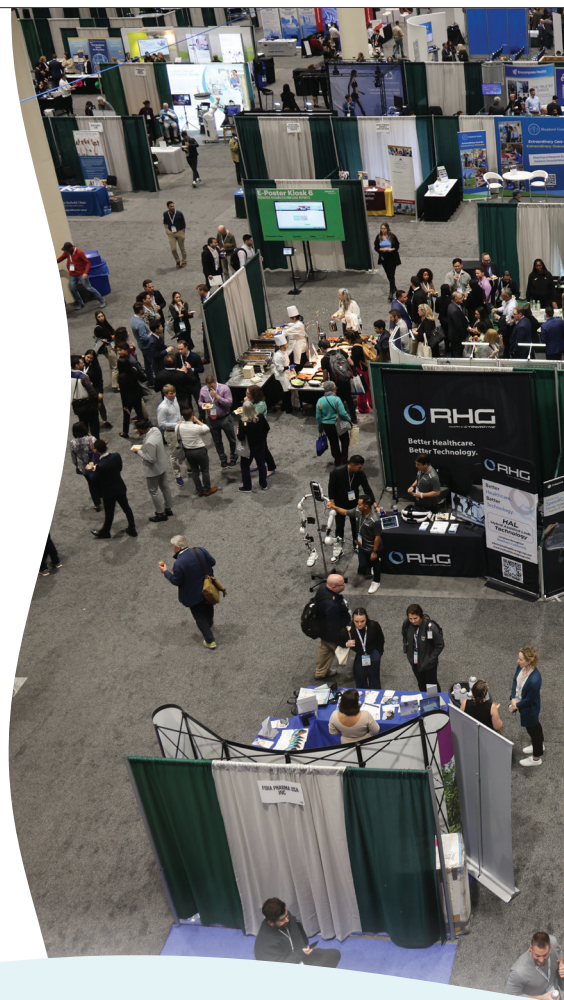
A Tale of Two Shoulders: Healthspan, Lifespan and Physiatry
Amy M. West, MD, FAAPMR

PM&R Pavilion — THE EXHIBIT HALL AND SO MUCH MORE!

Make the PM&R Pavilion part of your #AAPMR24 experience. Come network, learn and connect with exhibitors. They make a significant investment to attend and want to speak with PM&R physicians. The PM&R Pavilion is a hub of learning and activity designed to enrich your Annual Assembly experience with new features, as well as tried and true favorites:

- ✔ **NEW for 2024:**
 - ✔ Professional headshot lounge
 - ✔ Adaptive sports obstacle course
 - ✔ Central Café
 - ✔ Dog park
 - ✔ Surf therapy project
 - ✔ Resident and Medical Student Experiences
- ✔ **Tried and True Favorites:**
 - ✔ Education Theaters
 - ✔ PM&R Aspire—AAPMR's Career Exploration Platform
 - ✔ Breakfast and lunch offerings
 - ✔ Research Hub
 - ✔ Career Corner
 - ✔ IPSEN Anatomy and Ultrasound Learning Lab

We encourage you to visit [aapmr.org/2024](https://www.aapmr.org/2024) to map out the exhibitors of greatest interest to your practice and make a plan to see them! We also invite you to recommend exhibitors for #AAPMR25. If you'd like to see specific companies or categories of companies exhibit in the PM&R Pavilion, send your suggestions to corporatesupport@aapmr.org.



BE AN ACTIVE MEMBER IN YOUR ACADEMY AND ATTEND THESE IMPORTANT EVENTS AT #AAPMR24

AAPM&R TOWN HALL

📅 Friday, November 8, 4:30-5:30 pm (PT)
📍 Room 16A, Mezzanine Level

This informal setting offers an inviting way to make an in-person connection with the members of your Board of Governors who have set aside this time during the Assembly specifically to address your questions and hear your feedback. Your Board of Governors encourages you to attend the Town Hall.

AAPM&R BUSINESS MEETING

📅 Saturday, November 9, 12:15-1:15 pm (PT)
📍 Room 16A, Mezzanine Level

During this formal annual Business Meeting, the Membership Report, the Nominating Committee Report and any Bylaws recommendations are formally presented for member vote. Attendees will hear a review of 2024 activities and get a preview of 2025 priorities and initiatives. (Only voting members of the Academy—Fellow, Senior Fellow and Part-Time Fellow members may vote, but all members are encouraged to attend.) View the Business Meeting agenda and Nominating Slate at www.aapmr.org/businessmeeting.

Physiatry Day — IS FRIDAY, NOVEMBER 8



Join us as we celebrate *The Power of PM&R*—in your practice and in-person at #AAPMR24 in San Diego. PM&R will take center stage as we come together to showcase the specialty with a day of fun and festivities. No matter where you are, AAPM&R wants to celebrate and unite the specialty in its work, because together we are POWERFUL!

Plan to have some fun and celebrate #PhysiatryDay!

We'll be sharing photos and stories all day on Instagram (@AAPMR), X (@AAPMR), Facebook (@AAPMRInfo) and LinkedIn (@AAPM&R) using the hashtag #PhysiatryDay. Post your photos that showcase *The Power of PM&R*. We'll be on the lookout for your posts and will share them to celebrate physiatry's impact.

For those coming to San Diego:

We're excited to be together in-person! Stop by the Member Resource Center to pick up your t-shirt on Thursday and participate on Friday in fun activities such as our selfie station to celebrate with us. We'll keep the fun going long into the night when we board the USS Midway for a PM&R Party that's not to be missed. Purchase your ticket now before they're sold out.

Learn more at [aapmr.org/physiatryday](https://www.aapmr.org/physiatryday).



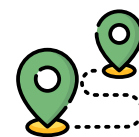
#AAPMR24 CONTENT AVAILABLE FOR ONE YEAR

We know that you can't attend every session, so we've got you covered. Registered attendees will have access to all Assembly content via the virtual platform for one year, with the opportunity to earn up to 118 CME credits!



QUESTIONS ABOUT #AAPMR24

We're excited for you to experience our 2024 Annual Assembly! The Academy is here to answer your questions about how everything will work this year. For updates and more, read our FAQs at www.aapmr.org/aafaqs. If you can't find what you're looking for, please contact us by emailing info@aapmr.org or calling (847) 737-6000.



PLAN YOUR SAN DIEGO ADVENTURE

Make sure to add on a day or two outside of the conference to enjoy everything that San Diego has to offer. From sparkling beaches to laid-back neighborhoods, explore the cultural wonders of Balboa Park, take an epic coastal hike or discover your new favorite restaurant. Whatever makes you smile, there's more of it waiting for you when you stay a few extra days in San Diego.

Start planning your adventure now! Visit [aapmr.org/hotelandtravel](https://www.aapmr.org/hotelandtravel) for more information.

Understanding Long-COVID

N. Lynn Gerber, MD, Foundation for PM&R Summit Club Member and past Board member

Physiatrists are no strangers to managing people with chronic, unpredictable disease and disability trajectories that involve multiple organ systems and domains of function. We are often presented with significant challenges in helping people with chronic fatigue, Lyme disease, post-ICU syndrome, TBI/concussion and now, Long-COVID. Chronic, complex and pathophysiologic mysteries are our daily fare, and we always strive to reduce symptom burden and promote function.

Much has been written about Long-COVID (or post-SARS-CoV-2) yet more needs to be learned about etiology, risk factors and treatment. Patients are often discouraged and despondent given the chronicity, as well as the confusion that surrounds diagnosis, prognosis, assessment and treatment effectiveness. Physiatrists have an opportunity and responsibility to help people with this condition feel better and live better using our skills and abilities to provide informed evaluations and treatment to achieve maximal function.

But how are we supposed to treat Long-COVID when we can't even agree on what to call it? There are many terms including: Post-Covid Condition (WHO); Long-COVID(CDC); Post-Acute Sequelae COVID-19 (PASC)(NIH); and other commonly used terms including "long-haulers," PoCos. The CDC definition of Long-COVID recognizes the complexity of the condition and the many unknowns: "Long-COVID is not one condition. It represents many potentially overlapping entities, likely with different biological causes and different sets of risk factors and outcomes."

Early reports documented more than 60 symptoms involving most organ systems¹. Patterns later emerged suggesting some symptoms are more common than others. In our prospective natural history study of >300 participants, fatigue (20.5%) was most prevalent followed by memory loss (15.5%), shortness of breath without a diagnosis of pulmonary disease(12%)². Functional impact of Long-COVID often is described as exercise/activity intolerance or post-exertional symptom exacerbation(PESE) or malaise. A recent review summarizes much of the current thinking about these symptoms.³

A new National Academies of Sciences, Engineering, and Medicine report that AAPM&R contributed to says the federal government, state and local authorities, clinicians, medical societies and organizations, public health practitioners, employers, educators, and others should adopt a new definition for "Long COVID".⁴

Early results, mainly from small studies both observational and prospective, offer some help, but more research is needed to establish effectiveness and understand the risk profile of long-term management. AAPM&R launched a national call to action, created a multidisciplinary collaborative gathering 40+ clinics and have participated in dozens of governmental initiatives, and the Foundation has supported pilot projects in the area – yet the questions still outpace the funding to provide answers.

