

SEPTEMBER: SPASTICITY SUMMIT SCOOP

WHO WE ARE & WHAT WE'RE DOING

We are the American Academy of Physical Medicine and Rehabilitation working to address gaps in spasticity management and patient care through bringing together a select group of medical professionals, disability advocates, government officials, industry representatives, and insurers to discuss potential solutions to improved care and patient outcomes.

IN THE NEWS

On May 29th, 2024, Medscape featured an article titled “*New Expert Guidance on Assessing, Managing Spasticity*,” which discussed the American Academy of Physical Medicine and Rehabilitation’s (AAPM&R) new consensus guidelines on the assessment and management of spasticity. In this reading, key points include:

- AAPM&R’s technical process
 - Technical Expert Panel convened for during 16-month period in 2021 and conducted a structured evidence review. Recommendations were reviewed and graded by the AAPM&R Evidence, Quality, and Performance Committee, followed by a consensus vote by the panel.
- Consistent Assessments
 - Using standardized measures to objectively measure responses to interventions
 - Importance of patient centeredness in evaluation, treatment, and reassessments
- Multimodal Treatments
 - Spasticity management involved various methods, including physical therapy, medications, intrathecal baclofen pump therapy, and nonpharmacologic interventions, often used in conjunction.

To read more about this article, please [click here](#).



READING OF THE MONTH

Dr. Monica Verduzco-Gutierrez, Academy member, accomplished Academic Physiatrist, and Chair of the Department of Rehabilitation Medicine at the Long School of Medicine at UT Health San Antonio is a supporting author in a recent journal article named *“Healthcare Resource Utilization and Costs Among Patients with Post-Stroke Spasticity Before and After Spasticity Management including OnabotulinumtoxinA,”* which compares the differences in 12-month healthcare resource utilization and cost before and after post-stroke spasticity management using a retrospective claims analysis of IBM MarketScan Commercial and Medicare Supplemental databases.

To read more about this article, please [click here](#).



LOGISTICS

Exciting News! The Spasticity Summit #2 will officially be held at the Hilton Rosemont/Chicago O’Hare at 5550 N. River Road, Rosemont, IL, 60018. Those who have RSVP’d for this event will receive travel and other accommodation details within two weeks. If you have not RSVP’d yet, please do so!

A high-level agenda for the Summit can be found [here](#). If you need more information about the agenda, please reach out to us at corporatesupport@aapmr.org.



COMPANY CENTER STAGE

The following sessions are taking place during Annual Assembly in San Diego this year!

- AbbVie Sponsored Theater: Evidence-Based Spasticity Management: Muscle Selection Pattern and Dosing
- Merz Therapeutics Sponsored Theater: Customizing Upper Limb Spasticity Injection Approaches Using Advanced Guidance Techniques and Robust Patient Assessments: A Live Patient Demonstration
- IPSEN Learning Lab Booth #403: Adult Spasticity Diagnosis and Injector Session with B.E.G.I.N.
- IPSEN Learning Lab Booth #403: Hands-On Ultrasound and Injection Cadaver Lab
- IPSEN Learning Lab #403: Anatomy and Cadaver Lab Lower Limb
- IPSEN Learning Lab Booth #403: Anatomy and Cadaver Lab Upper Limb

For more details about the schedule, please [click here](#).

SPONSOR SPOTLIGHT

AAPPM&R would like to express our gratitude to AbbVie, Ipsen, Merz, and Medtronic for their ongoing support of AAPM&R's strategic commitment to impact patients with spasticity. Their ongoing support allows AAPMR's efforts in this space to continue. Additionally, AbbVie, Ipsen and Merz are recognized as Mission Partners, the highest-level year-round supporters of AAPM&R. We remain grateful for their collaboration with AAPM&R.

abbvie



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Innovation for patient care

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THERAPEUTICS