



Personal Statement – Vice President

Nigel Brinson, MD

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PGY3
University of North Carolina
Vice President

My parents have roots from two different marginalized communities, Benin and rural Florida. Their experiences have provided me with core values to appreciate education and give back to underserved communities. My interest in Physical Medicine and Rehabilitation (PM&R) stems from my roots in compassionately serving others, a value that is exemplified by AAPM&R.

Since my undergraduate years at the University of Georgia, I have worked with Seeds of Knowledge, an organization which provides education resources in under-resourced areas of Africa. My duties as a member of the national board for Seeds of Knowledge include coordinating the organization's annual fundraiser, coordinating events, and working as a website developer.

I continued to serve those around me while at the University of North Carolina (UNC) School of Medicine (SOM). While working as the UNC Student National Medical Association (SNMA) community service chair, I helped coordinate a health fair in Raleigh, NC that aimed to support an underserved community by engaging Raleigh city officials, UNCS DE&I, & the UNC SOM as key stake holders.

As a second year resident at UNC, I expanded my service to medical education and was selected to the UNC SOM's Steering Committee. I assisted in creating a strategic plan and mission for the UNC SOM by collaborating with faculty & staff from various departments.

I believe the mission of PM&R, to lead patients to function, is organically tied to community service. For this reason, I am eager and motivated to serve alongside like-minded trainees at AAPM&R to serve the PM&R community. My experience coordinating fundraisers, engaging stakeholders, and working closely with a diverse group of medical leaders would allow me to make a positive impact as a AAPM&R liaison/committee member.