There are still questions about which metrics should be used to evaluate patients, identify risk factors and provide meaningful/relevant treatment outcomes. AAPM&R's Multidisciplinary PASC Collaborative has issued eight consensus guidance statements on aspects of Long-COVID treatment to date⁵, but additional guidance is still needed on management of other common symptoms in this group. Physiatrists have an opportunity and responsibility to help people with this condition feel better and live better using our skills and abilities, even with imperfect/incomplete data to guide us. Ultimately, though we need more investigation to provide informed evaluations and treatment to achieve maximal function.

¹ Davis HE, Assaf GS, McCorkell L, Wei H, Low RJ, Re'em Y, Redfield S, Austin JP, Akrami A. Characterizing long COVID in an international cohort: 7 months of symptoms and their impact. *EClinicalMedicine*. 2021 Aug;38:101019. doi: 10.1016/j.eclinm.2021.101019. Epub 2021 Jul 15. PMID: 34308300; PMCID: PMC8280690.

² de Avila L, Price JK, Stepanova M, Lam B, Weinstein AA, Pham H, Austin P, Keo W, Younossi Z, Afendy M, Nader S, Terra K, Cable R, Younossi E, Golabi P, Verma M, Nader F, Racila A, Gerber LH, Younossi ZM. Regular Exercise Is Associated With Low Fatigue Levels and Good Functional Outcomes After COVID-19: A Prospective Observational Study. *Am J Phys Med Rehabil*. 2023 May 1;102(5):433-443. doi: 10.1097/PHM.0000000000002197. Epub 2023 Feb 1. PMID: 36753451; PMCID: PMC10125009.

³ Davis HE, McCorkell L, Vogel JM, Topol EJ. Long COVID: major findings, mechanisms and recommendations. *Nat Rev Microbiol*. 2023 Mar;21(3):133-146. doi: 10.1038/s41579-022-00846-2. Epub 2023 Jan 13. Erratum in: *Nat Rev Microbiol*. 2023 Jun;21(6):408. PMID: 36639608; PMCID: PMC9839201.

⁴ <https://www.nationalacademies.org/news/2024/06/federal-government-clinicians-employers-and-others-should-adopt-new-definition-for-long-covid-to-aid-in-consistent-diagnosis-documentation-and-treatment>

⁵ PASC Consensus Guidance, <https://www.aapmr.org/advocacy/current-priorities/long-covid-pasc/pasc-guidance>.



N. Lynn Gerber MD



Support physiatric research today by scanning the QR code or visiting www.foundationforpmr.org/donate-now.



Thank You for Representing PM&R as Team Physicians!

In our August issue, we highlighted that we have been collecting information from members who currently serve as a team physician. We're excited to spotlight our members who served as team physicians at the 2024 Olympic and Paralympic levels:



Ellen Casey, MD, FAAPMR
Team USA Olympic Gymnastics
Hospital for Special Surgery



Charles Kenyon, DO, MS, FAAPMR
Team USA Paralympic Swim
University of Washington



Brian Krabak, MD, MBA, FAAPMR
Team USA Olympic Swim
University of Washington



Adam Lewno, DO, FAAPMR
Team USA Paralympic Swim
University of Michigan



William Micheo, MD, FAAPMR
Puerto Rico Olympic Head Team Physician
University of Puerto Rico Medical School



Monica Rho, MD, FAAPMR
Team USA Olympic Women's Soccer
Shirley Ryan AbilityLab



Allison Schroeder, MD, FAAPMR
Team USA Olympic Basketball 3x3
University Hospitals



David Soto-Quijano, MD, FAAPMR
Puerto Rico Olympic Women's Basketball
VA Caribbean Healthcare System



Stephanie Tow, MD, FAAPMR
Team USA Paralympic Swim
University of Colorado / Children's Hospital Colorado



Jason Zaremski, MD, FAAPMR
Team USA Olympic U-17 Women's Soccer
University of Florida

CONGRATULATIONS TEAM PHYSIATRY ON ALL YOUR GREAT WORK WITH YOUR RESPECTIVE TEAMS.

“Team work makes the dream work!”

If you haven't already shared with us and are an active team physician, please let us know at www.aapmr.org/teamphysicians. We would like to feature you in AAPM&R communications, including emails and social media. Learn more at www.aapmr.org/teamphysicians.



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VOLUNTEER WITH THE ACADEMY

More than 600 members volunteer with the Academy each year to advance our vision for the future of the specialty. By giving back, you receive valuable networking opportunities with peers, gain unique insight into the Academy community, and stay current with specialty-related advancements. Plus, you get to flex your clinical and practice skills!

Volunteers are the fuel that power the Academy. With every new volunteer, AAPM&R becomes more energized, more diverse and inclusive, and better equipped to reach our common goals.

Join the growing roster of Team Physiatry members contributing their time and expertise to support the mission, vision, and core values of the Academy. **Learn more at aapmr.org/volunteer.**



2024 AWARD WINNERS

OCTOBER/NOVEMBER 2024 AAPM&R AWARDS SPECIAL ISSUE

Congratulations to AAPM&R's 2024 Award Recipients!

AAPM&R has an awards program to recognize members who deserve the praise of their peers. Each year, Academy members are encouraged to submit award nominations to recognize lifetime achievement, distinguished membership and public service, as well as pioneering physiatrists, clinicians and researchers who have made significant contributions to both the specialty and to people with disabilities.

In our continued commitment to inclusivity, we introduced two new awards last year to recognize AAPM&R members for their work in advancing PM&R and promoting the understanding and value of physiatry:

- **Early PM&R Career Award** is for Academy members who have made an impact on the future of PM&R through distinction in innovation, advocacy, leadership, service or clinical practice within ten or fewer years in practice.
- **PM&R Awareness and Value Award** is to recognize individuals whose efforts have significantly elevated the understanding and value of physiatry across healthcare.

Additionally, we renamed the Public Service Award to the PM&R Public Service, Health Equity and Advocacy Award.

Please join AAPM&R and its Awards Committee in congratulating this year's award recipients, who will be honored at the AAPM&R 2024 Annual Assembly on Saturday, November 9, 1:30-2:45 pm (PT).

Congratulations!



Frank H. Krusen, MD, Lifetime Achievement Award

The Academy's highest honor is the Frank H. Krusen, MD, Lifetime Achievement Award. It was established in 1972 in honor of Frank H. Krusen, MD, a founding father and the fourth president of the Academy who was a leader in the development of the specialty of PM&R. Recipients of the Frank H. Krusen Award are selected for their outstanding and unique contributions to the specialty of PM&R in the areas of patient care, research, education, literary contributions, community service and involvement in Academy activities.



Walter R. Frontera
MD, PhD, FRCP, FAAPMR

Walter R. Frontera, MD, PhD, FRCP, FAAPMR (San Juan, Puerto Rico)
University of Puerto Rico School of Medicine

Dr. Frontera is professor in the Departments of Physical Medicine, Rehabilitation, and Sports Medicine and Physiology at the University of Puerto Rico (UPR). He completed a residency in PM&R at the UPR and a doctoral degree in exercise physiology at Boston University. Dr. Frontera has been professor and founding chair of three departments of PM&R at Harvard Medical School, Vanderbilt University and the UPR. He also served as dean of medicine at the UPR. Active in sports medicine, he was the founder and first director of the Center for Sports Health and Exercise Sciences of the UPR and the Puerto Rico Olympic Committee.

His main research interest is the study of muscle dysfunction and the benefits of exercise in older adults. He was the first to demonstrate muscle hypertrophy in older adults after strength training. Dr. Frontera has authored more than 350 scientific publications including 19 edited books. Currently, he serves as the Editor-in-Chief of *The American Journal of PM&R*.

At the U.S. National Institutes of Health, he has been a permanent member of several scientific review panels, the Board of Scientific Counselors of the NIH Clinical Center, the Council of the National Institute of Child Health and Human Development and the Blue-Ribbon Panel appointed by the NIH Director to assess the status of rehabilitation research across NIH.

He is an elected fellow of AAPM&R, the American Association for the Advancement of Science, the Royal College of Physicians, the American Physiological Society, and the American College of Sports Medicine. Dr. Frontera has received several awards including the Best Scientific Research Paper (three times) and AAPM&R's Distinguished Member Award, the Sydney Licht Award of the International Society of PM&R, the Excellence in Rehabilitation of Aging Persons Award of the Gerontological Society of America, the NYU Rusk Award, and the Mayo Clinic Krusen Visiting Professorship.

He was president of the International Society for PM&R and of the International Federation of Sports Medicine. He has been a member of three committees of the World Health Organization (WHO) and is the current co-chair of the WHO/World Rehabilitation Alliance Research Workstream. Dr. Frontera has presented invited lectures in 64 countries and is an honorary member of national PM&R societies in Belgium, Chile, Dominican Republic, Basque Country, Italy, Japan, and Mexico. [📄](#)



Distinguished Member Award

The Distinguished Member Award was established in 1994 to honor AAPM&R members who have provided invaluable service to the specialty of PM&R, and demonstrated excellence in physiatric clinical care, scholarly activities and contributions to the Academy.



Theresa A. Gillis
MD, FAAPMR

Theresa A. Gillis, MD, FAAPMR (New York, New York)
Memorial Sloan Kettering Cancer Center

Dr. Gillis is the chief of the Rehabilitation Medicine Service at Memorial Sloan Kettering Cancer Center (MSK), associate attending physiatrist at Memorial Hospital, and associate clinical professor of Rehabilitation Medicine at Weill Cornell Medical College. She is the incumbent chair of The Society of Memorial Sloan Kettering Cancer Center. An AAPM&R member since residency, she is proud to serve on the Academy's Medical Education Committee.

Dr. Gillis has extensive leadership experience in the development and growth of Cancer Rehabilitation programs. She began her career at the University of Texas MD Anderson Cancer Center as their first full-time physiatrist and served as their inaugural chief of Rehabilitation Service, where she guided multiple structural changes to the program. Dr. Gillis was recruited to the role of service chief for Rehabilitation at MSK in 2015. The service under her leadership has transformed to bring physiatrists to Sloan Kettering's multiple Manhattan and regional outpatient sites to ease access for patients. She has developed embedded clinics for faculty in multidisciplinary bone metastasis, spine and brain tumor centers, and expanded the consultative service to address the unique challenges of oncology patients in acute care.

She earned her medical degree from Northeastern Ohio Medical University, completing residency in physical medicine and rehabilitation at Baylor College of Medicine and obtaining several board-certifications. Her areas of academic and research interest include improving functional assessments of patients in cancer treatment, increasing the accuracy of attribution of symptomatology, and exploring the feasibility of new models of care such as prehabilitation. Through her roles as a clinician, author and educator she has inspired many residents and colleagues to embrace care of cancer patients and expanded the visibility of this career focus. [📄](#)



Craig M. McDonald
MD, FAAPMR

Craig M. McDonald, MD, FAAPMR (Sacramento, California)
UC Davis Medical Center

Dr. McDonald is distinguished professor and chair of Physical Medicine & Rehabilitation and distinguished professor of Pediatrics at University of California Davis Health. He also serves as the director of the Neuromuscular Disease Clinics at UC Davis and Shriners Hospital for Children, Northern California in Sacramento. Dr. McDonald was the first physiatrist to be promoted to the above scale rank of distinguished professor in the University of California system. For the past 12 years, he has been the only PM&R physician to serve as a site principal investigator for the NIH NINDS NeuroNEXT clinical trials consortium. Dr. McDonald received his medical degree from the University of Washington and pursued Pediatric and PM&R training at UCLA and University of Washington respectively. He has been in academic practice for 32 years.

Dr. McDonald is an internationally recognized translational physician scientist in the fields of Pediatric Physical Medicine & Rehabilitation and Neuromuscular Medicine whose pioneering work and leadership of international multicenter consortiums has greatly contributed to the FDA approvals of five gene-targeted treatments for Duchenne muscular dystrophy (DMD) improving survival and quality of lives of persons with this genetic condition.

He has published more than 250 peer-reviewed articles. In 2019, he received both the Distinguished Researcher Award by American Association of Neuromuscular and Electrodiagnostic Medicine, and the Carolyn Braddom Ritzler Research Award from the Association of Academic Physiatrists. In 2023 his article on cell therapy for severe non-ambulatory DMD patients published in the *Lancet* received a Top 10 Clinical Research Achievement Award selected nationally by the *Clinical Research Forum*. [📄](#)



Distinguished Public Service, Health Equity and Advocacy Award

This award was established to honor individuals who, in the course of public service activities, have made significant contributions to enhance the quality-of-life for individuals with disabilities, or in vulnerable populations at risk for disabilities.



Benjamin A. Abramoff
MD, MS, FAAPMR

Benjamin A. Abramoff, MD, MS, FAAPMR (Philadelphia, Pennsylvania)
Penn Medicine

Dr. Abramoff is an assistant professor of Physical Medication and Rehabilitation at the University of Pennsylvania Perelman School of Medicine. He serves at the director of Spinal Cord Injury Services at the Penn Institute of Rehabilitation Medicine and is also the founder and director of Penn Medicine's Post-COVID Assessment and Recovery Clinic. This is one of the first comprehensive clinics for Post-COVID care in the country, and to date, has treated more than 2,000 patients.

Since the clinic's inception, Dr. Abramoff has worked with researchers across the University of Pennsylvania and other academic institutions to learn more about the causes and optimal treatments for Long COVID, including groundbreaking research looking into the immunologic and metabolomic foundations of Long COVID. He is also leading an NIH-funded study investigating a comprehensive physical and cognitive rehabilitation program for Long COVID.

Considered a national expert, he helped to develop and serves as the co-chair of AAPM&R's Post-COVID Clinic Collaborative made up of over 40 post-COVID clinics nationally. Through this effort, the collaborative

has developed eight guidance statements on the management of Long COVID, developed clinical infrastructure guidance for new and developing Long COVID clinics, and advocated for clinicians treating patients with Long COVID.

Dr. Abramoff is a graduate of Cornell University in Ithaca, NY, and the Ohio State University College of Medicine in Columbus, OH, where he received a concurrent master's degree in Health and Rehabilitation Sciences, specializing in Health Education. Dr. Abramoff completed a physical medicine and rehabilitation residency at Emory University in Atlanta, GA, and subspecialty training in spinal cord injury medicine at the Shirley Ryan AbilityLab of the Feinberg School of Medicine at Northwestern University. □



Annette Grotheer
MD, MPH

Annette Grotheer, MD, MPH (Seattle, Washington)
University of Washington

Dr. Grotheer is a board-certified Physical Medicine and Rehabilitation physician and a current Pain Fellow at the University of Washington in Seattle. She completed her residency at Northwestern University in Chicago, IL, and earned her medical degree along with a Master of Public Health from the University of Miami Miller School of Medicine. She also holds a bachelor's degree in psychology from the University of Colorado Boulder.

Throughout her career, she has secured over \$70k in grants through The Shop Docs, a non-profit she founded to improve health in black communities. Dr. Grotheer is also actively involved in the Illinois Legislative Black Caucus Foundation Brain Trust and Shirley Ryan's Diversity, Equity, and Inclusion and Medical Care Committees. She has been a member of AAPM&R since 2021.

In 2023, Dr. Grotheer was honored with several awards, including recognition from Chicago 300 Black Women, NMQF's 40 Under 40 Leaders in Health, and Black Health Connect's 40 Under 40. □



Mooyeon Oh-Park
MD, FAAPMR

Mooyeon Oh-Park, MD, FAAPMR (White Plains, New York)
Burke Rehabilitation Hospital/Montefiore Health System

Dr. Mooyeon Oh-Park has been an outstanding clinician, educator, researcher, administrator and patient advocate throughout her 30-year career as a physiatrist. She earned her medical degree from Seoul National University College of Medicine, Seoul, South Korea, her Master's degree in Clinical Research Methods from Albert Einstein College of Medicine, and a Master's in Health Care Management from Harvard T.H. Chan School of Public Health.

Dr. Oh-Park is the chief medical officer and senior vice president of Burke Rehabilitation Hospital, White Plains, NY, and a professor at the Department of Rehabilitation Medicine, Albert Einstein College of Medicine, Montefiore Health System, New York, NY. She is also the chair of AAPM&R's Age-Friendly Care in the Rehabilitation Member Community.

With the global aging trend and the rise in chronic diseases leading to disabilities, she champions rehabilitation as a crucial strategy to prevent these issues. Her advocacy extends to the value of rehabilitation services across the care continuum and in the community. Under her leadership, Burke achieved the level II Age-Friendly Health System Designation from the Institute for Healthcare Improvement, the lowest 30-day readmission rate in the country, doubled the size of PM&R residency, and created fellowships in Brain Injury Medicine and Sports Medicine.

She championed a clinical trial of *CatchU*, a digital health app, in fall prevention for older adults, implementing neurological music therapy for the neuro population, and exploring an adaptive art therapy with CoFRIDA robot for individuals with disabilities. She published more than 100 peer-reviewed articles and book chapters and offered 150 presentations and educational sessions in rehabilitation. She received 17 teaching awards and several additional recognitions for her exceptional leadership as a healthcare administrator. She has mentored hundreds of trainees who are now thriving in their careers. □



Early PM&R Career Award

Recognizes Academy members who have made an impact on the future of PM&R through distinction in innovation, advocacy, leadership, service or clinical practice within ten or fewer years in practice.



Berdale S. Colorado
DO, MPH, FAAPMR

Berdale S. Colorado, DO, MPH, FAAPMR (Hoover, Alabama)
University of Alabama at Birmingham

Dr. Colorado is the assistant dean for Student Experience at the University of Alabama at Birmingham (UAB) Heersink School of Medicine. He is an associate professor in the Department of Physical Medicine and Rehabilitation. He serves as vice chair of Education, program director for the PM&R Residency, program director for the Interventional Spine and Musculoskeletal Medicine Fellowship, chief of Sports and Musculoskeletal Medicine, and medical director for Performing Arts Medicine. He is also a team physician for UAB Athletics. Dr. Colorado completed his PM&R Residency at the Medical College of Wisconsin, where he served as chief resident. He then completed a Sports Medicine and Interventional Spine Fellowship at Washington University in St. Louis. After Fellowship, he was on Faculty at Washington University Department of Orthopedic Surgery for eight years.

He represents PM&R in the Sports Medicine Board Examination Committee, and has been an Oral Board examiner for ABPMR since 2019. Dr. Colorado has served on multiple committees for AAPM&R including the Clinical Practice Guidelines Committee, Graduate Medical Education Committee, Orthobiologics Technical Expert Panel, and is an examiner for the STEP Ultrasound Program. He will be graduating from the AAPM&R Future Leaders Program at the end of 2024.

Dr. Colorado has been recognized with multiple awards nationally and within his institution. In 2018, he was an inaugural recipient of the 20 under 40 Award by the North American Spine Society, one of only two physiatrists on this list. In 2017, he was awarded the President's Research Initiative Award by the AANEM and was Golseth Young Investigator Award First Runner Up.

His clinical and research interests include musculoskeletal and neuromuscular ultrasound, electrodiagnostics, adaptive sports, regenerative medicine, interventional spine and performing arts medicine. He has lectured nationally and has authored numerous peer-reviewed articles and book chapters on topics related to sports, spine, and musculoskeletal medicine. □



Adam Tenforde
MD, FAAPMR

Adam Tenforde, MD, FAAPMR (Milton, Massachusetts)
Spaulding Rehabilitation Hospital

Dr. Tenforde is an associate professor in the Department of Physical Medicine and Rehabilitation at Harvard Medical School. He is a sports medicine physician at Spaulding Rehabilitation, and a member of the Mass General Brigham healthcare system. Dr. Tenforde is the director of Shockwave Medicine and Running Medicine at the Spaulding National Running Center – one of the only centers in the United States exclusively dedicated to the diagnosis and treatment of running-related injuries. He has the unique perspective of being both a doctor and a former professional runner who was an All-American at Stanford University where he contributed to three NCAA National Team Championships and later qualified for the Olympic trials. He completed medical school, PM&R residency and sports fellowship training at Stanford University Medical Center prior to joining the faculty at Spaulding Rehabilitation.

His research has focused on understanding modifiable risk factors for stress fractures, tendinopathy and other running injuries and interventions to address these injuries including use of extracorporeal shockwave. His expertise has been recognized including serving as co-chair to develop the first Youth Running Consensus

Statement, selection to the Collaborative Research Network Youth Sport Specialization group for American Medical Society for Sports Medicine, and content expert for the International Olympic Committee Relative Energy Deficiency in Sports updated consensus statement in 2018.

In the telehealth space, he was selected for AAPM&R's task force where he led the development of a white paper that defines the future of telehealth for the specialty of PM&R. He has also contributed to workforce gender equity research in the field of PM&R with goals to ensure opportunities for all physicians in the specialty. □



Vovanti T. Jones
MD, FAAPMR

Vovanti T. Jones, MD, FAAPMR (Columbia, Missouri)
University of Missouri Columbia

Dr. Jones is an associate professor of Clinical Physical Medicine and Rehabilitation at the University of Missouri. She received her medical degree from the Washington University in St. Louis School of Medicine. Dr. Jones completed her residency in PM&R at Schwab Rehabilitation Hospital in Chicago. She specializes in the rehabilitation of patients with neuromuscular diseases and neurological disorders with special focus on Stroke. Dr. Jones is the medical director of the Stroke inpatient rehabilitation unit at Rusk Rehabilitation Hospital, and co-director of the University of Missouri's Muscular Dystrophy Association Clinic and the ALS Center of Excellence. Her research focuses on optimizing functional outcomes and adaptive equipment use in patients with neurologic disorders as well as participating in clinical trials for people with neuromuscular disorders.

She has a strong interest in advocacy for persons with disabilities. Yearly she works with the Disabled Athletes Sports Association to show case adaptive sports to the local community. She regularly contributes articles to *LGMD News*, the magazine for people in the Limb-Girdle muscular Dystrophy.

Dr. Jones is currently serves as the chair of AAPM&R's African American Member Community and is a member of the Diversity Equity and Inclusion Committee. She is also a member of the Association of Academic Physiatrists and the American Association of Neuromuscular and Electrodiagnostic Medicine. □



PM&R Awareness and Value Award

Recognizes individuals whose efforts have significantly elevated the understanding and value of physiatry across healthcare.



Matthew Grierson
MD, FAAPMR

Matthew Grierson, MD, FAAPMR (Lake Forest, Washington)
Sound Spine and Joint Physicians

Dr. Grierson is a board-certified PM&R sports medicine physician and the owner of Sound Spine and Joint Physicians, a practice in Seattle, Washington. With a BFA in modern dance, Dr. Grierson has a unique understanding of how movement shapes individual identity. He is dedicated to helping patients of all ages, abilities, and functional levels.

Dr. Grierson earned his medical degree from Boston University and completed his PM&R residency and sports medicine fellowship at the University of Washington, where he also served as chief resident. He co-founded Seattle Dance and Performing Arts Medicine (SeaPAM), a non-profit providing free medical care to local performing artists. He is a board member and treasurer for the International Association for Dance Medicine and Science (IADMS), supporting optimal health, well-being, training, and performance for dancers globally. Additionally, he has served as a team physician for the two-time Major League Rugby champions, the Seattle Seahawks.

As a staunch advocate for PM&R physicians and their patients, Dr. Grierson chairs the Academy's Reimbursement and Policy Review Committee, where he spearheads member education and reimbursement advocacy. Notably, he is the first PM&R physician to secure a seat on the American Medical Association's (AMA's) Relative Value Scale Update Committee (RUC). Dr. Grierson has dedicated more than 15 years on the Washington State Medical Association (WSMA) board and currently serves as Speaker of the WSMA House of Delegates. Additionally, he has been an active member of the PM&R Section Council for over a decade, helping to advance our Academy's advocacy agenda within the AMA's House of Delegates. [📄](#)



Carlo J.E. Milani
MD, MBA, FAAPMR

Carlo J.E. Milani, MD, MBA, FAAPMR (Westport, Connecticut)
Hospital for Special Surgery

Dr. Carlo Milani is an assistant attending physiatrist at Hospital for Special Surgery (HSS) in the Department of Physiatry. He is also an assistant professor of Clinical Rehabilitation Medicine at Weill Cornell Medical College. Dr. Milani earned his medical degree from Tulane University School of Medicine and his MBA from the Tulane Freeman School of Business. Dr. Milani completed residency in Physical Medicine & Rehabilitation at the University of Washington in Seattle. He completed his fellowship training in interventional spine and sports medicine at HSS in 2018. Dr. Milani's clinical practice includes the non-operative treatment of acute sports injuries, musculoskeletal conditions, spine disorders, and electrodiagnosis focused on spine and peripheral nerve injuries. Dr. Milani is also involved in clinical research at HSS evaluating various aspects of spine and peripheral nerve injuries. Additionally, he trains residents from the New York Presbyterian/Weill Cornell PM&R program and fellows from the ACGME and NASS sports and spine fellowships at HSS.

In addition to his dedication to patient care and academic medicine, Dr. Milani is a passionate advocate for physicians and their patients as evidenced by his volunteerism. Dr. Milani first began volunteering with AAPM&R on the Resident Physician's Council (now PHIT Council). Dr. Milani has served on the Academy's Reimbursement and Policy Review Committee since 2017. He is the Academy's Advisor and primary advocacy voice for PM&R to the American Medical Association's (AMA's) Relative Value Scale Update Committee (RUC). Dr. Milani also serves as the Academy's Alternate Delegate to the AMA House of Delegates, working to advance all facets of the Academy's advocacy agenda. [📄](#)



Theresa M. Oney
MD, FAAPMR

Theresa M. Oney, MD, FAAPMR (Troy, Michigan)
Corewell Health (Beaumont Health)

Dr. Oney is a board-certified Physical Medicine and Rehabilitation Specialist with a focus on non-surgical management of pain and musculoskeletal disorders. She completed her undergraduate studies at the University of Michigan, attended medical school at Michigan State University, and completed her internship at Hurley Hospital in Flint, Michigan. Dr. Oney completed her residency in Physical Medicine and Rehabilitation at the Mayo Clinic in Rochester, Minnesota.

She has published research and has extensive experience in both outpatient and inpatient rehabilitation settings. She currently runs a private practice in Grosse Pointe, Michigan, and holds privileges with Corewell Hospital. Dr. Oney serves as a board member for United Physicians and as a faculty member at Oakland University School of Medicine. She has also chaired AAPM&R's African American Member Community and is a member of our Health Legislation and Policy Committee.

Dr. Oney is dedicated to enhancing and restoring functional ability and quality of life for those with pain and physical impairments. She is committed to providing quality healthcare with empathy and compassion as well as listening to her patients' needs. Beyond her medical career, Dr. Oney has been a City Council member since 2019, re-elected in 2023. She is passionate about ensuring healthcare access and equity, especially for minority communities, and is an active and enthusiastic member of her community. [📄](#)



PASSOR Legacy Award and Lectureship

Established in 2008 to preserve the legacy and namesake of the *Physiatric Association of Spine, Sports and Occupational Rehabilitation (PASSOR)*, this award is meant to recognize an individual in mid-career who has advanced musculoskeletal physiatry through clinical care, education, service or scholarship (research).



Stuart E. Willick
MD, FAAPMR

Stuart E. Willick, MD, FAAPMR (Salt Lake City, UT)
University of Utah Orthopaedic Center

Dr. Willick is a sports medicine physician at the University of Utah Orthopaedic Center. He completed residency at the University of Washington and fellowship at the Rehabilitation Institute of Chicago. He first joined PASSOR as a resident in 1997. Dr. Willick's clinical practice focuses on exercise approaches in the rehabilitation of recreational and elite athletes. His research focus is sports injury prevention. He is the program director of the multi-disciplinary sports medicine fellowship at the University of Utah, the head team physician for the national champion University of Utah Ski Team, and medical director of the Snowbird Ski Clinic. Dr. Willick has been the team and event physician for numerous local, national and international sporting events. He has also served as team physician for the U.S. Ski and Snowboard teams, U.S. Speedskating, USA Climbing, U.S. Bobsled and Skeleton and the United States Olympic and Paralympic Committee. Dr. Willick has worked at 11 Olympic and Paralympic Games, including two stints as medical director for the International Paralympic Committee, and looks forward to welcoming the world back to Salt Lake City for the 2034 Winter Olympic and Paralympic Games. [📄](#)

Respectfully submitted by the 2024 AAPM&R Awards Committee:



John C. Cianca
MD, FAAPMR, Chair



Glendaliz Bosques
MD, FAAPMR, Member



Lester Duplechan
MD, FAAPMR, Member



Michelle S. Gittler
MD, FAAPMR, Member



Cindy Ivanhoe
MD, FAAPMR, Member



Aurora C. Wong
MD, FAAPMR, Member

Thank You for Nominating

Thank you to all members who participated in this year's awards nominations. 2025 Nominations will open in March; watch [physforum.org](https://www.phyzforum.org) for details.

Call for 2025 AAPM&R Innovators & Influencers Honorees!

The call for the 2025 AAPM&R Innovators & Influencers Honorees is now open! The Academy wants to feature the amazing work of our early- and mid-career physiatrists and the impact they have in the field of PM&R.

In our inaugural year last year, we honored 21 members who had accomplished innovative or influential projects within PM&R or to support the patient population.

Through this Honoree program, members can be recognized for various contributions which include but are not limited to:

- Clinical Innovation
- Practice Innovation
- Specialty Advocacy
- Patient Advocacy
- National Education
- National Service
- Specialty Awareness/Expansion
- Mentorship
- Community Programming/Involvement
- Patient Education



Does this describe you or someone you know? We would love to recognize you and your colleagues' efforts in improving and making a difference to the specialty! Now accepting nominations and self-nominations for AAPM&R members from PGY3 through 15 years in practice.

To learn more about this program, submit a nomination or read more about the 2024 honorees, visit www.aapmr.org/innovatorsandinfluencers. All nominations are due by November 27.

2024 Institution Partners Council

AAPM&R is grateful for our 2024 partners who help the Academy advance the field of physical medicine and rehabilitation medicine with their support. Read on to learn more about them.



Atrium Health Carolinas Rehabilitation

Atrium Health
Carolinas Rehabilitation

We Restore Quality To Life through exceptional care. Ranked #7 nationally by *U.S. News & World Report*, we are the Southeast's

largest PM&R practice. Across 5 free-standing inpatient rehabilitation hospitals, our board-certified doctors, therapists and nurses deliver expert care with unwavering compassion to adult and pediatric patients, addressing the most complex conditions. We have the world's first by CARF accredited Cancer Rehabilitation Program, along with 16 other accredited programs and specialties, including Brain Injury, Stroke, Amputation and Spinal Cord Injury. Wake Forest University School of Medicine serves as the academic core for Carolinas Rehabilitation PM&R. Globally recognized for our expertise, we are members of World Rehabilitation Alliance. Celebrating 75 years of leadership in PM&R, Carolinas Rehabilitation is committed to transforming lives—one patient at a time.

Barrow Neurological Institute

Barrow Neurological Institute
Barrow Neurological Institute in Phoenix, Arizona is an international leader in the treatment, research and education of brain and spinal diseases, conditions and injuries. Our mission is to advance the knowledge and practice of medicine in neuroscience through basic and clinical research, education of medical professionals and innovation in clinical techniques and technology. Equipped with the latest rehabilitation technology and robotics, our rehab continuum provides a full spectrum of care, including inpatient and outpatient rehabilitation services, work and school re-entry programs, support groups and more. Barrow is home to nine CARF-accredited rehabilitation programs and is ranked by *U.S. News & World Report* as a top rehabilitation hospital.

Brooks Rehabilitation Institute

BROOKS Rehabilitation
Brooks Rehabilitation, a nonprofit organization, headquartered in Jacksonville, Florida, operates two inpatient rehabilitation hospitals totaling 220 beds and a Center for Inpatient Rehabilitation in partnership with Halifax Health in Daytona Beach, Florida. Brooks also operates a home healthcare agency, more than 50 outpatient therapy clinics, the Brooks Rehabilitation Medical Group, two skilled nursing facilities, assisted living and memory care. In addition, the Brooks Clinical Research Center specializes in research to advance the science of rehabilitation. Brooks also provides low- or no-cost community programs and services to improve the quality-of-life for people living with physical disabilities.

Christine E. Lynn Rehabilitation Center at UHealth Jackson Rehab Care

UHealth Jackson
Rehabilitation Care
CHRISTINE E. LYNN REHABILITATION CENTER FOR THE MAMA PROJECT TO CURE PARALYSIS

The Christine E. Lynn Rehabilitation Center (LRC) at UHealth Jackson

Rehab Care has been named among the top hospitals in the U.S. by the *U.S. News & World Report*, placing us in the top 5 percent of rehabilitation hospitals nationwide. This tremendous recognition can be attributed to LRC's luminary physicians, therapists, nurses and support staff, who work diligently and selflessly with some of our most complex and fragile patients. Our team strives daily to help our patients improve function, mobility, independence and activity levels for a better quality-of-life. This continued dedication and a state-of-the-art facility have positioned this rehab hospital as the hospital of choice in South Florida.

The Craig H. Neilsen Rehabilitation Hospital at the University of Utah Health

Craig H. Neilsen
REHABILITATION HOSPITAL
UNIVERSITY OF UTAH

The Craig H. Neilsen Rehabilitation Hospital at the University of

Utah Health seamlessly blends hospitality with state-of-the-art care and innovation. Equipped with cutting-edge medical technologies and staffed by dedicated experts, it offers specialized programs for individuals recovering from spinal cord injuries, brain injuries and other complex neurological conditions. Working in tandem with the Department of Physical Medicine and Rehabilitation, our synergistic efforts drive ground-breaking research, comprehensive education and exceptional patient care. Together, we create a collaborative environment fostering recovery, independence and an improved quality-of-life for patients on their rehabilitation journey.

Dr. Hassan

HASSAN
Dr. Hassan, a board-certified physiatrist, excels in medical practice and business coaching. He empowers physiatrists to achieve financial independence and practice on their own terms. With expertise in physiatry and business, Dr. Hassan bridges the gap between medical excellence and entrepreneurship. His holistic approach includes personal development, financial planning and strategic thinking, ensuring physicians can start, sustain and grow profitable practices. Dr. Hassan envisions a future where physician-entrepreneurs revolutionize physiatry and reclaim ownership of medicine. His guidance is pivotal in transforming medical practice and empowering physicians for independent success.

Encompass Health

Encompass Health
Rehabilitation Hospitals

Encompass Health is the nation's largest owner and operator of inpatient rehabilitation hospitals, with a national footprint that includes more than 160 hospitals in 37 states and Puerto Rico. Our team of clinical experts provide high-quality, compassionate rehabilitative care for patients recovering from a major injury or illness, using advanced technology and innovative treatments to maximize recovery. Encompass Health offers a rewarding experience where physicians will see patients improve and regain their independence, all while having a flexible schedule and work-life balance. We provide training and development, online continuing education opportunities, mentorships and leadership development programs.

Jefferson Moss-Magee Rehabilitation

Jefferson Health
Jefferson Moss-Magee Rehabilitation

MossRehab, ranked #8 in the nation by *U.S. News & World Report* and Magee Rehabilitation Hospital have come together under the umbrella of Jefferson Health and are now known as Jefferson Moss-Magee Rehabilitation. With six inpatient and 35+ outpatient locations, a Model Center for Brain Injury and a nationally-recognized spinal cord injury program, we are the largest provider in the Philadelphia region. Our stroke program offers the latest advances in neurological rehab with access to clinical research. Our full continuum of care includes the Jefferson Moss Rehabilitation Research Institute, an advanced robotics program and an extensive creative arts program.

JFK Johnson Rehabilitation Institute

50th
WORLDWIDE REHABILITATION INSTITUTE
1974-2024

Named one of the top rehabilitation hospitals in the country by *U.S. News & World Report* six years in a row, JFK Johnson Rehabilitation Institute, a part of Hackensack Meridian Health, has been providing quality clinical rehabilitation care for 50 years in specialties such as stroke rehabilitation, brain injury, orthopedics/musculoskeletal and sports injuries, spinal cord injury, pain treatment, cardiac rehabilitation, prosthetics/orthotics, Parkinson's disease, pediatrics and women's services. Our PM&R Residency Program has a 5-Star Rating on Doximity.

Mayo Clinic

MAYO CLINIC

Mayo Clinic has more No. 1 rankings than any other hospital in the nation according to *U.S. News & World Report*. Everyone at Mayo Clinic is on a mission to provide compassionate, world-class care to each person, in every connection. That includes 1.3 million patients from more than 130 countries who visit Mayo Clinic campuses each year. We also train future health leaders who share our drive to transform healthcare. Mayo Clinic is a non-profit organization committed to clinical practice, education and research, providing whole-person care to everyone who needs healing. Here, experts solve the biggest healthcare challenges together. Behind our top rankings, you'll find a diverse, inclusive culture of teamwork, excellence, mutual respect and dedication to putting patients first. We are undaunted by the unknown and walk alongside patients on their journeys to find answers and solutions.

MetroHealth System and Case Western Reserve University

MetroHealth

The MetroHealth System (MHS) is a leading academic medical center that is focused on the region's diverse population and is nationally-renowned for innovation, outcomes and service. The MetroHealth Rehabilitation Institute, a Case Western Reserve University affiliate, includes CARF-accredited comprehensive rehabilitation services, a Spinal Cord Injury Model System Center, and is ranked by *U.S. News & World Report* as a top rehabilitation hospital. Training programs include a PM&R Residency and Fellowships in Brain Injury, Pain and Spinal Cord Injury. The MetroHealth Center for Rehabilitation Research conducts cutting-edge rehabilitation research and is one of the top rehabilitation departments in the nation in NIH funding (Blue Ridge).

Montefiore Rehabilitation

Montefiore | **EINSTEIN**
Rehabilitation Medicine

Montefiore Rehabilitation Medicine has been strengthening our local and global advocacy and service efforts – participating in MSSNY's Disability Pride Month, expanding our community adaptive sports, and continuing our international physiatric medical partnerships and mission trips. Our residency continues to expand our categorical class, increasing from four to five spots this cycle, while keeping our PGY2-4 classes at nine per year. We continue to expand our faculty: welcoming back a recent graduate, Jasal Patel, as our new cancer rehabilitation attending this fall.

MUSC Health Physical Medicine & Rehabilitation

MUSC
Medical University of South Carolina

The expanding PM&R Division at the Medical University of South Carolina (MUSC) is led by division chief, Ameet Nagpal, MD, MS, MEd, MBA, FAAPMR. We offer services for patients suffering from chronic pain, musculoskeletal and/or sports injuries, acquired brain injuries, spinal cord injuries, amputations and other disabling conditions. We also offer world-class care for inpatient rehabilitation at MUSC Health Rehabilitation Hospital. MUSC and the PM&R Division are aligned in the strategy of developing a PM&R residency within the next year. MUSC Health is an 865-bed, quaternary care, Level I Trauma Center in the heart of downtown Charleston, South Carolina, serving a large catchment area. Our ambulatory care centers are situated throughout the Lowcountry to ensure access for the patients whom we serve.

Rusk Rehabilitation at NYU Langone Health

NYU Langone Health

Celebrating 75 years of innovation and leadership, NYU Langone's Rusk Rehabilitation is one of the most renowned centers of its kind for the treatment of adults and children. It is home to advances that have set the standard in rehabilitation medicine for every stage of life and every phase of recovery. Our internationally-recognized programs cover the full spectrum of rehabilitative services, with our experts serving as leaders in research, education and clinical care. Rusk Rehabilitation is recognized by *U.S. News & World Report* as one of the top 5 rehabilitation programs in the country.

Shepherd Center

Shepherd Center

Shepherd Center provides world-class clinical care, research and family support for people experiencing the most complex conditions, including brain and spinal cord injuries, multi-trauma, traumatic amputations, stroke, multiple sclerosis and pain. The Complex Concussion Clinic and mTBI Brain Health and Recovery lab engage in multidisciplinary treatment and research to improve clinical outcomes. Shepherd is an elite center recognized as both Traumatic Brain Injury and Spinal Cord Injury Model Systems and is ranked by *U.S. News & World Report* as one of the nation's top hospitals for rehabilitation. Shepherd Center treats thousands of patients annually with unmatched expertise and unwavering compassion to help them begin again.

Shirley Ryan AbilityLab

Shirley Ryan Abilitylab

Shirley Ryan AbilityLab is the global leader in physical medicine and rehabilitation for adults and children with the most severe, complex conditions — from traumatic brain and spinal cord injury to stroke, amputation and cancer-related impairment. The organization has been designated the “No. 1 Rehabilitation Hospital in America” by *U.S. News & World Report* every year since 1991. Upon opening a state-of-the-art, 1.2-million-square-foot facility in 2017, Shirley Ryan AbilityLab became the first-ever “translational” research hospital in which clinicians, scientists, innovators and technologists work together in the same space, surrounding patients, discovering new approaches and applying (or “translating”) research in real time. This unique model enables patients to have access to the brightest minds, the latest research and the best opportunity for recovery. For more information, go to www.sralab.org.

SIMEDHealth

SIMEDHealth

SIMEDHealth is an independent, multi-specialty, integrated medical group with clinic and service locations in Gainesville, Ocala, Chiefland, Lady Lake/The Villages and High Springs, Florida. Established in the 1980s, SIMEDHealth is the largest independent health system in north central Florida, with physicians and advanced care providers responsible for healthcare services in multiple hospitals and other facilities in this region.

Spaulding Rehabilitation Network

Mass General Brigham Spaulding Rehabilitation
HARVARD MEDICAL SCHOOL TEACHING HOSPITAL

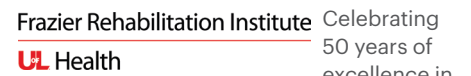
The Spaulding Rehabilitation Network is anchored by Spaulding Rehabilitation Hospital Boston, which is nationally ranked by *U.S. News & World Report* and is the official teaching hospital of the Harvard Medical School Department of Physical Medicine and Rehabilitation (PM&R). The department is dedicated to the advancement of rehabilitation in clinical settings and research laboratories. Faculty members include nationally- and internationally-recognized physicians and scientists, who use evidence-based medicine, technology and innovation to improve function, clinical outcomes and quality-of-life for all patients.

University of California Davis Department of PM&R



Davis Department of PM&R is transforming lives of our diverse populations by improving health and function through the combined power of collaborative education, research, clinical care and community engagement. Comprehensive facilities include a Level 1 Trauma Center, 52-bed UC Davis Rehabilitation Hospital, Shriners Hospitals for Children Northern California, Northern California VA system, and broad multidisciplinary adult and pediatric clinics in sports medicine, neuromuscular disease, spine, amputee management, post-polio, SCI, brain injury, CP, spasticity management and spina bifida. Education programs include medical student teaching, PM&R residency, and ACGME-accredited fellowships in Sports Medicine, Neuromuscular Medicine and Pediatric Rehabilitation Medicine.

University of Louisville & UofL Health – Frazier Rehabilitation Institute



teaching physiatry, University of Louisville Division of PM&R practices in a multitude of settings and is primarily housed in the state-of-the-art UofL Health–Frazier Rehabilitation Institute. Frazier’s rich history in rehab medicine and patient care provides an ideal setting for resident education. With a robust faculty that includes specialists in SCI, TBI, Stroke, Sports Medicine, Electrodiagnostic Medicine, Cancer, Pediatric and Neuromuscular Rehab, residents garner a world-class education on their journey to becoming future PM&R leaders. The program boasts a strong curriculum for residents including all core sub-specialties, Ultrasound, Resident Wellness, Quality Improvement and Research.

University of Minnesota, Department of Rehabilitation Medicine



Founded in 1888, the University of Minnesota Medical School draws on 135 years of improving medicine through education, scientific discovery and giving patients innovative and compassionate care. For more than 70 years, the Department of Rehabilitation Medicine has set a gold standard for rehabilitation care, education and research. Faculty practice at affiliated locations under M Health Fairview representing a collaboration between the University, University of Minnesota Physicians and Fairview Health Services combining academic and community resources to provide the very best clinical care to patients and communities, while also supporting research and education across the joint healthcare delivery system.

University of Pennsylvania Department of Physical Medicine and Rehabilitation



The Department of Physical Medicine and Rehabilitation (PM&R) at the University of Pennsylvania was the first program in the nation. With substantial research funding, educational excellence and the highest quality clinical care as evidenced by national benchmarks—*Newsweek*, NIH funding—we drive innovation. We proudly care for the most diverse patient population in our region and the nation. Our cutting-edge science propels our field forward in many areas—the management of Long-COVID, advanced lower limb prosthetics, rehabilitation robotics, nutritional management of veterans with TBI and nanotechnology. We are ushering in the future of PM&R.

University of Rochester, Department of Rehabilitation Medicine



Physical Medicine and Rehabilitation has completed a massive transformation with the operationalization of a new acute inpatient brain injury rehabilitation unit as well as a new outpatient spine and musculoskeletal medicine facility. These investments in our real estate infrastructure have facilitated the recruitment and retention of a nationally-recognized faculty now 30 strong and the growth of an extremely competitive residency program now matching for six positions per year. We continue to actively recruit for faculty with subspecialty training in brain injury, cancer, musculoskeletal and pediatric rehabilitation medicine. Learn more at urmc.rochester.edu/physical-medicine-rehabilitation.

University of Washington Department of Rehabilitation Medicine



Since 1957, the University of Washington Department of Rehabilitation Medicine has offered the highest quality rehabilitation care, training and research. Our goal is a world where all people can fully participate and thrive. Our clinical care teams are consistently ranked among the best in the nation. We offer residencies, fellowships, clerkships, and degree programs in occupational therapy, prosthetics and orthotics, physical therapy, and a rehabilitation science PhD. We are also dedicated to research excellence, and strive to create a diverse, collaborative and innovative research culture that maximizes impact on the communities we serve. Learn more at rehab.washington.edu.

UPMC Rehabilitation Institute



As one of the largest rehabilitation networks in the United States, UPMC Rehabilitation Institute is a nationally-recognized center of excellence for physical rehabilitation. A leader in inpatient care, UPMC Mercy is nationally ranked #13 in rehabilitation by *U.S. News & World Report* and is home to the UPMC Rehabilitation Institute’s Centers of Excellence in stroke, spinal cord injury and brain injury rehabilitation. Plus, with more than 80 outpatient locations, patients benefit from a seamless continuum of care. We have one of the largest residency programs in the nation, four ACGME-accredited fellowships, and one innovative spine care fellowship. Learn more at <http://UPMC.com/Rehab>.

U.S. Physiatry



U.S. Physiatry (USP) was founded in 2011 by leaders from all aspects of the rehab continuum. USP’s goals are to ensure the success of the physiatrist by providing resources of a national company to help negotiate managed care contracts and ACO affiliations, to implement an IT strategy that allows focus on quality outcomes, and to ensure that the revenue cycle is maximized. USP is physician-led, with leadership made up entirely of practicing PM&R physicians. USP believes that empowering the rehab physician to follow patients throughout the rehab continuum allows for the best possible outcomes for patients and for our physician partners to maximize their practice income opportunities.

UT Southwestern Medical Center



Our O’Donnell Brain Institute department’s Physical Medicine & Rehabilitation continued innovation and hard work were recognized by the *U.S. News & World Report’s* ranking of #15. UT Southwestern Medical Center is the #1 hospital in north Texas. We held our 25th Annual Phala Helm Scientific Day this past year, highlighting research and developments in non-invasive stimulation to the spinal cord and brain. Our department continues to lead in TBI, Burn Rehabilitation, and has been growing our MSK footprint in north Texas including our annual UT Southwestern Adaptive Sports Expos.

Partner with us to receive year-round exposure among your peers and other institutions. Learn more about getting involved with our Institution Partners Council at aapmr.org/ipc.



Check out These Health Policy, Practice, Quality and Reimbursement Sessions at #AAPMR24

AAPMR Advocacy Update: Advancing Physiatry on Capitol Hill and Beyond

Thursday, November 7, 9:30-10:45 am (PT)

Unlocking Value-Based Care Opportunities for Physiatrists

Friday, November 8, 3-4:15 pm (PT)

Advocacy 101: Getting Involved at the Local, State and National Levels as PM&R Physicians

Friday, November 8, 1:30-2:45 pm (PT)

AAPMR’s Practice Guidance: Orthobiologic Management of Osteoarthritis of the Knee

Saturday, November, 10:45 am-12 pm (PT)

Improving Patient Care with the AAPMR Registry: Use Case Scenarios

Friday, November 8, 1:30-2:45 pm (PT)

Breaking the Ice with Your C-Suite: Let’s Talk About ROI on APMs

Saturday, November 9, 10:45 am-12 pm (PT)

A Piece of the Pie in Perioperative Medicine

Friday, November 8, 3-4:15 pm (PT)

Reducing Burden for Physiatrists in the IRF Setting

Saturday, November 9, 3-4:15 pm (PT)

Learn how your Academy is fighting for you and equipping you to run a successful practice, visit aapmr.org/advocacy.



Academy in Action

Other Advocacy Activities

- Your Academy joined a letter led by the Disability and Rehabilitation Research Coalition (DRRC) to the chair of the U.S. House of Representatives Energy and Commerce Committee on a proposed framework to reform the National Institutes of Health. The comments focused on the need to ensure that the NIH remains a robust and well-funded actor in the disability research space.
- In August, Academy staff attended the 2024 State Advocacy Roundtable hosted by the American Medical Association. In discussions with state medical societies and other national specialty societies, Academy staff shared how PM&R has been impacted by prior authorization, scope of practice expansions, and corporate investment in healthcare.

Medical Director of the Inpatient Acquired Brain Injury Service

Join a high-performing team of physiatrists within a specialty healthcare organization in Wallingford, CT (midway between NYC and Boston) which has distinguished itself as a leader in rehabilitation in both the inpatient and outpatient settings. As Medical Director of Inpatient Acquired Brain Injury Services, you will be treating inpatients within our brain injury unit inside our 137-private-bed hospital on a pastoral 400-acre campus that includes walking paths, sports facilities, and aquatics. This position will contribute significantly to programmatic growth and stellar clinical outcomes while working alongside researchers in the Milne Institute for Healthcare Innovation and training PM&R residents from our joint program with the University of Connecticut during their 12-week ABI rotation.

Gaylord is CARF (Commission on Accreditation of Rehabilitation Facilities) accredited for all inpatient and outpatient rehabilitation programs and has specialty accreditation for our spinal cord, stroke, and brain injury programs. Gaylord is one of two long-term acute care hospitals in the world, and the only of its kind in the U.S., with our unique level of CARF accreditation. It has also earned the Gold Seal of Approval by the Joint Commission, which demonstrates dedication to improving healthcare quality and safety. Patients highly rate hospital physicians and staff for the depth of their compassion, clinical excellence, and the quality of the outcomes they achieve as a team.

Qualifications include:

- * MD/DO Degree, completion of an approved Physical Medicine and Rehabilitation residency program and Board-certified or Board-eligible in Physical Medicine and Rehabilitation and Brain Injury Medicine required
- * Current Connecticut medical license and current Federal and Connecticut State controlled substance registration or eligibility necessary
- * Extensive knowledge of clinical treatment and clinical management principles concerned with the rehabilitation of individuals with acquired brain injuries and ability to provide complete care to adolescent through geriatric patients’ essential

For more information on this opportunity, please visit our website at www.gaylord.org/careers.

If you would like to speak to Dr. Jerrold Kaplan, Medical Director, before applying, please feel free to contact him at jkaplan@gaylord.org or by phone at 203-284-2845.

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Some of our award-winning physical medicine and rehabilitation providers.

Ranked #1 in Virginia and #19 in the nation for best rehab hospitals by U.S. News and World Report

1 of 9 centers in the nation with dual spinal cord and traumatic brain injury model systems status

Our patients achieve functional improvement scores higher than the national average*

76% of patients return home and to the community after completing inpatient rehab*

\$105 million in research funding backed by VCU's notable grant-funded programs

(Source: eRehabData)



Sheltering Arms Institute
A collaboration with **VCU**Health

ShelteringArmsInstitute.com • Richmond, Virginia

EAST

Rochester, NY: The University of Rochester Department of Physical Medicine and Rehabilitation is actively recruiting for an outpatient physiatrist with clinical expertise in the evaluation and management of large joint (hip, knee, shoulder) arthritis management. There is also an opportunity for the right candidate to practice sports medicine as well as perform electrodiagnostic studies, if desired. This position offers the opportunity to work in our brand-new state-of-the-art outpatient musculoskeletal facility where musculoskeletal specialists from the departments of PM&R and Orthopaedic Surgery work side-by-side in division specific practice pods. No inpatient call. No holidays. No weekends. About the Role: In addition, there is ample opportunity to pursue academic and scholarly interests. This includes support of the education mission consisting of teaching and mentoring fellows, residents and medical students as well as the support to pursue research interests. This position comes with a primary faculty appointment in the Department of PM&R and at the University of Rochester School of Medicine. Ideal candidates would be BC/BE with interest and aptitude in the management of large joint arthritis. Fellowship training in sports medicine or musculoskeletal medicine is preferred, but not required. Interest and aptitude in the performance of electrodiagnostic studies is a plus but not required. New graduates from residency and fellowship are encouraged to apply. Benefits: We offer a competitive salary and full benefits package, including a relocation stipend, malpractice, CME allowance, NYS licensure, DEA fees and more. About Rochester: The Rochester area offers a low cost of living, nationally-recognized schools and colleges and a multitude of cultural, recreational, shopping, professional/collegiate sports venues and activities for the outdoor enthusiast including the Adirondack mountains and finger lakes wine region. Where to Apply: Please apply with CV and references as well as with any questions to: Rajeev K. Patel, MD, Professor and Chair, Department of Physical Medicine and Rehabilitation, Rajeev.Patel@urmc.rochester.edu. Administrative contact: (585) 275-3274. The University of Rochester is responsive to the needs of dual career couples and has a strong commitment to diversity. EOE Minorities/Females/Protected Veterans/Disabled.

Rochester, NY: The Department of PM&R and the Department of Pediatrics at the University of Rochester Medical Center Strong Memorial Hospital and The Golisano Children's Hospital located in Rochester, NY are recruiting for a pediatric rehabilitation medicine subspecialist. We continue to track on a rapid faculty and programmatic growth curve supported by a newly-renovated 11 private bed acute inpatient subspecialty brain injury rehabilitation unit in addition to our current 20 bed CARF-accredited acute inpatient rehabilitation unit. About the Role: This position's role carries with it the title of Chief of Cancer Rehabilitation and will have a component of program development consisting of building a cancer rehabilitation service line from the University of Rochester's Wilmot Cancer Institute. The focus will be on developing a cancer rehab consult service, admitting and managing cancer patients into inpatient rehabilitation beds as well as building a robust outpatient practice. This role carries ample opportunity to pursue academic scholarly activity and interests. This consists of supporting the education mission consisting of teaching and mentoring fellows, residents and medical students as well as the support to pursue research interests, interfacing collaboratively with the Wilmot Cancer Institute. This position comes with a faculty appointment at the University of Rochester School of Medicine in clinical PM&R, with a joint appointment at the Wilmot Cancer Institute, and potential for a secondary appointment with Hematology/Oncology. Ideal candidates would be BC/BE and fellowship trained in cancer rehabilitation medicine. Benefits: We offer a competitive salary and full benefits package, including a relocation stipend, malpractice, CME allowance, NYS

Children's Hospital as well as building growing a robust outpatient practice. This role carries ample opportunity to pursue academic scholarly interests and interface with and be supported from the Department of Pediatrics, Golisano Children's Hospital, the Del Monte Neuroscience Institute and Rochester Neurorestorative Institute. As a joint appointment with the Department of Pediatrics, this role carries with it an opportunity for a percentage of clinical effort in general Pediatric clinical care, if desired. This role consists of supporting the education mission consisting of teaching and mentoring fellows, residents and medical students as well as the support to pursue research interests, interfacing collaboratively with the Golisano Children's Hospital. Qualifications: Ideal candidates would be BC/BE eligible having completed either a dual PM&R and Pediatrics residency or a Pediatric PM&R fellowship. Benefits: We offer a competitive salary and full benefits package, including a relocation stipend, malpractice, CME allowance, NYS licensure, DEA fees and more. Additionally, the Rochester/Western NY area offers a low cost of living, nationally-recognized schools and colleges and a multitude of cultural, recreational, shopping, professional/collegiate sports venues and activities for the outdoor enthusiast including the Adirondack mountains and finger lakes wine region. Please apply with CV, references and with any questions to: Rajeev K. Patel, MD, Professor and Chair, Department of Physical Medicine and Rehabilitation, University of Rochester, Rajeev.Patel@urmc.rochester.edu. Administrative contact: (585) 275-3274. The University of Rochester is responsive to the needs of dual career couples and has a strong commitment to diversity. EOE Minorities/Females/Protected Veterans/Disabled.

Rochester, NY: The Department of Physical Medicine and Rehabilitation and the Wilmot Cancer Institute at the University of Rochester Medical Center located in Rochester, NY are actively recruiting for a cancer rehabilitation medicine subspecialist. We continue to track on a rapid faculty and programmatic growth curve supported by a newly renovated 11 private bed acute inpatient subspecialty brain injury rehabilitation unit in addition to our current 20 bed CARF-accredited acute inpatient rehabilitation unit. About the Role: This position's role carries with it the title of Chief of Cancer Rehabilitation and will have a component of program development consisting of building a cancer rehabilitation service line from the University of Rochester's Wilmot Cancer Institute. The focus will be on developing a cancer rehab consult service, admitting and managing cancer patients into inpatient rehabilitation beds as well as building a robust outpatient practice. This role carries ample opportunity to pursue academic scholarly activity and interests. This consists of supporting the education mission consisting of teaching and mentoring fellows, residents and medical students as well as the support to pursue research interests, interfacing collaboratively with the Wilmot Cancer Institute. This position comes with a faculty appointment at the University of Rochester School of Medicine in clinical PM&R, with a joint appointment at the Wilmot Cancer Institute, and potential for a secondary appointment with Hematology/Oncology. Ideal candidates would be BC/BE and fellowship trained in cancer rehabilitation medicine. Benefits: We offer a competitive salary and full benefits package, including a relocation stipend, malpractice, CME allowance, NYS

licensure, DEA fees and more. About Rochester: The Rochester/Western NY area offers a low cost of living, nationally-recognized schools and colleges and a multitude of cultural, recreational, shopping, professional/collegiate sports venues and activities for the outdoor enthusiast including the Adirondack mountains and finger lakes wine region. Where to Apply: Please apply with CV, references and with any questions to: Rajeev K. Patel, MD, Professor and Chair, Department of Physical Medicine and Rehabilitation, University of Rochester, Rajeev.Patel@urmc.rochester.edu. Administrative contact: (585) 275-3274. The University of Rochester is responsive to the needs of dual career couples and has a strong commitment to diversity. EOE Minorities/Females/Protected Veterans/Disabled.

Rochester, NY: Strong Memorial Hospital, The Department of Physical Medicine and Rehabilitation at the University of Rochester Medical Center located in Rochester, NY is recruiting for a brain injury rehabilitation medicine subspecialist. This position is supported by a brand new 11 private bed acute inpatient neurorehabilitation unit specially designed for our traumatic brain injured patient population that opened in January 2024 in addition to a 20 bed CARF-accredited acute inpatient general rehabilitation medicine unit. About the Role: This position will provide clinical brain injury expertise within the consult service, acute and subacute inpatient rehabilitation beds, as well as our growing brain injury outpatient populations. This role carries ample opportunity to pursue academic scholarly activity and research interests interfacing collaboratively with the Department of PM&R UR Neurorestorative Institute as well as with the Departments of Neurology and Neurosurgery and the Del Monte Neuroscience Institute. This consists of supporting the education mission consisting of teaching and mentoring fellows, residents and medical students as well as the support to pursue research interests, interfacing collaboratively with the Departments of Neurology and Neurosurgery. Qualifications: Ideal candidates would be BC/BE and fellowship trained in brain injury and/or a minimum of 5 years of experience managing brain injury patients and would also have a keen interest in teaching and mentoring fellows, residents, and medical students. Benefits: We offer a competitive salary and full benefits package, including a relocation stipend, malpractice, CME allowance, NYS licensure, DEA fees, and more. Additionally, the Rochester/Western NY area offers a low cost of living, nationally-recognized schools and colleges and a multitude of cultural, recreational, shopping, professional/collegiate sports venues and activities for the outdoor enthusiast including the Adirondack mountains and finger lakes wine region. Please apply with CV, references and with any questions to: Rajeev K. Patel, MD, Professor and Chair, Department of Physical Medicine and Rehabilitation, University of Rochester, Rajeev.Patel@urmc.rochester.edu. Administrative contact: (585) 275-3274. The University of Rochester is responsive to the needs of dual-career couples and has a strong commitment to diversity. EOE Minorities/Females/Protected Veterans/Disabled.



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At any stage of your career, AAPM&R equips you with the tools, knowledge, and community to expand your professional expertise, leadership skills and network. By renewing your membership, you'll continue to enjoy top-notch education, invaluable opportunities for networking, enrichment, career advancement, and more.



Renew your membership for 2025 and take the next step in advancing both your career and our specialty. Learn more about your membership benefits at aapmr.org/benefits and renew online by December 31, 2024, or call (847) 737-6000.

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